

# For the Love of Learning

Osher Lifelong Learning Institute at Duke University



OLLI  at Duke

Fall 2020

# OLL at Duke

# Dear OLLI Members:

We want to extend a warm welcome to all our new OLLI members for the fall term! Because we are offering courses online, we are discovering many of our new members are Duke alumni from around the country who have read about OLLI's adventures via Zoom this summer in *Next Avenue*. Other new members may be friends and neighbors of current OLLI members who have heard about our robust offering of classes. We welcome you, one and all!

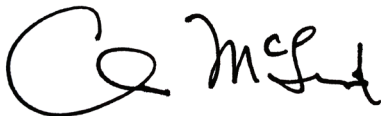
Since the COVID-related restrictions were imposed in March and our spring term was cancelled, OLLI at Duke moved all OLLI programming and activities onto the Zoom platform. We trained six hundred OLLI members how to use Zoom and offered six weeks of free online programming in April and May, followed by our first ever summer term, with four online courses. While we've embraced this new technology, we've continued adapting to the changing landscape. We are grateful to our OLLI instructors who have stepped up and agreed to teach this fall, amid the many unknowns.

If you are new to OLLI, you might not fully appreciate the important role OLLI instructors play in the OLLI learning community. Our course offerings are so rich because of our gifted OLLI instructors. Our instructors' varied backgrounds and interests offer so many different perspectives, insights, and experiences. I think you will discover they are highly qualified and fascinating individuals. A common thread among them is the personal rewards they get from teaching bright, engaged students. No tests and no grades means instructors can focus on what is most important to them—teaching. Know that they are committed and passionate colleagues who teach for the love of learning. As you take classes on our Zoom platform, we encourage you to let our instructors know how much you appreciate their willingness to offer their classes online, demonstrating once again their courage and commitment to lifelong learning.

I am very proud of the collective resiliency and creativity of our staff, volunteers, and board of advisors in the midst of such dramatic change. We are grateful for the opportunity to continue learning alongside you and our devoted cadre of OLLI instructors.

We look forward to seeing you online this fall!

With gratitude,

A handwritten signature in black ink, appearing to read "Chris McLeod". The signature is fluid and cursive, with the first name "Chris" written in a large, stylized "C" and the last name "McLeod" following in a similar cursive style.

Chris McLeod, JD  
Director-OLLI at Duke  
director@duke.edu

# Welcome!



Welcome to the Osher Lifelong Learning Institute at Duke University.

**Our History:** Lifelong learning began at Duke in 1977 as the Duke Institute for Learning in Retirement (DILR), a joint venture between Duke Continuing Studies and Summer Session and the Center for the Study of Aging and Human Development. Over the past 43 years membership has grown from the original 42 members to more than 2,600 members.

When the Bernard Osher Foundation made a significant investment in 2006, DILR was renamed the Osher Lifelong Learning Institute (OLLI). Today, OLLI at Duke is one of the oldest and largest (#4) institutes within the Osher Lifelong Learning Network, a group of more than 123 institutes across the country, dedicated to meeting the needs of older adults and extending the demographic reach of colleges and universities.

**Our Mission Statement:** The Osher Lifelong Learning Institute at Duke University, called OLLI at Duke, seeks to engage the minds, elevate the spirits, and foster the well-being of its members through a wide range of educational programs and opportunities for volunteer service and social activity. We exemplify Duke University's commitment to community service and lifelong learning through our collaborative work with academic and professional groups, area retirement communities and various research projects on aging.

**We are a learning community.** The OLLI Curriculum Committee, comprised of more than 30 volunteers, is responsible for curating the courses and recruiting the instructors for more than 400 courses a year. These volunteers invest hundreds of hours meeting with prospective instructors and coaching them through the course proposal process. OLLI members have wide-ranging interests in history, literature, the natural and social sciences, fine arts, and current events. While most of our courses conform to an arts and sciences curriculum, we also offer workshops on a variety of topics that don't necessarily meet that criterion. Our course offerings are based on members' requests, the expertise of class leaders, variety, and balance. OLLI at Duke instructors include peer teachers, university professors, graduate students, independent scholars, business professionals, artists, writers, and community experts.

**We embrace "learning for the love of it."** Our members and instructors appreciate the fact that there are no tests, grades, or educational requirements. While OLLI courses rarely require homework, active engagement is essential, ranging from contributing to class discussion to sharing one's own experience and keeping up with assigned readings.

**OLLI at Duke is a cooperative venture.** More than 500 volunteers are involved in making the magic happen for OLLI members. Getting involved is a great way to make new connections and build community. We rely on the contributions and participation, both in class and out, of each member. Members teach courses, coordinate lecture series, provide technical support for classes, lead small-group discussions, organize social activities, serve on the Board of Advisors and committees, and help with data management and administration, all in an effort to ensure the excellence of OLLI at Duke.

**Becoming a member of OLLI at Duke is easy.** We have an annual membership fee of \$45. Members can enroll in courses, participate in virtual social events, attend speaker series, and vote in elections. Scholarship assistance is available. For questions about scholarship support or other issues, please e-mail [Kathy.Parrish@duke.edu](mailto:Kathy.Parrish@duke.edu).



# OLLI at Duke

Fall 2020



## Planning Your Course Schedule

OLLI at Duke courses are organized by subject in the catalog. We also have several indices you can reference when choosing your courses:

- The **Courses by Day** index is helpful if you are interested in courses on a particular day or time.
- The **Courses by Instructor** index is useful if you are interested in which courses are being taught by a particular instructor.
- The **Short Courses** index, sorted by day and start date, is helpful if your schedule doesn't allow for participation in a course that runs the entire term.
- **Evening Courses** is helpful for quick reference to courses that meet after 5:00pm, if your schedule does not allow for participation during the day.

Note that **Course ID** numbers are critical to being able to register. Refer to them while registering online and when tracking course confirmations or wait-list status.

## Courses by Subject

Art & Architecture .....	13
Computers & Photography .....	16
Economics, Finances & Retirement.....	18
Hands-On Art .....	19
Health & Wellness .....	21
History & Current Affairs.....	23
Language, Literature & Drama .....	29
Lifestyles.....	31
Performing Arts .....	33
Religion & Philosophy.....	35
Science & Technology.....	37
Society & Culture.....	39
Writing .....	44

## Course Indices

Courses by Day .....	10
Evening Courses .....	11
Short Courses (1-6 sessions).....	11
Courses by Instructor .....	12

## Social Events

New Member Meet&Greet.....	9
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## Other

About OLLI at Duke .....	6
Our Instructors.....	7
Statement on Diversity & Inclusion.....	8
OLLI Code of Conduct.....	9
Activities & Special Interest Groups .....	45
Registration FAQs .....	46
OLLI Contact Information .....	48
Course Schedule Worksheet.....	48

# About OLLI at Duke

## OLLI at Duke Board of Advisors & Administration

OLLI at Duke is a program of Duke Continuing Studies, which reports to the Office of the Provost. Officers of the OLLI Board of Advisors are elected by OLLI members in the spring term. The OLLI Board of Advisors serves as a resource for the director of OLLI and meets ten times a year. The OLLI board president appoints committee chairpersons. Board members and more than 500 volunteers provide the experience and hard work that guide, enrich, and ensure the excellence of OLLI at Duke.

If you are interested in getting more involved or learning more about volunteering and leadership opportunities, please contact Kathy Parrish at [Kathy.Parrish@duke.edu](mailto:Kathy.Parrish@duke.edu).

### **2020-2021 Officers** (one-year elected term)

*President:* Marion Jervay

*Vice-President:* Alan Teasley

*Past President:* Ginny Knight

*Recording Secretary:* Virginia Lee

### **Advisors at Large** (two-year elected term)

*To 2021:* Abdul Waheed, Vacant

*To 2022:* Barbara Hendrix, Susan Dennison

### **Committee Chairs** (one-year appointed term)

*Community Engagement:* Virginia Lee

*Curriculum:* Beth Anderson

*Information Technology:* Howard Koslow

*Instructor Relations:* Ginny Knight

*Legacy:* Lisa Gabriel

*Member Engagement:* Beth Timson

*Social Activities & Hospitality:* Chris Abrons

*Space:* Peter Blaufeux

### **Staff**

*Director:* Chris McLeod, JD  
[Chris.McLeod@duke.edu](mailto:Chris.McLeod@duke.edu)

*Assistant to the Director:* Kathy Parrish  
[Kathy.Parrish@duke.edu](mailto:Kathy.Parrish@duke.edu)

*Staff Assistant:* Betina Huntwork  
[Betina.Huntwork@duke.edu](mailto:Betina.Huntwork@duke.edu)

## Fall Registration

Registration for fall term courses opens at 9:00am on **Tuesday, September 1**, for Monday and Tuesday courses, and at 9:00am on **Wednesday, September 2**, for Wednesday, Thursday, and Friday courses.

The only way to register for OLLI courses is online at [learnmore.duke.edu/OLLI](https://learnmore.duke.edu/OLLI). This requires that you create a login and secure a User Name and Password in advance of registration day. There is a helpful video posted at [learnmore.duke.edu/OLLI](https://learnmore.duke.edu/OLLI) that provides tips and strategies for successful online registration. We recommend you change the first password you receive to one that is easier to remember. See page 46 for Registration FAQs.

## Refund Policy

- **Membership dues are nonrefundable.**
- To request a refund for an OLLI course you must e-mail [learnmore@duke.edu](mailto:learnmore@duke.edu) within five business days of the first class meeting. There is a \$20 service charge per course dropped.
- No refunds will be issued after five business days from the start of the course, except in the case of an emergency.
- To request an emergency refund, please e-mail [Kathy.Parrish@duke.edu](mailto:Kathy.Parrish@duke.edu). If a course is cancelled by OLLI at Duke, no charge will be incurred.

## Scholarship Support

We want OLLI at Duke courses to be available to all who have a passion for lifelong learning. Thanks to the generosity of an OLLI member who made a gift through her estate, scholarship support is available to those who would not otherwise be able to afford course fees. If you would like to request financial support to attend OLLI courses, please e-mail [Kathy.Parrish@duke.edu](mailto:Kathy.Parrish@duke.edu) and ask about our "Community Membership." All requests are confidential.

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## Help Shape the OLLI Curriculum

As you browse the Fall 2020 catalog, keep in mind the majority of courses being taught were suggested by our members. While you are selecting your courses for the spring term, ask yourself: Is there a course I would like to take that is not offered? Do I know someone who would be a great instructor? Am I interested in teaching a course in an area of my interest/passion? Let us know how you would like to make a difference! Contact Beth Anderson, chair of the Curriculum Committee, at [curriculum@olliatduke.org](mailto:curriculum@olliatduke.org) if you are interested in teaching. We value your ideas!

## Important Dates: Fall 2020

Tue & Wed, Sep 1 & 2: Fall registration begins

Mon, Sep 14: OLLI Fall courses begin

Mon, Sep 28: Yom Kippur—No classes

Mon, Nov 23: Last day for most Fall courses

Winter term dates will be announced in the OLLI Newsletter.

## OLLI Contact Information

See page 48.

## Technology Needed for Zoom Courses

Here is the basic technology you'll need to take an OLLI online course via Zoom:

- A laptop computer, desktop computer, smart-phone, or tablet
- Speakers, either built-in or external, or a headset or earbuds
- A microphone, either built-in or external (but only needed if speaking in a class)
- A webcam, either built-in or external (but only needed if showing your own video)
- A reliable internet connection (minimum 20 Mbps download speed)

Any modern laptop, all-in-one desktop computer or tablet is equipped with a good-quality speaker, microphone, and webcam that are more than adequate for attending online classes. A stand-alone desktop computer may lack one or more of these items, or may have poor quality or malfunctioning items, such as a microphone with distortion or a blurry webcam. For more details and specific suggestions for audio and video equipment, please visit [olliatduke.online](http://olliatduke.online).

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## Our Instructors

If you are new to OLLI, you might not fully appreciate the important role OLLI instructors play in the OLLI learning community. OLLI at Duke is fortunate to have truly extraordinary instructors teach our 400+ courses every year. OLLI instructors are volunteers. They teach because they love learning and especially enjoy teaching adults. No tests and no grades means they can focus on what is most important to them—teaching.

Just because they are volunteers doesn't mean we don't have high expectations for all of our instructors. We mention this to remind you of the generous contribution our instructors are making

to our learning community. We encourage you to share your gratitude directly with your instructor(s) if you find a particular class inspiring or interesting. We're all human, and positive feedback goes a long way to ensuring our instructors understand how much we appreciate their contributions to the OLLI learning community.

Looking for a favorite OLLI instructor? See the Courses by Instructor index on page 12.

Interested in becoming an OLLI instructor? Contact Beth Anderson, chair of the Curriculum Committee, at [curriculum@olliatduke.org](mailto:curriculum@olliatduke.org).

# Statement on OLLI at Duke's Diversity & Inclusion Initiatives and Community Engagement

The past few months have brought about a seismic change in how our country understands/views the issue of racial oppression. The killings of Ahmaud Arbery, Breonna Taylor, George Floyd, Rayshard Brooks and countless others have brought into the stark light of day the need to address the way that Black and Brown people are policed in the country.

We are being called to face our American history with courage. We are witnessing—with some of us participating—widespread protests against police brutality and the systemic racism in cities across our country, and even abroad.

In statements to the Duke community, university leaders, including President Vincent Price and Duke Health Chancellor Eugene Washington, challenged us to address where we have failed in recognizing our shared humanity, where we have failed in respecting the incredible diversity of our Duke and Durham communities, and where we have failed in rejecting all forms of racism, bias and discrimination in our day-to-day interactions.

OLLI at Duke takes seriously our responsibility to offer programs and courses that foster greater understanding and highlight opportunities to address these inequities. Our new Community Engagement Initiative is being intentional about how we can engage OLLI members in volunteer efforts that help address some of the systemic racial challenges facing the Durham community.

We have been actively recruiting more diverse instructors and focusing on developing courses that speak to these issues. The following courses are being taught by at least one African American instructor:

**Meditate with the Voice & Sound** • Shana Adams (page 21)

**The Black Experience in America: 1950 to the Present** • Linda Hubbard Curtis (page 24)

**Explorations in Black Culture: Durham's African American Contributors to a City's Evolution** • Robin Emmons (page 25)

**Harp Master Class** • Winifred Garrett (page 33)

**Racism, Religion & Reconciliation: Tensions in America** • Abdul Waheed (page 36)

**Criminal Justice, Social Justice** • Mark Hall and Robin Emmons (page 42)

We encourage the OLLI learning community to embrace these offerings with curiosity and join us wholeheartedly in our efforts to understand how we may be perpetuating injustice and how we can effect change. We welcome your interest and ideas. E-mail us at [diversity@olliatduke.org](mailto:diversity@olliatduke.org).

In Partnership,

Chris McLeod, Director—OLLI at Duke  
Together with the OLLI Board of Advisors



# OLLI at Duke

## Code of Conduct

**Curiosity + Connection + Kindness + Compassion = Community**

OLLI at Duke endeavors to create a positive and affirming environment that fosters learning and social connection. Members, instructors, and staff are expected to demonstrate mutual respect, personal and academic integrity, kindness, and a commitment to civil discourse. Ensuring OLLI at Duke is a welcoming, inclusive and affirming learning community is a responsibility we all share.

These principles apply to all OLLI courses, in person and via Zoom. We welcome the lively and passionate exchange of ideas and perspectives. Opposing viewpoints are welcomed and appreciated. Instructors are responsible for leading and moderating classroom discussion. Instructors have the prerogative of inviting/allowing questions throughout the class or asking members to hold their questions to the end of class or other designated time.

Members, instructors, and staff of the OLLI at Duke Community are encouraged to contact the director ([director@olliatduke.org](mailto:director@olliatduke.org)) if they observe behavior that is a significant violation of this code of conduct. The director shall investigate and if there is a problem, address it directly with the alleged violator and determine the consequences.

Violations of the code of conduct may result in the suspension or termination of membership/teaching privileges or a disciplinary warning/termination of employment of a staff member.

## For New Members

# Meet&Greet

**Wednesday, September 9, 2:00pm, via Zoom**

New to OLLI at Duke? We invite you to join us for a morning program via Zoom hosted by our Social Activities and Hospitality Committee.

New OLLI at Duke members will have an opportunity to meet other members and supporters, members of the Board of Advisors, and our director, Chris McLeod.

If you are planning to attend, please respond by e-mail to [MeetAndGreet@olliatduke.org](mailto:MeetAndGreet@olliatduke.org).

**We look forward to seeing you!**

# Courses by Day

Time, Course Title (Number of Sessions), Page

## Monday

11:00-12:15 ....	Frontiers in Medicine (10) .....	22
11:00-12:15 ....	Jane Austen's World (6) .....	23
11:00-12:30....	Learn to Knit a Chunky Scarf (10) .....	20
1:30-2:45 .....	Newspapers in America (10) .....	26
1:30-2:45 .....	The Black Experience in America (6) ...	24
3:30-4:45.....	Ascent of Man (10) .....	38

## Tuesday

9:00-10:15.....	Abraham Lincoln (10) .....	24
9:00-10:15.....	Explorations in Black Culture (6) .....	25
9:00-10:15.....	Functional Fitness at Home (10).....	32
9:00-10:15.....	Vincent van Gogh (6) .....	15
11:00-12:15 ....	Genealogy 101 (8) .....	40
11:00-12:15 ....	Splendor through the Ages (10) .....	14
11:00-12:15 ....	Toni Morrison's <i>Song of Solomon</i> (8) ...	29
11:00-1:00.....	Introduction to Zentangle (6) .....	20
11:00-1:00.....	The Poetry of Presence (10).....	30
1:30-2:45 .....	Diplomacy, Part 2 (2 secs.) (10) .....	25
1:30-2:45 .....	Intro to iPhone Photography (5) .....	16
1:30-2:45 .....	Symposia (10).....	42
1:30-3:00.....	Met Opera's Live in HD 2020-2021 (10) .....	34
3:30-4:30.....	Rhythms of the World (5).....	32
3:30-4:45.....	Baseball in North Carolina (8) .....	40
3:30-5:00.....	OLLI at the Nasher (10) .....	14

## Wednesday

9:00-10:15.....	A Hitchhiker's Guide to AI (6) .....	37
9:00-10:15.....	Criminal Justice, Social Justice (10)....	42
9:00-10:15.....	Finances for Fraught Times (10).....	18
9:00-10:15.....	Learning Augmented Reality (4).....	17
9:00-10:15.....	The New New New Journalism (6).....	41

11:00-12:15 ....	Economic Development (6) .....	18
11:00-12:15 ....	Golden Mummies of Egypt (5).....	13
11:00-12:15 ....	Good Conversations, Good Relationships (4).....	39
11:00-12:15 ....	New Lens (4) .....	41
11:00-12:15 ....	Rumi & the Divine Love (10) .....	35
11:00-12:30....	The World Today (10) .....	28
1:30-2:45 .....	Cutting the Cable Cord (4).....	16
1:30-2:45 .....	Pandemics & Plagues (6).....	38
1:30-2:45 .....	Political Philosophy & Governing (10) .....	27
1:30-2:45 .....	The Holocaust (10) .....	27
1:30-3:00.....	It Took a Village (6).....	33
3:30-4:45.....	Climate Change (6) .....	37
3:30-4:45.....	Meditation & Healing (3).....	21
6:30-8:00.....	Cybersecurity 101 (9) .....	16
6:30-8:30.....	Creative Prose (10) .....	44

## Thursday

9:00-10:15.....	A Linguistic Look at English (10) .....	31
9:00-10:15.....	A Purposeful Practice (5).....	13
9:00-10:15.....	Kander & Ebb 101 (10) .....	33
9:00-10:15.....	T'ai Chi (10) .....	22
9:00-10:15.....	Transportation in NC (10) .....	18
9:00-10:15.....	Wine, Bees & Bones (5) .....	37
11:00-12:15 ....	Harp Master Class (10).....	33
11:00-12:30....	Global Leadership in the 21st C (7) ....	26
11:00-12:30....	Oy! A Play on Improv, Virtually (2) .....	34
11:00-12:30....	Racism, Religion & Reconciliation (10) .....	36
1:30-2:45 .....	If You Can Walk, You Can Dance (10) .....	31
1:30-2:45 .....	La France, 1939-1958 (10).....	29
1:30-3:00.....	Art & Memory (10) .....	13
1:30-3:30.....	More Drawing Challenges (10) .....	21

3:30-4:45..... American Art in the 1960s (10).....	15
3:30-4:45..... Ethics & the Human Condition (10) .....	35
3:30-5:00..... Writing Your Memoir (6).....	44

## Friday

9:00-10:15..... Meditate with the Voice & Sound (8) ...	21
11:00-12:15 .... Books & Bookbinding (10) .....	19
11:00-12:15 .... Justice (10) .....	36
1:30-2:45 ..... Eisenhower, 1890-1945 (6).....	23
1:30-3:30 ..... Art Composition (6) .....	19

## Evening Courses

### Wednesday

6:30-8:00..... Cybersecurity 101 (9) .....	16
6:30-8:30..... Creative Prose (10) .....	11

### OLLI Fall Registration

Online registration for fall term  
opens at 9:00am on **Tuesday, September 1**,  
for Monday and Tuesday courses, and at  
9:00am on **Wednesday, September 2**, for  
Wednesday, Thursday, and Friday courses.

**[learnmore.duke.edu/OLLI](https://learnmore.duke.edu/OLLI)**

# Short Courses

## Courses with 1-6 Sessions Start Date (Number of Sessions), Time, Course Title, Page

### Monday

Sep 14 (6) ... 11:00-12:15.....Jane Austen's World.....	23
Sep 14 (6) ... 1:30-2:45 .....The Black Experience in America .....	24

### Tuesday

Sep 15 (6) ... 9:00-10:15 .....Black Culture .....	25
Sep 15 (6) ... 9:00-10:15 ..... Vincent van Gogh.....	15
Sep 15 (6) ... 11:00-1:00 .....Intro to Zentangle .....	20
Sep 15 (5) ... 1:30-2:45 .....Intro to iPhone Photog. ....	16
Sep 15 (5) ... 3:30-4:30 .....Rhythms of the World.....	32

### Wednesday

Sep 16 (6) ... 9:00-10:15 .....Hitchhiker's Guide to AI....	37
Sep 16 (6) ... 9:00-10:15 .....The New New New Journalism .....	41
Sep 16 (6) ... 11:00-12:15.....Economic Development ...	18
Sep 16 (4) ... 11:00-12:15.....Good Conversations, Good Relationships .....	39

Sep 16 (4) ... 1:30-2:45 .....Cutting the Cable Cord.....	16
Sep 16 (6) ... 1:30-3:00 .....It Took a Village.....	33
Sep 16 (6) ... 3:30-4:45 .....Climate Change.....	37
Oct 14 (6) ... 1:30-2:45 .....Pandemics & Plagues.....	38
Oct 21 (5) ... 11:00-12:15.....Golden Mummies/Egypt ..	13
Oct 28 (4) ... 9:00-10:15 .....Augmented Reality.....	17
Oct 28 (4) ... 11:00-12:15.....New Lens .....	41
Nov 4 (3)..... 3:30-4:45 .....Meditation & Healing .....	21

### Thursday

Sep 17 (5) ... 9:00-10:15 .....Wine, Bees & Bones .....	37
Sep 17 (6) ... 3:30-5:00 .....Writing Your Memoir.....	44
Oct 22 (5) ... 9:00-10:15 .....A Purposeful Practice.....	13
Nov 5 (2)..... 11:00-12:30 ...Improv, Virtually.....	34

### Friday

Sep 18 (6) ... 1:30-2:45 .....Eisenhower, 1890-1945....	23
Sep 18 (6) ... 1:30-3:30 .....Art Composition .....	19

# Courses by Instructor

Instructor Name (\*New), Course Title, Page

Adams, Shana.....	Meditate with the Voice & Sound.....	21	* Holaday, Chris.....	Baseball in North Carolina.....	40
Avila, Andre.....	Rhythms of the World.....	32	Hollowood, Jim.....	Symposia.....	42
Balkite, Elizabeth (Beth).....	Genealogy 101.....	40	Horton, Alva.....	Art & Memory.....	13
* Bayraktar, Esragul.....	Rumi & the Divine Love.....	35	Kaplan, Stuart.....	The World Today.....	28
Beach, Kathleen.....	Frontiers in Medicine.....	22	Karski, Bob.....	Learning Augmented Reality.....	17
Bleiweiss, Sheldon.....	The Holocaust.....	27	Koslow, Howard.....	Cutting the Cable Cord.....	16
Blinder, Henry.....	The World Today.....	28	Lancaster, Marjorie....	Toni Morrison's <i>Song of Solomon</i> .....	29
Block, Dean.....	The World Today.....	28	Leiman, Russell.....	21st C Global Leadership.....	26
* Bluford, Alita.....	Good Conversations, Good Relationships.....	39	Longman, Doug.....	The World Today.....	28
Boyles, James.....	American Art in the 1960s.....	15	* Luker, Kenneth.....	A Purposeful Practice.....	13
Boyto, Cathy.....	Introduction to Zentangle.....	20	* Matthews, John.....	Eisenhower, 1890-1945.....	23
Brill, Margaret.....	Jane Austen's World.....	23	McGrath, Diane.....	Symposia.....	42
Caccavale, Ruth.....	OLLI at the Nasher.....	14	McNulty, Timothy.....	The New New Journalism.....	41
Carmichael, G. Wade.....	More Drawing Challenges.....	21	Melanson, Richard....	Diplomacy, Part 2 (2 secs.).....	25
Chady, Dick.....	New Lens.....	41	Meyer, Marvin.....	It Took a Village.....	33
* Chiha, Kennith.....	Ethics & the Human Condition.....	35	Montana, Gustavo....	Vincent van Gogh.....	15
Cox, Edwin.....	Frontiers in Medicine.....	22	Nessly, Larry.....	A Linguistic Look at English.....	31
	Symposia.....	42	Palmer, Amie.....	Knit a Chunky Scarf.....	20
* Coyte, Rachel.....	Wine, Bees & Bones.....	37	Parker, Carey.....	Cybersecurity 101.....	16
Crain, Melanie.....	Genealogy 101.....	40	* Piskor, Maria.....	Oy! A Play on Improv, Virtually.....	34
* Curtis, Linda Hubbard.....	The Black Experience in America.....	24	* Prager, John.....	A Hitchhiker's Guide to AI.....	37
Davidshofer, Claire....	La France, 1939-1958.....	29	Princiotta, Frank.....	Climate Change.....	37
Davidshofer, William..	Political Philosophy & Governing.....	27	Prust, Richard.....	Justice.....	36
Deblinger, Paul.....	Creative Prose.....	44	Reid, Arch.....	Ascent of Humans.....	38
Door, Kris.....	Golden Mummies of Egypt.....	13	Rose, Julia.....	Functional Fitness at Home.....	32
Dunbar, Jay.....	T'ai Chi.....	22	Satinsky, Margie.....	Met Opera's Live in HD 2020-2021.....	34
* Emmons, Robin.....	Explorations in Black Culture.....	25	Seitel, Jane.....	The Poetry of Presence.....	30
	Criminal/Social Justice.....	42	* Simpson, Joe.....	Abraham Lincoln.....	24
Fee, Frank.....	Newspapers in America.....	26	Smith, Mike.....	Symposia.....	42
Fisher, Kent.....	Finances for Fraught Times.....	18	Spector, Tom.....	Meditation & Healing.....	21
Fuchs, Bonnie.....	Splendor Through the Ages.....	14	Stein, David.....	Learning Augmented Reality.....	17
Fynn, Carol.....	Art Composition.....	19	Szerszen, Dennis.....	Intro to iPhone Photography.....	16
Gabin, Jane S.....	Writing Your Memoir.....	44	Teasley, Alan.....	Kander & Ebb 101.....	33
Garrett, Winifred.....	Harp Master Class.....	33	* Tennyson, Nicholas... Tsintzos,	Transportation in NC.....	18
Gray, Virginia.....	The World Today.....	28	Catherine Cross.....	Books & Bookbinding.....	19
Gruendel, Ginnie.....	The World Today.....	28	Waheed, Abdul.....	Racism, Religion & Reconciliation.....	36
Hall, Mark.....	Criminal/Social Justice.....	42	Waraska, Tony.....	Symposia.....	42
* Hamilton, Carol.....	Pandemics & Plagues.....	38	Wartell, Susan.....	If You Can Walk, You Can Dance.....	31
			Wittkowsky, Stephan..	Economic Development.....	18

\* New instructor



# Art & Architecture

## A Purposeful Practice: The Freelon Group and Design for All

Our contemporary awakening around issues of racial injustice and systemic inequality in the US have shed light on many aspects of our society, including architecture. The architecture firm founded by Phil Freelon (lead architect of the Smithsonian's National Museum of African American History and Culture in Washington, DC) focuses on activist and purposeful design in direct response to inequalities in access to great design and on how design can serve and change a community. We will explore how the Freelon Group, now Perkins&Will North Carolina, became the most prominent African American-led design practice in the US, within a broader context of activist architecture. Project examples will include how Perkins&Will engages historically disenfranchised and negatively impacted communities with significant results (e.g., in Detroit, Vancouver, Charlotte, Los Angeles, Atlanta, Greenville, Miami), while respecting the past and planning for the future around a shared vision.

- Lecture + Q&A.

**Kenneth Luker** attended Texas A&M, University of Cambridge, and Harvard University Graduate School of Design. A design principal for Perkins&Will North Carolina, he is a member of the Leaders Council of the NC State University College of Design, periodically teaching. He received the Kamphoefner Prize from the American Institute of Architects for career excellence in modern architectural design.

- 5 Thu, Oct 22-Nov 19, 9:00-10:15am
- Online via Zoom
- Maximum: 24; Fee: \$60; Course ID: 3144

## Art & Memory: Examining the Repercussions of Conflict

There is a pivotal point immediately preceding times of conflict in which the creative possibilities seem unimaginably endless. Following destruction there is typically a resurgence of those

potentialities. In the arts, that edge/cusp inherent in the before and after often births new movements and spurs change. During this rare wrinkle in time, we will explore periods similar to that in which we exist now to better understand how our visual memories and creative responses inform our politics, our activism, and our collective futures. Lecture topics: (1) The Iconoclasm in Northern Europe; (2) Colonialism: Imagery and Collecting of Cultures; (3) *Liberte* in the French Revolution; (4) So-Called Degenerate Art; (5) Looted and Destroyed throughout Time; (6) Sumptuary Laws and Fashion's Influence; (7) Protest Art of the Vietnam Era; (8) The Guerrilla Girls; (9) ISIS and Al Qaeda Destruction; (10) Now. Black Lives Matter • Lecture + Q&A; Viewing videos.

*With a classical education in studio art and interior design as well as a master's degree in architectural history, **Alva Horton** owns a marketing studio dedicated to promoting the art, fashion, design, and architecture industries in both the US and the UK. She has taught numerous OLLI courses previously, and her dynamic and knowledgeable teaching makes her one of OLLI's most popular teachers.*

- 10 Thu, Sep 17-Nov 19, 1:30-3:00pm
- Online via Zoom; **Sessions are recorded**
- Maximum: 290; Fee: \$100; Course ID: 2119

## Golden Mummies of Egypt: A Blend of Ancient Cultures

This course will complement the North Carolina Museum of Art exhibition *Golden Mummies of Egypt*, which examines art created for the burials of wealthy members of the multicultural society when Egypt was part of the Greek and Roman worlds (c. 300 BCE-200 CE). They had their mummified bodies encased in gold in hopes of joining the gods after death. In preparation for a visit to this exhibition (on your own), this Zoom survey lecture series will include ancient Egyptian art, ancient Greek and Roman art, and the featured period of time when all these cultures intermingled during Roman rule. In

# Art & Architecture

place of our regular gallery tours, we will explore a few works in the galleries via recorded mini-tours that will be inserted into the lectures: Oct 21–Ancient Egyptian Art; Oct 28–Ancient Greek Art; Nov 4–Late Greek and Etruscan Art; Nov 11–Ancient Roman Art; Nov 18–Late Egyptian Art and Golden Mummies. • Lecture + Q&A; Viewing videos.

**Please note:** Visits to the North Carolina Museum of Art galleries to see the works discussed in class is strongly encouraged, but no formal tours with the instructor are possible.

***Kristine Door**, PhD, taught art history at the University of North Dakota for over a decade before moving to Raleigh in 1995. Until her retirement, she lectured at the North Carolina Museum of Art and directed the museum's docent program. Kris has offered an OLLI art history class each year since 2007.*

- 5 Wed, Oct 21–Nov 18, 11:00am–12:15pm
- Online via Zoom; **Sessions are recorded**
- Maximum: 290; Fee: \$60; Course ID: 3153

## OLLI at the Nasher

In this course, we will have the opportunity to enjoy and learn about the permanent collection of the Nasher Museum of Art at Duke University. Like many university art museums, Nasher's collection is not encyclopedic. The collection does have some world-class works of art, and these and the context for these works will be the subject of this course. Rather than a comprehensive art history survey, my goal is to provide a background for the works in the Nasher collection. We will discuss the broad themes of various art historical periods represented in the collection and have in-depth discussions of specific Nasher works. • Lecture + Q&A; Facilitated discussion; Viewing videos.

*Since her move to North Carolina in 2011, **Ruth Caccavale** has taught a variety of art history courses for OLLI. She also works in the education department of the Nasher Museum at Duke University. For ten*

*years prior to this, Ruth taught art history at Rutgers University in New Jersey.*

- 10 Tue, Sep 15–Nov 17, 3:30–5:00pm
- Online via Zoom
- Maximum: 16; Fee: \$100; Course ID: 2106

## Splendor Through the Ages: Extraordinary Dwellings of Luxury, Grandeur, and Ostentation

Only in the twentieth century did our lifestyles come to include creature comforts and luxuries such as private jets, electric appliances, and sleek automobiles. But in every historical age, a few citizens of regal birth or wealth resided in a splendor and style that would influence future generations. Water features in ancient times were both a luxury and much needed sanitation to be enjoyed by a few. Grandiose architectural styles became displays of power meant to impress visitors. Elaborate gates, libraries, gardens, and interior furnishings were used to convey power and prestige. Each lecture in this course will examine remarkable and splendiferous structures at two sites, twenty in total, ranging from ancient to modern times and across varying cultures, including the palace of King Minos, the Palladian villa of Venetian Daniele Barbaro, a Byzantine palace of Ottoman sultans, Versailles, Windsor Castle, and Hearst Castle. • Lecture + Q&A.

***Bonnie Fuchs** has a degree in interior design as well as a master's degree in the history of decorative arts from the Cooper Hewitt, Smithsonian Design Museum, and she completed a Smithsonian fellowship in museum education. She has taught many very popular courses for OLLI, including Culture USA, Threads of History, Renaissance Venice, and History of American Furniture 17th–19th Centuries.*

- 10 Tue, Sep 15–Nov 17, 11:00am–12:15pm
- Online via Zoom; **Sessions are recorded**
- Maximum: 290; Fee: \$100; Course ID: 3167

## Toni Morrison's *Song of Solomon*: A Close Reading

See listing on page 29.

## Vincent van Gogh: His Life and His Art

This course will explore the remarkable life and artistic development of Vincent van Gogh. Van Gogh's life moved between the worlds of religion and art, reflecting the ministerial world of his father and the artistic world of his mother and her family. As young men, Vincent and his brother, Theo, worked in their uncle's art gallery, after which Vincent immersed himself in religious activities with passion, eventually becoming a missionary in Belgium. We will delve into his complex inner life and psychological struggles, and their expression in his art, in part through the extensive correspondence he maintained with Theo over many years. His life as an artist began at 27 without formal art education but with great intensity. He mastered the principles of color unlike any other artist of his time. In spite of his short life as an artist, he made profound contributions to the use of color and is considered one of the most influential, remarkable, and recognizable artists of modern times. • Lecture + Q&A.

**Please note:** Special guest Alva Horton will speak on the architecture of Impressionist-era Paris and the Roman ruins depicted in some of Van Gogh's Arles paintings. In an optional session outside of class, cinematography expert Linda Luftig will discuss the animated movie *Loving Vincent*.

### Recommended texts:

- Ingo F. Walther and Rainer Metzger, *Van Gogh: The Complete Paintings* (9783836557153)
- Steven Naifeth and Greg White Smith, *Van Gogh: The Life* (9780375758973)

*Gustavo Montana, a Duke emeritus professor of radiation oncology, has a long interest in Van Gogh's art, life, and mental illness. As a physician, he believes that an appreciation of art allows individuals to better observe the human condition. Over the course of his career, he found it meaningful to encourage his trainees to draw as a means to better understand the illnesses they worked with.*

- 6 Tue, Sep 15-Oct 20, 9:00-10:15am
- Online via Zoom; **Sessions are recorded**
- Maximum: 49; Fee: \$70; Course ID: 1841

## American Art in the 1960s

Propelled by the post-war optimism and artistic experimentation of the 1950s, American art started the 1960s with innovation and hope. By the end of the decade, though, the enthusiasm had waned as social and international conflicts took their toll on the energy of the country. This course will look at the new developments in the art world in this decade and how they went from energetic promotions of an American dream to the turmoil that unsettled America's promise for a new social order. We will also look at how these trends were reflected in art outside the United States. Among the artists we will talk about are Donald Judd, Carl Andre, Sol LeWitt, Andy Warhol, Roy Lichtenstein, James Rosenquist, Claes Oldenburg, Eva Hesse, Carolee Schneemann, Yoko Ono, Lee Bontecou, Yayoi Kusama, Faith Ringgold, and Melvin Edwards. • Lecture + Q&A.

*James Boyles teaches at NC State University. He has an MA and a PhD in art history, focusing on modern and contemporary art, with the occasional venture into the medieval period and the eighteenth century.*

- 10 Thu, Sep 17-Nov 19, 3:30-4:45pm
- Online via Zoom; **Sessions are recorded**
- Maximum: 290; Fee: \$100; Course ID: 3145

# Computers & Photography

## Cutting the Cable Cord

Are you tired of price increases from your cable provider, finding you watch fewer cable channels, or just hungry for new video content to watch while spending more time at home? This course will guide students through the maze of TV and streaming technology to plan the best approach to switch from cable TV service to alternative sources. Learn the basics of over-the-air broadcasts, streaming devices (Roku, Amazon Fire TV, Apple TV), and streaming services (Netflix, Hulu, Amazon Prime, newer services like Apple TV+, and more). Discover online resources and tools to help in planning to cut the cord. View demos of popular streaming devices and services in class. Students will be encouraged to log their cable viewing and also start a wish list of shows to watch to help make a cord-cutting plan that best suits their individual needs and budget.

- Lecture + Q&A.

**Howard Koslow** has over 30 years' experience as a software developer at IBM. Now retired, he continues to explore technology for creative and productive uses as well as to teach others to embrace it. He also volunteers as chair of the IT Committee for OLLI.

- 4 Wed, Sep 16-Oct 07, 1:30-2:45pm
- Online via Zoom; **Sessions are recorded**
- Maximum: 290; Fee: \$40; Course ID: 2795

## Cybersecurity 101: Practical Tips for Non-Techies

How secure is your computer right now? You probably don't know. Computers and the Internet have revolutionized the modern world, but if you're like most people, you have no clue how they work or what the real threats are. It's not your fault. Where would you have learned about this? While there are tons of resources on cybersecurity for technically savvy people, there are almost none for regular, everyday folks. That's where this course comes in. The instructor will explain the basics of computers, networking, se-

curity, and privacy—in plain English, using simple analogies—and then will show what can be done at home to make your computer (Mac or Windows) and even your mobile devices (iPhone or Android) more secure. There will be optional reading and activities using the recommended textbook. The course includes six lectures and three sessions of “office hours” when students can receive individual help. • Lecture + Q&A; Facilitated discussion.

**Please note:** The fourth edition of the book will be out by September. If it's not available before the course starts, the instructor will provide the first few chapters in PDF form.

### Recommended text:

- Carey Parker, *Firewalls Don't Stop Dragons: A Step-by-Step Guide to Computer Security for Non-Techies* (9781484238516)

**Carey Parker** has a master's in electrical engineering from Purdue University and has been writing telecom software for over 27 years, for both large and small companies. Carey is passionate about computer security and online privacy, and author of *Firewalls Don't Stop Dragons*. He writes a blog and hosts a podcast with the same name and topic. Carey has taught this course at OLLI since 2016.

- 9 Wed, Sep 16-Nov 11, 6:30-8:00pm
- Online via Zoom
- Maximum: 24; Fee: \$100; Course ID: 2327

## A Hitchhiker's Guide to AI: Where We Are, and Where We're Going

See listing on page 37.

## Intro to iPhone Photography

The best camera is the one that you have with you. Maybe that's why the iPhone has become the predominant camera in use today, and “iPhoneographers” take and share more images



than photographers with any other camera. Today's iPhones and iPads are completely self-contained and designed to capture, edit, store, and share images, all from the same platform. This course will enable iPhone users to understand and master this feature-rich camera. Topics will include: how to access and use the built-in camera app; how to improve images using Apple and third-party apps; how to store files through Apple and other cloud providers; how to share files on social media, including Instagram, e-mail, and messaging; and in-class practice using the iPhone for travel, portrait, and abstract photography. Throughout the course, students will have opportunities to practice and share images in an open, noncritical environment. • Active participation; Lecture + Q&A; Facilitated discussion.

**Prerequisites:** Students should have an iPhone 7 or later with adequate storage available to add one or two apps. Familiarity with the use of the Internet and e-mail is required.

**Required supplies/fee:** Additional iPhone apps will be recommended for use at an estimated cost of \$10.

***Dennis Szerszen** retired from the software industry to become a full-time fine art photographer. He is a member of Triangle Visual Artists and a staff photographer for a local magazine. Dennis also volunteers with FRANK Gallery's Karen Youth Arts Group, mentoring refugee youth in using photography as a means of socialization and self-expression.*

- 5 Tue, Sep 15-Oct 13, 1:30-2:45pm
- Online via Zoom
- Maximum: 14; Fee: \$60; Course ID: 2478

### OLLI Fall Registration

Online registration for fall term opens at 9:00am on **Tue, Sep 1**, for Mon/Tue courses, and at 9:00am on **Wed, Sep 2**, for Wed/Thu/Fri courses.

**learnmore.duke.edu/OLLI**

## Learning Augmented Reality: Amaze Your Grandchildren and the Young at Heart

Augmented reality (AR), where digital objects are overlaid on the perceived environment, is an exciting new field that was popularized by Pokemon Go. Even retirees were chasing these animated characters as a way to get exercise. It's a little like a scavenger hunt, but the prizes can only be seen through a smartphone in the built environment. Using the new and free Reality Composer program, OLLI students will be able to easily create their own AR, share it with friends and family, and impress their grandchildren. Since AR is relatively new, you can view this five-minute video explaining how it works: [www.youtube.com/watch?v=PHGIRRsKzzE](http://www.youtube.com/watch?v=PHGIRRsKzzE).

- Active participation.

**Please note:** This course requires an iPhone with iOS 13.4 or an iPad with iPadOS 13.4. Students should download Reality Composer by Apple from the App Store to confirm that it will install on their device before registering for this course. The instructor will offer optional assistance with setting up the app.

*For the last 20 years, **David Stein** has been creating programs for Duke and the eight Duke partnership schools. Many of the most rewarding ones have introduced stop motion animation, green screens, augmented reality, and other education technology to teachers (of all ages) and students.*

***Bob Karski** delights in visual storytelling by using creative tools that have evolved from technological advances, and particularly enjoys pushing the limits of immersive, multimedia presentations. Most recently, he has shown Durham students how to create podcasts and "bring a book to life," and has taught OLLI courses on making eye-catching and entertaining videos with just an iPhone.*

- 4 Wed, Oct 28-Nov 18, 9:00-10:15am
- Online via Zoom
- Maximum: 14; Fee: \$40; Course ID: 3159

# Economics, Finances & Retirement

## **Economic Development: Future Scenarios for Developing Countries**

This course will cover issues in economic development. Initial sessions will review basic concepts and models of economic development, different countries' experiences in achieving sustainable development, and the insertion of developing countries into the globalized multilateral world we have lived in so far. Following sessions will address developing countries' expectations within the new world economic order, evolving global leadership patterns, technology-driven changes, and the possible effects of Covid-19, as dynamic world scenarios bring about major changes in expectations for improving the economic and social situations of developing countries. The instructor will encourage participants to become acquainted with articles he will be e-mailing to them, and to share comments utilizing the Zoom format. • Lecture + Q&A.

*Stephan Wittkowsky is an economist, business consultant, executive, and professor who was born and worked in Guatemala and is now living part-time in Chapel Hill. He is a graduate of Cornell University and has extensive experience in the private, public, and academic areas in Latin America and the US.*

- 6 Wed, Sep 16-Oct 21, 11:00am-12:15pm
- Online via Zoom
- Maximum: 24; Fee: \$70; Course ID: 3054

## **Finances for Fraught Times**

Getting one's financial house in order has always been a challenge. The retiree of today faces added uncertainty brought on by rock-bottom interest rates and a socially distanced stock market. How to make sense of it all? This course will look at the world of retiree finance from a comprehensive perspective. That means we'll look at taxes, risks, and estate planning in addition to a review of stocks, bonds, and mutual funds. We'll look at how to put these pieces together with an empha-

sis on the critical issues faced by retirees. We will also spend some time covering the emerging field of behavioral economics. Please join us for this lecture and discussion series. In addition to the material described above, we'll strive to have a lively discussion of current financial issues.

- Lecture + Q&A; Facilitated discussion.

*Kent Fisher, CFA, CFP®, had 25 years' experience investing with institutional investors before founding the Southern Investment Management Collective (SIMC). SIMC works exclusively on individual financial issues. Kent believes strongly in education and giving back to the community. He has taught portfolio management at McGill University and conducted CFA preparation courses in Los Angeles.*

- 10 Wed, Sep 16-Nov 18, 9:00-10:15am
- Online via Zoom
- Maximum: 49; Fee: \$100; Course ID: 3172

## **New Lens: Ways to Thrive in the Third Age**

See listing on page 41.

## **Transportation in North Carolina: How Did We Get Here, and Where Are We Headed?**

We have learned that there is a cure for traffic jams—shut down the economy. Obviously, it's not a cure we can afford. Isn't there another choice? National, state, and local decisions—public and private—have impacts. Some travel patterns are centuries old, while the future of battery-powered autonomous vehicles and a “transportation as a service” philosophy may upend the whole game. And it's not just traffic. Transit, aviation, ferries, bike/pedestrian ways, and rail are all needed and affect each other. This course will seek to review transportation decisions (successes and failures) that have brought us to this point, and how we plan, fund, build, and maintain a system that serves the whole state. We relied on a user fee

structure for a century—fuel taxes and vehicle registrations. Now we face an uncertain future as fuel types, car ownership systems, and land use patterns are all in flux. We'll discuss some of our options and their potential effects on our future ability to travel. • Lecture + Q&A; Facilitated discussion; Viewing videos.

**Please note:** The instructor will suggest various transportation sites (Port of Wilmington, NC Transportation Museum in Salisbury, NC Division of Aviation at RDU, etc.) that individuals might want to visit on their own.

**Nick Tennyson** served two terms as mayor of the City of Durham and was secretary of transportation for North Carolina. He is a Duke graduate and former naval officer, home builder, and trade association executive for three different nonprofits, including three years as vice president of government relations for the Greater Durham Chamber of Commerce. Tennyson lives in Durham.

- 10 Thu, Sep 17-Nov 19, 9:00-10:15am
- Online via Zoom
- Maximum: 49; Fee: \$100; Course ID: 3169

## Hands-On Art

### Art Composition

The success of your own original art depends heavily on your compositional skills. In this course, we'll begin by learning the specific principles of composition. More importantly, though, this course will give you a bundle of hands-on experiences using different materials and creative tricks, so you can produce and recognize excellence in design. I plan to give you feedback on your projects as we work together. You will not complete a painting, but you will be bubbling with ideas that will guide all your future creations. Who knew that learning composition skills could be this much fun? Participants in Art Composition do not need any prior experience or training whatsoever. • Active participation; Lecture + Q&A; Facilitated discussion; Viewing videos.

**Please note:** There are no art prerequisites for this course.

**Required supplies/fee:** Students will purchase materials independently for an estimated cost of \$35. For additional information on supplies, please see the course details at [learnmore.duke.edu/olli](https://learnmore.duke.edu/olli).

**Carol Liz Fynn** is a certified master teacher and a professional watercolor artist who conducts demonstrations, sells paintings, and teaches workshops across the US and Europe.

- 6 Fri, Sep 18-Oct 23, 1:30-3:30pm
- Online via Zoom
- Maximum: 14; Fee: \$75; Course ID: 3146

### Books & Bookbinding

During this course, participants will take a virtual trip to the Orlando Museum of Art to see some highlights from their book collection; have guided learning experiences to explore a variety of book-making and bookbinding skills for all levels; and enjoy other fun experiences including the history and paste paper techniques of Paulus Berensohn of Penland, Black Mountain College book and zine makers, and more. Topics will include materials selection, art papers and memorabilia, storytelling, zines, picture books, collage and printmaking, themes, binding techniques, resources, and inspiration. You will learn to develop your own skills and, in the process, a little about the world

# Hands-On Art

of bookmaking. • Active participation; Facilitated discussion.

**Please note:** Book and video references will be shared during course sessions.

**Required supplies/fee:** The class will provide a range of projects. Many materials can be found around the house. A detailed list will be e-mailed to participants so they can decide to purchase materials independently or simply take notes and learn.

*A 2017 Duke University Trillium Sustainability Fellow, Catherine Cross Tsintzos has spent her lifetime in the arts as a practicing artist and educator. She has been awarded three artist residencies for projects on art and agriculture, with exhibits and lectures at Salem College and Cameron Art Museum. She also received a 2017 artist residency to develop art and agriculture intersections.*

- 10 Fri, Sep 18-Nov 20, 11:00am-12:15pm
- Online via Zoom
- Maximum: 24; Fee: \$100; Course ID: 3149

## Learn to Knit a Chunky Scarf

A soft, chunky scarf is the perfect cold weather accessory. This course will give you the skills to take super bulky yarn and transform it into an accessory you'll be delighted to wear or gift. This is a great course for beginners or those who want to refresh their knitting skills. No knitting experience is necessary. • Active participation.

**Required supplies/fee:** Students will purchase materials independently for an estimated cost of \$25. For additional information on supplies, please see the course details at [learnmore.duke.edu/olli](http://learnmore.duke.edu/olli).

*Amie Palmer is a lifelong fiber arts enthusiast who has been knitting and sewing for over 30 years. Her favorite projects include custom-fit clothing and creating interesting textures using a variety of knitting techniques. She is a Craft Yarn Council Level II certified knitting instructor who loves sharing her craft with others.*

- 10 Mon, Sep 14-Nov 23 (no class Sep 28), 11:00am-12:30pm
- Online via Zoom
- Maximum: 10; Fee: \$100; Course ID: 2638

## Introduction to Zentangle

The Zentangle® Method is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. Almost anyone can use this method to create lovely images. You may also find that it increases your focus and creativity, and provides artistic satisfaction along with an increased sense of personal well-being. The Zentangle Method, taught by certified Zentangle teachers, is enjoyed all over the world across a wide range of skills, interests, and ages. In this course, you will learn new tangles each week as well as experiment with the magic of shading. The instructor will be demonstrating the tangles live and you will be able to follow along in real time. As you practice the Zentangle Method, you will discover that not only can you create beautiful art, you also can create a different mood and state of mind. • Active participation.

**Please note:** No prior artistic skill or training is needed.

**Required supplies/fee:** A kit containing all the needed supplies is available from the instructor's website, [thetriangletangle.com](http://thetriangletangle.com), for \$30 (including shipping). Students should order at least five days before the first class to allow for shipping.

*Cathy Boytos is an artist, graphic designer, photographer, and Certified Zentangle Teacher (CZT). She lives in Raleigh with her husband, Greg, and their cat, Annie. She is currently teaching Zentangle classes and workshops in the Triangle area. Her wish is to be your guide on a journey toward enjoying an art method that is easy to learn, simple to comprehend, and fulfilling beyond expectations.*

- 6 Tue, Sep 15-Oct 20, 11:00am-1:00pm
- Online via Zoom; **Sessions are recorded**
- Maximum: 49; Fee: \$75; Course ID: 2495



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## More Drawing Challenges

More Drawing Challenges is an interactive hands-on art course where students can present challenges they have with their work and/or the instructor will present a drawing challenge for the class. Utilizing two or more cameras, the instructor will be able to interact and demonstrate live. Students can submit photos of their work, which will be reviewed with direct demonstrations of principles and techniques on their image. • Active participation; Lecture + Q&A; Facilitated discussion.

**Please note:** All levels of experience are welcome, but this is not an introductory course on drawing.

**Required supplies/fee:** Students will purchase basic supplies (pencils, pencil sharpener, eraser, 9x12 drawing/sketch paper 60 lb or greater) independently for an estimated cost of \$10.

*A graduate of the Herron School of Art and Design focused on historic materials and techniques and a recipient of the Mary Milliken Award for Painting, **G. Wade Carmichael** has taught various art courses and programs at Indiana University and Queens College and regionally at OLLI, Cary Senior Center, Apex senior programs, Garner Senior Center, and Wake Technical Community College.*

- 10 Thu, Sep 17-Nov 19, 1:30-3:30pm
- Online via Zoom
- Maximum: 14; Fee: \$100; Course ID: 3002

## Health & Wellness

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### Meditate with the Voice & Sound

Meditate with the Voice and Sound is an experience in vocal toning, chant, meditative singing, and free, playful vocal sounds. This course encourages participants to develop voice, ear, and body connections. We learn about the science behind sound and explore how healing our voices can be for ourselves and others. Numerous research studies show how the sounds we create with our voices, aligned with intention, communicate powerful messages to our bodies to promote healing, relaxation, and well-being. In addition to vocal sound, we shall explore the sounds of the rain stick, crystal bowls, and other sound tools. Vocal meditation is a nonperformative, nonjudgmental practice for freeing the voice, being in the moment, and feeling the resonance of sound. You'll leave each class feeling centered and soothed. • Active participation; Lecture + Q&A; Zoom breakouts; Listening to audio recordings.

**Required supplies/fee:** Students will find simple

supplies around their home, e.g., a small amount of dried beans or rice, cardboard toilet paper roll, tape and/or plastic wrap.

*With over 20 years of classical and nonclassical focused singing experience, **Shana Adams** has passionately facilitated vocal meditation workshops encouraging healing and relaxation through the voice. In 2018, Shana completed her Sound Healing certification through the Sound Healing Academy based in Cornwall, UK.*

- 8 Fri, Sep 18-Nov 6, 9:00-10:15am
- Online via Zoom
- Maximum: 24; Fee: \$90; Course ID: 2304

### Meditation & Healing

Enjoy Tom's Meditation and Healing course. It's for everyone, even people who believe they could never meditate. Tom has over 40 years of teaching experience, and his teachings are crystal clear and easy to follow. They combine profound meaning with light humor. Tom has a special gift for

# Health & Wellness

helping people understand the root causes of their suffering and how to create healing. In this course, you will learn: how our busy minds cause unrest by striving to control us; how to train our minds to serve us, creating calmness that enables us to experience our Inner Being with clarity and new insight; effective healing techniques for relief from worry, fear, anxiety, panic attacks, pain, stress, and guilt; and practical approaches to experiencing inner peace by living our lives in the present moment and becoming free of internal enemies. Tom's experiential course is based on his book *Our Two Gardens: How to Cultivate Healing* and his CD *Meditation and Healing*. Learn more at [www.hathahouse.com](http://www.hathahouse.com). • Active participation.

**Required:** Attending the first session is required.

**Recommended texts:**

- Tom Spector, PhD, *Our Two Gardens: How to Cultivate Healing* (9781105246203)

*Tom Spector began meditating in 1968 while enrolled in an intense graduate program at Yale University. He started teaching in 1976, after a magical meeting with Elisabeth Kubler-Ross at a Ram Dass meditation retreat. Tom is internationally regarded as an effective meditation and healing teacher. His presentations are clear and easy to follow, and combine profound meaning with light humor.*

- 3 Wed, Nov 04-Nov 18, 3:30-4:45pm
- Online via Zoom
- Maximum: 290; Fee: \$35; Course ID: 3082

## T'ai Chi: Mindfulness in Motion

Taijiquan (t'ai chi ch'uan), a Chinese movement system, arose from the belief that slow, continuous motion combined with an internal focus on subtle changes enhances energy, well-being, and mental, emotional, and physical balance. Scientific studies have verified many of its benefits, and medical professionals now endorse it for arthritis, Parkinson's disease, fibromyalgia, balance difficulties, pulmonary and cardiovascular diseases, and a wide variety of other conditions. It is easy to practice, requires no special space or equipment,

and integrates natural, easy exercise with a joyful, reflective approach to daily life. In this Zoom class, we will practice energy-enhancing exercises (qi-gong) as well as a sequence of movements from the traditional Wu/Hao style taijiquan long form to serve as the basis of a regular personal routine. Student of all levels are welcome, from novices to those with experience. • Active participation.

**Recommended text:**

- Tsung Hwa Jou, *The Dao of Taijiquan: Way to Rejuvenation* (9780692034057)

*Jay Dunbar (MA, Duke, English literature; PhD, UNC-Chapel Hill, education) is director of the Magic Tortoise Taijiquan School ([magictortoise.com](http://magictortoise.com)). An "indoor" student of Grandmaster Jou Tsung Hwa, he has studied taijiquan and qigong since 1975 and has taught in the Triangle area since 1979 and with OLLI since 2003.*

- 10 Thu, Sep 17-Nov 19, 9:00-10:15am
- Online via Zoom
- Maximum: 290; Fee: \$100; Course ID: 0420

## Symposia: Excursions and Diversions

See listing on page 42.

## Frontiers in Medicine

New discoveries from the frontiers of science and medicine regularly divulge more of nature's complex blueprint of life, providing us with insights and tools for maximizing our health and well-being. The rapid pace of the news cycle gives us glimpses of these new developments but obscures details needed to apply them effectively in our own lives. The goal is to bridge that gap by bringing experts to our podium from the leading edge of medical research, development, and delivery. This course will cover topics ranging from basic cell biology all the way up through the integration of the body's functions via the nervous system, the causes and treatments of diseases,

and the organization of health care. As the lineup of speakers for the coming term falls into place, the speakers and their topics will be listed on the course website, [olliatdukefrontiersinmedicine.weebly.com](http://olliatdukefrontiersinmedicine.weebly.com). • Lecture + Q&A.

**Edwin Cox** practiced hematology and medical oncology in Durham and was director of database for the Duke Comprehensive Cancer Center, during which time he designed and performed data analysis for clinical trials and research studies. His current focus is the relationship between health and lifestyle, including diet and exercise, based on statistically valid evidence from research studies.

**Kathleen Beach** is a newly retired physician/epidemiologist. Educated in biochemical engineering and

internal medicine, she worked at the FDA, then at biotech and pharmaceutical companies in Boston and RTP, where she led numerous drug programs from preliminary trials through approval for human use. Her interests lie in eliciting evidence regarding the efficacy and safety of medical interventions.

- 10 Mon, Sep 14-Nov 23 (no class Sep 28), 11:00am-12:15pm
- Online via Zoom; **Sessions are recorded**
- Maximum: 49; Fee: \$100; Course ID: 2434

## Rhythms of the World

See listing on 32.

# History & Current Affairs

## Jane Austen's World: England in the Regency Period

The brief but significant Regency period, during which Jane Austen wrote her most important novels, saw radical changes in English society. Not only was there a new emphasis on equality and freedom, which led to mass radical protests, but there was also a flourishing of consumerism and celebrity culture. The rapid growth of industry, technology, and science contributed to the social unrest. Thus, this period is considered the beginning of the democratic, secular, inventive society that characterizes our own. Do Austen's novels reflect the dynamic period she lived in, or are they just brilliant comedies of manners that ignore the sometimes harsh reality around her? In this course, we will explore that question by studying the social and cultural history of this period and how it relates to her novels. • Lecture + Q&A; Viewing videos.

**Margaret Brill** was the British history librarian at Duke. She was also head of reference, and maps librarian during her career in Perkins Library.

Margaret has a BA in history from the University of London, a master's in library science from North Carolina Central University, and a master's in liberal studies from Duke. Her primary interest is social history.

- 6 Mon, Sep 14-Oct 26 (no class Sep 28), 11:00am-12:15pm
- Online via Zoom; **Sessions are recorded**
- Maximum: 290; Fee: \$70; Course ID: 3156

## Eisenhower, 1890-1945

In 1942, General Dwight "Ike" Eisenhower was a largely unknown staff officer with no combat experience. By May 1945, he'd led the 4 million strong Allied force that vanquished Nazi Germany. This course offers a life-and-times portrait of Ike, beginning with his boyhood and ending in late 1945. The course examines Ike's use of his natural talents, the growth of his ambition, his responses to critical events, and the help he received from many. The leaders whose help Ike most needed were General George C. Marshall

# History & Current Affairs

and Britain's Prime Minister Winston Churchill, who often strongly disagreed with him over strategy and logistics. Ike's relations with both leaders are thus a major course focus as are decisions he made concerning D-Day, crossing the Rhine, and forgoing the taking of Berlin. • Lecture + Q&A; Listening to audio recordings; Viewing videos.

**John Matthews** is a former high school American history teacher who holds two graduate degrees from Duke. He's visited major WWII battlefields, interviewed war veterans and French Resistance members for the National WWII Museum, and researched in the Eisenhower, Marshall, and Franklin Roosevelt archives. This is John's first time teaching a Duke OLLI course.

- 6 Fri, Sep 18-Oct 23, 1:30-2:45pm
- Online via Zoom; **Sessions are recorded**
- Maximum: 49; Fee: \$70; Course ID: 3151

## The Black Experience in America: 1950 to the Present

Since the majority of us came of age in the 1950s, few have had the chance to study the history we were living during that time. And then there's the history we were never taught, and many argue is still not being taught. This course will focus on first-person accounts of African Americans who grew up during the Jim Crow era, attending segregated schools and movie theaters and living in communities where the Ku Klux Klan was active. Through a first-person storytelling format, the instructor and guest speakers will share accounts of their lived experience during several historical periods: Jim Crow, the civil rights era, and today. The Black Experience in America features speakers who grew up during Jim Crow and were the first African American students to attend Duke, UNC-Chapel Hill, and NC State University. Another speaker will share his friendship with the professional tennis player Arthur Ashe during a time when Whites and Blacks did not socialize.

- Lecture + Q&A; Facilitated discussion.

**Please note:** This course is designed to be inter-

active. It will be a safe environment where students are encouraged to speak openly and candidly.

*The daughter of a second-generation African American dentist, **Linda Hubbard Curtis** was born at Duke Hospital to a third-generation Durham family. Her father relocated his family to Los Angeles to escape the Jim Crow laws. Linda earned her undergraduate and master's degrees from North Carolina Central University and her PhD in education from Southern Illinois University-Carbondale.*

- 6 Mon, Sep 14-Oct 26 (no class Sep 28), 1:30-2:45pm
- Online via Zoom
- Maximum: 20; Fee: \$70; Course ID: 3100

## Art & Memory: Examining the Repercussions of Conflict

See listing on page 13.

## Abraham Lincoln: Abolition President, Master of Moral Certainty & Political Sagacity

Slavery in America lasted for 246 years (1619-1865), and it defined Abraham Lincoln's life and his legacy. Lectures in this course will focus on Lincoln's rise to political power and his opposition to slavery (1854 to 1860), and his leadership as president (1861 to 1865) to win the Civil War and to abolish slavery. Was Lincoln a reluctant liberator or an abolition president who directed the scope and timing of the Emancipation Proclamation? We will examine Lincoln's thoughts about slavery, the South, and racial equality. Lincoln's views on race matured, and he ultimately supported citizenship and the right to vote for African Americans. Lincoln's war policy escalated to "total war," and the Union's war aims became victory and emancipation in 1863. We will discuss the tragic history of slavery and its significant impact in 2020 and the United States' quest for equality for all Americans. • Lecture + Q&A.



### Recommended texts:

- Don E. Fehrenbacher, *Prelude to Greatness: Lincoln in the 1850s* (9780804701204)
- Eric Foner, *The Fiery Trial: Abraham Lincoln and American Slavery* (9780393340662)
- T. Harry Williams, *Lincoln and His Generals* (9780307741967)

**Joe Simpson** has a BA in history from UNC. Joe has researched and studied Abraham Lincoln, slavery, and the Civil War era for 30 years. His lectures have focused on Lincoln's rise to political power and his presidency, 1854 to 1865, and the impact of slavery in America. Joe is a member of the Lincoln Forum, and he has given lectures on Lincoln at the NC State University OLLI.

- 10 Tue, Sep 15-Nov 17, 9:00-10:15am
- Online via Zoom
- Maximum: 290; Fee: \$100; Course ID: 3043

## Explorations in Black Culture: Durham's African American Contributors to a City's Evolution

Explorations in Black Culture draws on experts and scholars from early Durham families who lived, learned, and worked to build the foundation upon which the Bull City now thrives. Diverse voices of historians, theologians, activists, and poets will share insight on the lived experiences of African Americans in Durham, covering Stagville Plantation, Durham Colored Library, Louis Alston's the *Carolina Times*—Durham's only African American-owned newspaper—and other topics designed to inspire and uplift some of Durham's earliest residents. Speakers include: Andre' D. Vann, Historian and Archivist at NC Central University; Jerry Gershenhorn, Julius L. Chambers Professor of American History at NC Central University; C. Eileen Welch, Director, Durham Colored Library; Fred J. Williams, Professor of Law, NC Central University; Reverend Carl Kenney, Theologian, Activist and Founder of Liberation Station; Dasan Ahanu, Poet, Writer, Playwright, Performance Artist, and Lecturer. • Lecture + Q&A; Facilitated

discussion; Zoom breakouts; Listening to audio recordings; Viewing videos.

**Please note:** Class participants are eligible for a discount on the purchase of the book *Louis Austin and the "Carolina Times"* by using this discount code link: [uncpress.org/book/9781469638768/louis-austin-and-the-carolina-times/](http://uncpress.org/book/9781469638768/louis-austin-and-the-carolina-times/).

### Recommended texts:

- Jerry Gershenhorn, *Louis Austin and the "Carolina Times": A Life in the Long Black Freedom Struggle* (9781469661452)
- Blake Hill-Saya, Aaron McDuffie Moore: *An African American Physician, Educator, and Founder of Durham's Black Wall Street* (9781469655857)
- Reverend Carl Kenney, *My Daddy's Promise: Lessons Learned through Caregiving* (9781734732924)

**Robin Emmons** is an award-winning social entrepreneur and owner of Robin Emmons Consulting. She has been recognized by CNN Heroes, 50 Most Influential Women, and Athena International, and covered in national and local media. She is a highly sought after consultant and speaker, Global Eisenhower Fellow, William C. Friday Fellow for Human Relations, and proud resident of the Bull City since 2019.

- 6 Tue, Sep 15-Oct 20, 9:00-10:15am
- Online via Zoom; **Sessions are recorded**
- Maximum: 290; Fee: \$70; Course ID: 3152

## Diplomacy, Part 2

In this discussion course, we will read chapters nine and 12-19 of Henry Kissinger's classic and controversial work *Diplomacy*. Discussion topics will include Woodrow Wilson and the Paris Peace Conference; Adolf Hitler's destruction of the Versailles settlement; Soviet foreign policy before World War II; Franklin Roosevelt, Joseph Stalin, and Winston Churchill; the beginning of the Cold War; the US strategy of containment; and the Korean War. Discussants in this course will be expected to read approximately 25 pages each week. • Facilitated discussion.

# History & Current Affairs

**Please note:** There are two separate sections offered for this course. The first section is for active participants, who will engage in discussion with the instructor. Active participants commit to the weekly readings in order to fully participate in the discussion. The second section is for observers who wish to listen and learn from the discussion (i.e., with microphones muted and video off). Students in the observer section should also read the weekly assignment. There are no prerequisites for this course.

## Required text:

- Henry Kissinger, *Diplomacy* (9780671510992)

**Richard Melanson** holds a PhD in international relations from the Johns Hopkins University and enjoyed a 38-year career teaching at UCLA, Kenyon College, Brown University, and the National War College. He has published several books on US foreign policy and has taught at OLLI at Duke since 2016.

- 10 Tue, Sep 15-Nov 17, 1:30-2:45pm
- Online via Zoom

## Section 1: Active Participants

- Maximum: 14; Fee: \$100; Course ID: 3053-002

## Section 2: Observers (see note)

- Maximum: 276; Fee: \$75; Course ID: 3053-003

## Global Leadership in the 21st C: Should the US Be the World's Moral and Military Police?

Everywhere we look, patriotism is being replaced by nationalism, pluralism by tribalism, objective justice by the tyrannical whim of autocrats. In short, a world order that has produced greater peace, prosperity, and well-being than ever before is in danger. It isn't just an issue of the survival of "democracy"—after all, Russia and Iran are ostensibly democratic. What is imperiled is the practice of that magical marriage of free individuals and fair laws underpinned by a global system of institutions and norms. In this course, we will try to put aside our preconceptions and

see the world from a different perspective: where aberrant behavior is entirely plausible; where norms we take for granted will no longer apply; where technologies we rely on for almost every convenience are vulnerable; where the West is buffeted by tides of isolationism and fragmentation, while in the East it is a time of optimism. And we will ask whether the United States should just accept that. Or contest it. • Lecture + Q&A.

*Living in South Africa, England, China, Japan, and the US, **Russell Leiman** worked in international finance focused primarily on emerging markets in Asia. Thereafter, he was executive director of the Asia-Pacific region for the Nature Conservancy for 13 years, until 2012. His previous OLLI courses include US Foreign Policy After the Cold War, the Asian Economic Miracle, and Climate Change.*

- 7 Thu, Sep 17-Oct 29, 11:00am-12:30pm
- Online via Zoom; **Sessions are recorded**
- Maximum: 290; Fee: \$85; Course ID: 3062

## Pandemics & Plagues: Infectious Diseases in Humans

See listing on page 38.

## Newspapers in America: The First Two Centuries

In 1690, the first newspaper in America closed after one edition. But was it a flop? What happened next? This course will examine news and news gathering over two-plus centuries of American history. Find out why the 1690 paper closed, what came next, and why Virginia's royal governor railed against free schools and printing presses. How did newspapers help colonists become Americans on the eve of the Revolution? We'll look at how newspapers in the early republic enabled political parties and vice versa and the Industrial Revolution's influence on journalism. A look at newspapers and the Civil War will sketch in the print culture of Durham and Chapel

Hill from 1861 to 1865; another class will examine the state of newspapering at the end of the “long 19th century.” Along the way, we’ll identify similarities (there are more than you might think) and differences (besides the obvious, perhaps fewer) between America’s earliest newspapers and those of the late 20th and early 21st centuries.

- Lecture + Q&A; Facilitated discussion.

**Please note:** Students will be offered the opportunity to critique an archival newspaper and, during class discussion time, compare their observations relative to current day newspapers.

*Frank Fee retired in June 2011 as an associate professor in the School of Journalism and Mass Communication at UNC-Chapel Hill, where he taught media history for many years. He has presented his research on newspapers and newspaper history at conferences throughout the United States and in Great Britain and Sweden and is the author of a number of peer-reviewed articles in scholarly journals.*

- 10 Mon, Sep 14-Nov 23 (no class Sep 28), 1:30-2:45pm
- Online via Zoom
- Maximum: 24; Fee: \$100; Course ID: 3161

## Justice

See listing on page 36.

## Political Philosophy & Governing: Part 3

This course considers the political thinkers and doctrines from the 19th century to the present that have shaped government doctrine. They include: Leninism, nationalism, Fascism, National Socialism, and the teachings of Friedrich Nietzsche, Hannah Arendt, Michael Oakeshott, Jürgen Habermas, Michel Foucault, and John Rawls. Students who wish to take this course do not need to have taken Parts 1 and 2, which covered political philosophy from Plato through Karl Marx. • Lecture + Q&A.

**Please note:** There are no prerequisites. The text has been used for Parts 1 and 2 of the course, so only the last third of the text applies to this course. It is therefore highly optional, since, as with my other courses, the class presentations are accompanied by extensive handouts posted on my website.

### Recommended text:

- David Boucher and Paul Kelly, eds., *Political Thinkers: From Socrates to the Present*, 3rd ed. (9780198708926)

*William Davidshofer holds a PhD in political science with a specialization in Russian and Eastern European studies as well as in political theory from the University of Notre Dame. He has taught many OLLI courses, after finishing a 40-year teaching career at the University of Maine at Presque Isle. He has recently published a work entitled Marxism and the Leninist Revolutionary Model.*

- 10 Wed, Sep 16-Nov 18, 1:30-2:45pm
- Online via Zoom; **Sessions are recorded**
- Maximum: 49; Fee: \$100; Course ID: 3164

## The Holocaust: It Didn’t Start with Gas Chambers

With the rise in hate groups, hate crimes, and anti-Semitic incidents, many believe our society is showing signs similar to those in 1930s Germany that led to the Holocaust. So what did happen then? Why were the Jews targeted, and why are they still being targeted? Why is the Holocaust still relevant today? What lessons can we learn from the Holocaust? This course will explore the process of human attitudes, actions, and behaviors that led to the mass murder of 6 million Jews and still might be with us today. There will be pictorial evidence of events and video testimonies from survivors. The instructor will share the challenges faced by his parents as they survived in the open using fake identities as non-Jews, and what it was like growing up as a child of survivors. We will look at our own attitudes and behav-

# History & Current Affairs

iors toward others, and learn what we can do to help fulfill the promise of “Never Again.” • Lecture + Q&A; Facilitated discussion; Listening to audio recordings; Viewing videos.

*A child of Holocaust survivors, former docent at Holocaust Museum Houston, and retired clinical social worker, **Shelly Bleiweiss** has been a Holocaust educator for 20-plus years, including three years with OLLI. A member of the NC Council on the Holocaust and the NC Holocaust Speakers Bureau, he has spoken to teachers, hundreds of schoolchildren, and many community, church, and civic organizations.*

- 10 Wed, Sep 16-Nov 18, 1:30-2:45pm
- Online via Zoom
- Maximum: 290; Fee: \$100; Course ID: 2379

## Baseball in North Carolina

See listing on page 40.

## Transportation in North Carolina: How Did We Get Here, and Where Are We Headed?

See listing on page 18.

## The World Today

This course is for those interested in current events. Each week we will discuss news/issues from around the world and at home. The facilitator will provide an agenda and members of the class are permitted to propose additional discussion topics. Active participation is encouraged (but not mandatory), since it expands our understanding of the many perspectives that might, and do, affect us. Discussions are enriched by the variety of class members' backgrounds, expertise, and viewpoints. Topics are discussed knowledgeably, respectfully, and, sometimes, with passion, but we always end with humor. Each facilitator is a news/politics junkie and has led discussions many times. Each brings his/her own distinctive

style and background to the course, and, most importantly, each will encourage a wide selection of views from class members. We are especially looking for members who represent points of view from across the political spectrum. • Facilitated discussion; Zoom breakouts.

**Please note:** Students will be randomly assigned to Zoom breakout rooms each week. The class experience will be enhanced if students use a laptop or desktop computer and not a tablet or phone. It is recommended that class members read newspapers and magazines and stay current with all other media.

***Henry Blinder** served as City Attorney for the City of Durham for many years prior to retirement. He is past president of the North Carolina Association of Municipal Attorneys and a former Deputy Attorney General for the State of New Jersey. He has a JD degree from Duke University Law School, and has lived in Durham for more than 35 years.*

***Dean Block** has served in municipal government in three cities, as budget director, deputy city manager and as public works director prior to retirement. He began his career as an officer in the US Navy. Dean holds a master's degree and has lived in the Triangle since 2009.*

***Ginnie Gruendel**, is a retired Human Resource Professional and Change Management Leader who has held senior level positions in Fortune 100 companies as well as Biotech start-ups from New Jersey to California and points in between. After retiring from the corporate world, she started a career coaching practice to continue doing the work she loved, helping individuals find their best-fit career. Originally from Philadelphia, she came to Wake Forest thirteen years ago.*

***Stuart Kaplan** grew up on a dairy farm in Connecticut. He earned his BS in Plant Science from the University of Connecticut in 1969 and his MS and PhD degrees in Crop Physiology from Purdue University in 1972 and 1975. He performed agricultural research for over 40 years in most states in the US and in several countries in Europe and South America. Since retiring, Stuart typically volunteers weekly at Red Cross blood drives throughout the Triangle. He has taken over 30 OLLI classes covering a wide range of subjects and lectured on GMO crops.*



**Doug Longman** has taught more than 30 classes over 15 years at OLLI including International Political Economy, Public Policy, Economics and Politics/ political Science. He holds a Doctorate in Business Administration and has taught at the University of Texas, UNC-Chapel Hill, and the University of Chicago. He also spent 25 years in marketing management for Fortune 100 firms.

**Virginia Gray**, PhD, taught political science at the universities of Kentucky, Minnesota, and North Carolina, where she was the Winston Distinguished Professor before her retirement in 2019. She also

held visiting appointments at the University of Oslo, University of British Columbia, and Tianjin University in Nankai, China. She did election night survey analysis for NBC News in the 1980s. She is an expert on state politics, public policy including health care reform and criminal justice, and interest groups; She has published widely on these and other topics

- 10 Wed, Sep 16-Nov 18, 11:00am-12:30pm
- Online via Zoom
- Maximum: 60; Fee: \$100; Course ID: 0393

## Language, Literature & Drama

### **La France, 1939-1958: Histoire, littérature, art, société**

This course, taught entirely in French, covers World War II, the Vichy regime, the Resistance and collaboration, and the birth and fall of the Fourth Republic. The horror of the Holocaust, massive casualties, deportations, and the devastation caused by the atomic bomb shook the world, bringing anguish about the human condition and God, and questioning the duration of civilizations. The French Indochina War and the Algerian War divided France on whether to grant independence to the colonies. Authors such as Jean-Paul Sartre, Albert Camus, Samuel Beckett, and Jean Anouilh, to name a few, searched for answers in their work, whether it be *Théâtre de l'absurde*, *Littérature engagée*, or *Existentialisme*. Simone de Beauvoir, Marguerite Duras, and Nathalie Sarraute contributed with their ideas and writing styles. French composers, cinematographers, and painters such as Bernard Buffet, Yves Klein, and the architect and urbanist Le Corbusier created new ways to portray society's deep changes. • Lecture + Q&A; Facilitated discussion; Listening to audio recordings; Viewing videos.

**Please note:** The course is geared to students

with a high-intermediate to low-advanced competency in French.

**Claire Davidshofer**, a native of France, has lived in Africa, France, England, and Maine. She has an MA in English and American literature from L'Université d'Aix-en-Provence. Her experience includes teaching high school, adult education, and college French at the University of Maine at Presque Isle, as well as translating and interpreting. To her, studying a country includes history and the arts.

- 10 Thu, Sep 17-Nov 19, 1:30-2:45pm
- Online via Zoom
- Maximum: 24; Fee: \$100; Course ID: 3158

### **Rumi & the Divine Love**

See listing on page 35.

### **Toni Morrison's *Song of Solomon*: A Close Reading**

Toni Morrison's *Song of Solomon* vividly exemplifies Italo Calvino's definition of a classic as "a book that has never finished saying what it has to say." Published in 1977, this novel continues to delight, educate, and challenge readers and in-

# Language, Literature & Drama

vites us to hear African American voices absent from the canon. Both a family saga of the Dead family—their odd surname the result of an intoxicated and indifferent Freedmen's Bureau agent during Reconstruction—and a coming-of-age novel, *Song of Solomon* is replete with memorable characters, historical analogues, and moral questions and quandaries that still exist. Each class we will explore the ideas and writing found in 50 pages of the novel. We also will view works by African American artists such as Gordon Parks, Elizabeth Catlett, Romare Bearden, and Faith Ringgold, whose art extends many of the novel's concerns. Morrison's belief that art is a collaboration between artist and reader/viewer is the bedrock of this class. • Lecture + Q&A; Facilitated discussion; Viewing videos.

**Please note:** To facilitate class discussion, students should use the specified edition of the novel.

**Required text:**

- Toni Morrison, *Song of Solomon* (9781400033423)

*Marjorie Lancaster has an undergraduate degree from Duke and a graduate degree from Tulane University. Since 2015, she has taught several interdisciplinary OLLI classes. As a member of the Toni Morrison Society, she has given presentations at national conferences. She believes a good class is fueled by curiosity, active engagement in the texts, and openness to new interpretations.*

- 8 Tue, Sep 22-Nov 10, 11:00am-12:15pm
- Online via Zoom
- Maximum: 18; Fee: \$90; Course ID: 3112

## The Poetry of Presence: Living Awake!

In "Wild Geese," Mary Oliver invites us into the world of the personal lyric poem. "Tell me about despair, yours, and I will tell you mine. / Meanwhile the world goes on." Oliver then describes the geese flying in "clean blue air." The poet

Gregory Orr informs us, "Human culture 'invented' the personal lyric as a means of helping individuals survive existential crises." Since antiquity, poetry has served as a balm, a healing art. It can lift us from despair, redirecting our attention and revealing possibilities. Neuroscience shows that hearing or reading a poem can change the brain, as pathways of cognition, empathy, and connection engage. This can move us into a newly awakened awareness. In this course, we will read and discuss poems that reframe trauma and hard times. We will focus on healing in nature, in society, in everyday life. We will discuss honored ancient and modern poets. Their transformative moments will be our springboard. You are invited to bring passion, curiosity, and your unique voice to our classes. • Facilitated discussion; Listening to audio recordings.

**Please note:** The instructor will provide a course website containing the syllabus and other useful information.

**Required text:**

- Phyllis Cole-Dai and Ruby R. Wilson, eds., *Poetry of Presence: An Anthology of Mindfulness Poems* (9780998258836)

*Jane Seitel has taught 10 OLLI poetry courses. She is an expressive arts therapist, writer, and teacher, and received an MEd from Lesley University and an MFA from Drew University. She has studied poetry, poetry in translation, and the art of the essay. She founded a poetry press for women over 50 and has published her poems and creative nonfiction in national and international journals.*

- 10 Tue, Sep 15-Nov 17, 11:00am-1:00pm
- Online via Zoom
- Maximum: 18; Fee: \$100; Course ID: 3107

## Jane Austen's World: England in the Regency Period

See listing on page 23.

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## A Linguistic Look at English: Hidden Structures and Reexamined Conceptions

What do linguists say about how people actually use English? What do you know about structures that underlie much of your language usage? Examples of those structures include how our language sounds can be classified and the principles that guide us in making conversational inferences. For example, there is a principle that says if I hold up four fingers and claim that I am holding up two, my claim is logically correct but pragmatically wrong. In class we will examine conceptions such as who decides what is grammatical, whether “It’s me” is ungrammatical, and the intuition that a language (versus a dialect) is easy to

identify. You will be given “teasers”/homework before each class to draw you into the issues that we will discuss in class. • Lecture + Q&A; Facilitated discussion.

**Please note:** Students are not expected to have had prior coursework in English or linguistics.

***Larry Nessly** received a PhD in linguistics from the University of Michigan. Locally, he has taught at UNC, Shaw University, and North Carolina Central University. In addition to graduate courses in phonology, he has taught the undergraduate courses Intro to Linguistics, Sociolinguistics, Advanced English Grammar, and History of the English Language.*

- 10 Thu, Sep 17-Nov 19, 9:00-10:15am
- Online via Zoom
- Maximum: 24; Fee: \$100; Course ID: 2650

## Lifestyles

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### If You Can Walk, You Can Dance

As told in an African proverb, “If you can talk, you can sing, if you can walk, you can dance,” and in this course we will dance to celebrate special occasions and just to have fun. Beginning with the ballet barre (a chair or counter will do fine), we will releve, plie, and stretch our bodies from head to toe. Next we will head to the dance floor (your living room or other space), where we will move to a different beat, song, and style each week. We will end class with some stretches that can be done on the floor or in a chair. No prior dance experience is necessary, just a willingness to explore the exciting and challenging ways we can move our bodies. • Active participation.

**Required supplies/fee:** Students will purchase materials (a yoga type floor mat, water bottle, dance shoes or non-slip socks, and a band or

belt for stretching) independently for an estimated cost of \$15.

***Sue Wartell** has been in love with dance and movement of all kinds since she was a four-year-old ballerina/tomboy. She has a BS in physical education, an MA in elementary education, and an MS in health education. She has taught PE/health in high schools for over 30 years and is currently a certified personal trainer/aerobics instructor with a specialty in Pilates/mat equipment training.*

- 10 Thu, Sep 17-Nov 19, 1:30-2:45pm
- Online via Zoom
- Maximum: 49; Fee: \$100; Course ID: 0442

### Meditate with the Voice & Sound

See listing on page 21.

# Lifestyles

## Functional Fitness at Home

So you've probably been walking a lot and perhaps biking and, now, swimming—if you have access to a pool. However, there are other important components of a well-rounded fitness program, and that's what this Zoom course will address. Time will be divided into segments focused on cardio and strength conditioning, balance basics, core strengthening, and maintaining flexibility. We'll have some fun with functional aging cognitive challenges as we move. The web page associated with the course will provide a common place to share links to other fitness resources. Our experience on Zoom training over the past months has underscored the importance of social connection to accessing the motivation and the boost of energy exercise can provide, especially in these times of greater confinement. It is recommended that you check with your physician before beginning a new exercise program.

- Active participation; Viewing videos.

**Please note:** We will use the equipment you've probably accumulated over your fitness career, or you can make your own with common household items such as bottles or cans. If you like using elastic tubes or bands, order ahead—there can be quite a wait time. Please wear comfortable clothing and have water handy. A special area set up with your mat and fitness equipment would be helpful. We will use stairs, if you have them, and/or a step stool.

***Julia Rose** has been a certified personal trainer with the American Council on Exercise since 2006 (when she started teaching at OLLI) and has added senior fitness and functional aging certifications and credits to her lifelong learning journey. She teaches fitness classes and offers personal training at the Forest at Duke as well as in her own garden.*

- 10 Tue, Sep 15-Nov 17, 9:00-10:15am
- Online via Zoom
- Maximum: 24; Fee: \$100; Course ID: 3173

## T'ai Chi: Mindfulness in Motion

See listing on page 22.

## Rhythms of the World

Rhythms of the World explores rhythms from different cultures in a fun, energetic atmosphere. Each week, students will experience a different culture through music and dance. Examples of this global exploration include the Bollywood rhythms of India, Latin American styles such as salsa, Celtic dances of the United Kingdom, and iconic American dances such as the Charleston and swing. No partner or dance experience is necessary in this course for active adults. Come burn some calories while you learn about the world! • Active participation; Lecture + Q&A; Viewing videos.

**Please note:** Please have ample open floor space, with about two to three feet of clearance in each direction, in order to move and experience the Rhythms of the World. Standing/walking is not required, as all activities can be completed sitting down as well.

***Andre Avila** was born in Bogota, Colombia, where he began to dance at the age of eight. Later, he expanded his repertoire to include South American folk dances and traditional Latin social dances. His training in ballroom dance began when he moved to the US. Since then, he has taught and competed professionally, specializing in ballroom and Latin styles, which he adapts to all ages and abilities.*

- 5 Tue, Sep 15-Oct 13, 3:30-4:30pm
- Online via Zoom
- Maximum: 24; Fee: \$60; Course ID: 2568

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## Meet&Greet

for new members, Wednesday, September 9.  
See page 9.



# Performing Arts

## Harp Master Class

Harp lessons and more! Harp students will bring to the Zoom harp community, music that is in need of a performance venue or simply works in progress. Sharing their victories and challenges, participants will introduce their pieces, perform in an open lesson format, and do a question and answer session with their fellow harpists. The goal is to grow and mature as harp performers. This class is open to beginner through advanced players. All participants are asked to submit their playlist of three pieces in advance and to perform. Areas of exploration include harp technique, pedagogy, and, yes, performance anxiety. Three students will present per class. • Active participation; Lecture + Q&A; Facilitated discussion.

*Principal harpist for the Fayetteville Symphony Orchestra, **Winifred Garrett** is adjunct harp instructor for NC State University, Methodist University, Guilford College, and Bennett College. Highlights from her career include performances with Stevie Wonder and Marvin Gaye, and tours in Italy, Switzerland, and Japan. Ms. Garrett is harpist for the five-star/five-diamond Umstead Hotel and Spa.*

- 10 Thu, Sep 17-Nov 19, 11:00am-12:15pm
- Online via Zoom
- Maximum: 20; Fee: \$100; Course ID: 3155

## It Took a Village: How Greenwich Village Gave Birth to the Music of the 1960s

The 1960s was a time during which everything was questioned and many things changed. The music of that time reflected the dramatic changes in popular culture but was also a catalyst for change, and it was born, to a large extent, in New York City. Greenwich Village was a magnet for musicians who were ready to expand the boundaries of the popular song to add meaning and tackle subject matter that was both personal and political. This course will explore the evolution of the music scene of the 1960s and the artists who surfaced in Greenwich Village during that decade.

We will listen to and discuss songs by musicians ranging from Bob Dylan, Joan Baez, and Richie Havens to Phil Ochs and Tom Rush. We will also consider how those roots nurtured other artists, some who were widely popular such as Simon and Garfunkel and Billy Joel, and some who were not but were nonetheless influential, such as Laura Nyro, the Youngbloods, and the Velvet Underground. • Lecture + Q&A; Facilitated discussion; Listening to audio recordings; Viewing videos.

**Required supplies/fee:** Although entirely optional, the instructor recommends that students get a subscription to Spotify Premium at \$9.99 per month (first 14 days free) to have full access to music playlists he will publish each week. There is also a free Spotify version with some limitations. Full details are at [www.spotify.com](http://www.spotify.com).

***Marv Meyer** majored in chemical engineering in the 1960s while he minored in Fillmore East. That legendary concert venue was just a few blocks from Cooper Union, his alma mater, as was Greenwich Village. He's since continued to attend many concerts and amassed a vast collection of vinyl and CDs in a relentless search for the lost chord.*

- 6 Wed, Sep 16-Oct 21, 1:30-3:00pm
- Online via Zoom
- Maximum: 24; Fee: \$75; Course ID: 3073

## Kander & Ebb 101: *Cabaret*, *Chicago*, and All That Jazz

John Kander and Fred Ebb have the twin distinctions of being the longest-running composer-lyricist team in Broadway history (42 years) and of having written the longest-running American musical on Broadway (*Chicago*). Their shows have won numerous awards and given us many standards of the Great American Songbook. Each online session will be primarily lecture with video and audio clips, but there will be an opportunity to submit questions and make comments. A course website will provide handouts as well as links to online videos. Guest appearances will include Liza Minnelli, Chita Rivera, Hal Prince, Frank Sinatra, and a sta-

# Performing Arts

dium full of New York Yankees fans. Come join us: after all, “life is a cabaret, old chum”—even if we have to enjoy it via Zoom. • Lecture + Q&A; Listening to audio recordings; Viewing videos.

## **Recommended text:**

- John Kander and Fred Ebb, *Colored Lights* (9780571211692)

**Alan Teasley** began his career as a high school English and drama teacher. In 2006, he retired, after working for 31 years in the Durham public schools. He also worked as a professor in Duke’s Master of Arts in Teaching program, retiring from that work in 2015. A member of the OLLI Board of Advisors, he is an avid theatergoer with a particular fondness for American musicals of the late 20th century.

- 10 Thu, Sep 17-Nov 19, 9:00-10:15am
- Online via Zoom; **Sessions are recorded**
- Maximum: 290; Fee: \$100; Course ID: 3157

## **Oy! A Play on Improv, Virtually**

Working in teams, this experience will explore our visual literacy. We will engage the principles of improvisation, Foley, and Laban, by elaborating on the concepts of Laban movement and infusing our experience with the sound artistry of Foley. Improv, Foley, Laban, oh my! Be prepared to play with these new ideas to make connections that will assist you in perceiving the world in a new way. A Zoom reality! All manner of creative spirits are welcome! • Active participation; Facilitated discussion; Zoom breakouts; Listening to audio recordings; Viewing videos.

**Please note:** All levels of experience are invited.

**Maria Piskor** began her 30-year career as a stage manager, designer, and director of a popular street theater in New York City. She is now a working teaching artist and a national-award-winning docent. She infuses theater into teaching science, writing, and art history for effective learning. She has continued her development with programs from MoMA Meet Me and the Lincoln Center Institute.

- 2 Thu, Nov 05-Nov 12, 11:00am-12:30pm
- Online via Zoom
- Maximum: 14; Fee: \$45; Course ID: 3162

## **Met Opera’s Live in HD 2020-2021**

Join us for an in-depth look at many of the operas that the Metropolitan Opera will present in its “Live in HD” program during the 2020-2021 season. Using PowerPoint, YouTube clips, and DVDs, we will learn about the composers and historical backgrounds of different operas, the singers who have sung and will sing each role, and variations in productions. The operas we will watch are Verdi’s *Aida*, *Il Trovatore*, and *Nabucco*; Beethoven’s *Fidelio*; Mozart’s *Die Zauberflöte* and *Don Giovanni*; Charles Gounod’s *Romeo et Juliette*; Jake Heggie’s *Dead Man Walking*; and Strauss’s *Die Frau ohne Schatten*. Special guests will include Ira Siff, the commentator for the Metropolitan Opera Saturday broadcasts (a two-part lecture on “magical mezzos” on Sunday, October 11, 2020), and NC Opera chorus master Scott MacLeod interviewing baritone Michael Mayes, who has sung in *Dead Man Walking*. • Lecture + Q&A; Interview; Viewing videos.

**Please note:** This course is suitable for experienced operagoers and for those who want to learn more. The instructor will provide class members with links to summaries of each opera that contain the background, the plot, and recommended reading and listening.

**Required supplies/fee:** An additional fee of \$25 has been added to the \$100 course fee to help cover the supplemental expenses for performers and special guests.

**Margie Satinsky**, a long-time opera lover, has taught OLLI opera classes since 2012. She has attended more than 125 performances in the US and Europe. To include music professionals from within and outside of North Carolina, she has made a special effort to invite a variety of guests to participate in her opera classes. Also, she is a founder and the president of the Triangle Wagner Society.

- 10 sessions: 9 Tue, Sep 15-Nov 17 (no class Oct 13), 1:30-3:00pm; 1 Sun, Oct 11, 11:45-1:15
- Online via Zoom; **Sessions are recorded**
- Maximum: 290; Fee: \$125; Course ID: 3160

# Religion & Philosophy

## Rumi & the Divine Love

This 10-week course covers the life, work, and teachings of the great 13th-century spiritual master Rumi, whose universal message of love transcends time and culture. Rumi is being recognized in the West as one of the greatest literary and spiritual figures of all time, and he has been described as the “best-selling poet” in the US. Throughout the course, Rumi’s masterpiece *Mathnawi* will be read. It teaches people how to be truly in love with God, and it has been viewed by many commentators as the greatest mystical poem in world literature. Following this spiritual text, each week a story or poem will be analyzed and discussed. Focusing on unforgettable images and metaphors in Rumi’s poetry and through reading the stories as a guide to the path of divine love, the practical steps of the spiritual journey will be discovered. Besides readings, the course will also include documentaries, recitations, audio, and video clips to experience the teachings of Rumi. • Lecture + Q&A; Facilitated discussion; Zoom breakouts; Listening to audio recordings; Viewing videos.

**Please note:** Prior to the course, the instructor will distribute the poems/texts from *Mathnawi* that will be discussed in class. For some weeks, breakout groups will be used for small group discussion.

### Recommended texts:

- Jalal al-Din Rumi, *The Masnavi, Book One*, trans. Jawid Mojaddedi (9780199552313)
- Kenan Rifai, *Listen: Commentary on the Spiritual Couplets of Mevlana Rumi*, trans. Victoria Holbrook (9781891785870)
- Franklin D. Lewis, *Rumi—Past and Present, East and West: The Life, Teachings, and Poetry of Jalal al-Din Rumi* (9781851685493)

**Esra Bayraktar** holds a PhD in mysticism from Ankara University Faculty of Divinity, an MA in communication from Michigan State University College of Communication Arts and Sciences, and a BA in English literature from Hacettepe University. She worked in various institutions, such as Dolmabahce Palace in Istanbul, Grand National Assembly of Turkey, and Michigan State University.

- 10 Wed, Sep 16-Nov 18, 11:00am-12:15pm
- Online via Zoom
- Maximum: 24; Fee: \$100; Course ID: 3166

## Ethics & the Human Condition: Nietzsche and Levinas

This course focuses on foundational ethics and the task of moral thinking by considering two philosophers dynamically opposed in the history of Western moral discourse: Friedrich Nietzsche and Emmanuel Levinas. We will examine their methodological approaches through short, close text readings, lectures, and active class discussions. We will start by reading selections from Nietzsche’s *On the Genealogy of Morals*. We will assess Nietzsche’s conception of the historical development of morality, its origins and causes, and his desire to move beyond the destructive impact of our moral tradition. We will then read excerpts from Levinas’s *Difficult Freedom* and *Totality and Infinity*. This will offer us a glimpse into an opposing model of ethics, where the concept grounding the human condition is “obligation to the human other.” Our goal will be to come to a better comprehension of each ethical model and its implications for our understanding of the human person and society. • Lecture + Q&A; Facilitated discussion.

**Please note:** Students of all levels are welcome—from the novice to those with training in the area. All are expected to schedule sufficient time for readings between class sessions, as we will often refer directly to them during lectures and discussions. Only the Nietzsche book needs to be purchased prior to class. Excerpts from the Levinas texts will be sent to you via e-mail.

### Required text:

- Friedrich Nietzsche, *On the Genealogy of Morals* (9780679724629)

### Recommended texts:

- Emmanuel Levinas, *Difficult Freedom: Essays on Judaism* (9780801857836)

# Religion & Philosophy

- Emmanuel Levinas, *Totality and Infinity: An Essay on Exteriority* (9780820702452)

**Ken Chiha** earned BA degrees with departmental honors in religious and political philosophy and in government (Franklin and Marshall College), an MTS degree in moral theology (University of Notre Dame), and an MA degree, along with PhD work, in Christian ethics (Loyola University Chicago). His areas of interest include theology, ethics, and political theory.

- 10 Thu, Sep 17-Nov 19, 3:30-4:45pm
- Online via Zoom
- Maximum: 24; Fee: \$100; Course ID: 3057

## Racism, Religion & Reconciliation: Tensions in America

Our country has labored for many years to make seemingly significant racial progress. However, we are currently faced with the challenge of defending against the threat that is attempting to unwind our enduring efforts of the past. We are confronted once again with an incendiary environment of racial tension. No group promoting its superiority over others will create a healthy and stable climate in America for authentic interracial harmony. Using a combination of lecture and guest presentations, we will address some of the hidden causes of racism and its psychological effects on our community life. In addition, we will highlight the value and importance of our humanity, which is common in all of us despite our race, religion, and ethnicity. You will have the opportunity to reflect on and discuss these concepts as they are presented in breakout rooms. • Lecture + Q&A; Facilitated discussion; Zoom breakouts; Viewing videos.

### Required text:

- Imam W. Deen Mohammed and Ronald Shaheed, *On Racism, Religion, and Reconciliation* (9780692983300)

### Recommended text:

- Carol Anderson, *White Rage* (9781632864130)
- Imam **Abdul Hafeez Waheed** has been an active student of Imam W. Deen Mohammed for 42 years.

For 29 years, the religious community in Durham has valued his leadership. Imam Waheed is an active instructor at OLLI. He is a frequent guest at religious institutions in the Triangle, presenting a series of lectures/discussions titled "Community and Public Education on Islam."

- 10 Thu, Sep 17-Nov 19, 11:00am-12:30pm
- Online via Zoom; **Sessions are recorded**
- Maximum: 290; Fee: \$100; Course ID: 3165

## Justice

All of us have opinions about what kinds of actions are just and what kinds are unjust, but it can be challenging to say what those opinions are grounded in. This course will explore what philosophers through the ages have written about justice. We will begin with the two most prominent contemporary philosophers on the topic, Robert Nozick (whom most conservatives like) and John Rawls (hero to many liberals). Then we will dip back into history to see how our current ideas evolved. We'll read some ancient accounts (from Plato and Aristotle) and several from modern times (from Gottfried Wilhelm Leibniz, David Hume, Immanuel Kant, John Stuart Mill, and Karl Marx). This will be largely a discussion course, so sign up if you like challenging reading and scintillating conversation. • Facilitated discussion; Zoom breakouts.

**Please note:** As this course will be an interactive small group discussion, it is important that all students can view each other. Accordingly students should plan to use a desktop or laptop computer rather than a tablet or smartphone.

### Required text:

- Jonathan Westphal, ed., *Justice* (9780872203457)

**Richard Prust** taught philosophy at St. Andrews University and is coauthor of *Personal Identity in Moral and Legal Reasoning*.

- 10 Fri, Sep 18-Nov 20, 11:00am-12:15pm
- Online via Zoom
- Maximum: 24; Fee: \$100; Course ID: 0510



# Science & Technology

## **Wine, Bees & Bones: How Isotopes Are Used to Solve Modern Mysteries**

One hundred and one years after machines capable of detecting isotopes were first built, humans are continuing to find ways of using isotopes to solve modern mysteries. (Isotopes are simply different forms of the same chemical element that differ in mass.) From antique delicacies (is that an authentic Chateau Margaux 1904?), to modern environmental concerns (can honey be used to pinpoint sources of air pollution?), and even to the future of space travel (can we better protect astronauts' bone health?), we will walk through some of the most interesting and innovative ways in which isotopes are being used today. We will start with a brief primer on the science behind isotope studies and then focus on case studies from archaeology, forensic science, environmental science, and finally health/medicine. Classes will consist of lectures punctuated with questions and discussion opportunities. There will be optional readings and supplemental class materials available on a course website. • Lecture + Q&A; Facilitated discussion.

**Please note:** Some recollection of high school chemistry may be helpful but is not necessary.

***Rachel Coyte** is a PhD candidate at Duke's Nicholas School of the Environment. Her work deals mostly with issues of water quality, from salinization in arid environments to contamination from fossil fuels.*

- 5 Thu, Sep 17-Oct 15, 9:00-10:15am
- Online via Zoom; **Sessions are recorded**
- Maximum: 290; Fee: \$60; Course ID: 3170

## **Climate Change: The Challenge**

This course will present a comprehensive analysis of the global climate challenge and will substantiate and discuss the following: Global warming has accelerated in recent years, ap-

proaching 1.2 degrees Celsius warming from the preindustrial era. Humanity's greenhouse gas emissions are the driver of the warming. Growing populations and increasing demand for resource-intensive goods and services have driven the dramatic emission growth over the last 50 years. Serious impacts are already occurring; much more serious ones appear inevitable. If warming is not limited to 2 degrees Celsius or less, uncontrollable "hothouse" warming is possible, due to cascading tipping points. It will be a monumental challenge to limit warming to 2 degrees Celsius or less; the Paris climate accord is a modest but important first step. In the near term, aggressive actions are needed at the local, national, and global levels to limit the warming and the associated potentially catastrophic impacts. • Lecture + Q&A; Viewing videos.

### **Recommended text:**

- "We Are Losing the Climate Change Mitigation Challenge: Is It Too Late to Recover?"; published paper available at [tinyurl.com/y596swr5](https://tinyurl.com/y596swr5)

***Frank Princiotta**, a retired research director at the Environmental Protection Agency, has a degree in chemical engineering from the City University of New York and a nuclear engineering certificate from ORSORT. He authored scientific papers on air pollution and climate change, is a frequent speaker before technical societies, and has testified before Congress.*

- 6 Wed, Sep 16-Oct 21, 3:30-4:45pm
- Online via Zoom
- Maximum: 290; Fee: \$70; Course ID: 2858

## **A Hitchhiker's Guide to AI: Where We Are, and Where We're Going**

Over the last few years, artificial intelligence has become a major player in many spheres—industry, commerce, social media, arts, and entertainment, among others. Its influence is certain to become both broader and deeper. Many of these advances are for the common good, but some,

# Science & Technology

less so. The aim of this course is to help us understand what AI is, examine its trajectory, and set expectations for its impact on society in general and jobs in particular. We will look at both narrow and general AI; what makes AI different from traditional information technology/programming; a brief history of AI; some case studies, successful and otherwise; the footprint of AI (both overt and covert) today; and where AI is headed, as forecast by academics and industry specialists. Along the way, we will look at classic AI milestones, AI in games, as well as the current state of the art. We will end by considering the “singularity,” the point in time predicted by some when AI growth becomes uncontrollable. • Lecture + Q&A; Listening to audio recordings; Viewing videos.

**John Prager** has recently retired from a career in AI research at IBM. John has built many intelligent systems over the last 45 years, including the Watson system that won Jeopardy! in 2011. He has degrees in AI, computer science, and mathematics from the University of Cambridge and the University of Massachusetts. He has about 100 publications, including books, research papers, and patents.

- 6 Wed, Sep 16-Oct 21, 9:00-10:15am
- Online via Zoom; **Sessions are recorded**
- Maximum: 290; Fee: \$70; Course ID: 3047

## Ascent of Man

Drawing from the title and concept of the renowned classic J. Bronowski's *The Ascent of Man*, we will discuss how Homo sapiens became the dominant animal species on the planet, has altered the land surface over most of the globe and has begun to modify the atmosphere and oceans. From a geologic viewpoint, this is a very recent event. There has been life on Earth for four billion years, but Homo sapiens has been around for only 300,000 years and has been the “master of the planet” for even less time. What can we say about this unique event in the history of life on our planet? This course will cover aspects of humans’ dominant role and explore the unique nature of

our species that has enabled this dominance. Lecture topics: (1) History of Life; (2) History of Homo sapiens; (3) Cognitive Revolution; (4) Agricultural Revolution; (5) Scientific Revolution; (6) Industrial Revolution; (7) Shared Beliefs; (8) Shared Beliefs, Countries, and History; (9) What’s Next?; (10) Life in the Universe.

• Lecture + Q&A.

**Arch Reid** was an undergraduate at the University of St Andrews and is a retired professor of geology, having previously worked at the University of Western Ontario, Mellon Institute, the University of Pittsburgh, Scripps Institution of Oceanography, the Australian National University, NASA’s Johnson Space Center, the University of Cape Town, and the University of Houston.

- 10 Mon, Sep 14-Nov 23 (no class Sep 28), 3:30-4:45pm
- Online via Zoom
- Maximum: 290; Fee: \$100; Course ID: 3147

## Genealogy 101: Finding Your Past Using Today’s Technology

See listing on page 40.

## Pandemics & Plagues: Infectious Diseases in Humans

Infectious diseases have had a major impact on human populations throughout history, as exemplified by the COVID-19 pandemic we are currently experiencing. Over the span of six classes, we will establish a baseline understanding of disease-causing “germs”—the viruses, bacteria, and more that make humans sick. We will delve into specifics of COVID-19, its predecessor SARS, and influenza, as well as diseases spread by lice, fleas, and rats. Poxes including smallpox, syphilis, and “childhood diseases,” plus flash-bang outbreaks like Ebola will be explored. Slow-burning epidemics like tuberculosis will be examined as will HIV/AIDS and malaria—the “big three” infec-

tious disease killers in the world today. Classes will be interactive and highlight cultural context using video recordings, music, and other arts, while being technically accurate and content rich.

- Lecture + Q&A; Listening to audio recordings; Viewing videos.

**Please note:** Questions and discussions about topics will be encouraged, but personal ailments and diagnostic dilemmas (i.e., clinical medicine) will be off-limits.

**Recommended texts:**

- Rene and Jean Dubos, *The White Plague* (9780813512242)
- Jared Diamond, *Guns, Germs, and Steel* (9780393317558)
- John M Barry, *The Great Influenza* (9781101200971)

- John D Hamilton, *The History of Infectious Diseases at Duke University in the Twentieth Century* (9781483423760)

**Carol Dukes Hamilton, MD, MHS**, is an infectious diseases physician and emeritus Duke professor with more than 100 peer-reviewed publications. Her career spans work in the US, Asia, and Africa. Her awards include the CDC's Shepard Science Award, TB Controllers' Robert Koch Award, the TB Control Cooperation Award from the China Clinical Center on Tuberculosis, and the CDC's Fred Gordin TBTC Award.

- 6 Wed, Oct 14-Nov 18, 1:30-2:45pm
- Online via Zoom; **Sessions are recorded**
- Maximum: 49; Fee: \$70; Course ID: 3163

## Society & Culture

### Good Conversations, Good Relationships

Effective communication is essential in strong relationships. Yet, do you sometimes wonder how someone could possibly misunderstand what you know you said perfectly clearly? Do you ever feel that someone is not listening or just hasn't heard you? Perhaps you wonder what is wrong with the relationship? In this course, participants will gain an appreciation of different styles of communication and some variables that cause misunderstandings. Remember that humans are multisensory beings whose behavior gravitates toward the sensory preference that their brain registers most easily. Participants will come away with knowledge of how sensory preference affects communication as well as knowledge of their own sensory preference style and how to apply it to reduce misunderstandings.

- Facilitated discussion; Zoom breakouts; Listening to audio recordings.

**Alita Bluford** earned an MS from Eastern Michigan University in human resources—organizational development. She has extensive experience in managing interpersonal communications and has studied the misunderstandings that occur between multiple generations. Her experiences with different workplace and employee demographics have ignited her passion to make lives better by improving communication.

- 4 Wed, Sep 16-Oct 07, 11:00am-12:15pm
- Online via Zoom
- Maximum: 24; Fee: \$40; Course ID: 3154

### A Purposeful Practice: The Freelon Group and Design for All

See listing on page 13.

# Society & Culture

## **Ethics & the Human Condition: Nietzsche & Levinas**

See listing on page 35.

## **Baseball in North Carolina**

Once upon a time, long before college basketball and football became so popular, baseball was king in North Carolina. Black or White, rich college student or poor mill worker, it was the sport everyone played. In addition to providing entertainment for well over 100 years, baseball has been very socially important to communities, particularly in the years before television. Later, in the 1950s and '60s, it helped serve as an instrument of social change by racially integrating well before other aspects of Southern society. In addition, the careers of numerous big-league stars began in the state. This course will cover the rich history of baseball in North Carolina, from the earliest years to the boom of the professional game in the 1930s and '40s, the decline of the 1970s, and a rebirth in the 1980s. Other subjects will be Black baseball, textile mill baseball, and the stadiums and ballparks of the state. • Lecture + Q&A.

*Chris Holaday has written several books on the subject of baseball. He is a graduate of UNC-Chapel Hill, has a master's degree in history from North Carolina Central University, and is a member of the NC Association of Historians and the Society for American Baseball Research.*

- 8 Tue, Sep 15-Nov 3, 3:30-4:45pm
- Online via Zoom
- Maximum: 290; Fee: \$90; Course ID: 3148

## **Explorations in Black Culture: Durham's African American Contributors to a City's Evolution**

See listing on page 25.

## **Genealogy 101: Finding Your Past Using Today's Technology**

Traditional genealogy has for decades involved researching one's family history and finding relatives by physically searching documents in libraries, archives, courthouses, and homes. Today's genealogists incorporate different technologies into their research. In this course, attendees will learn (1) how to use traditional genealogical research as well as multiple online databases to find ancestors and build a family tree, (2) how to develop a research plan and to document findings, (3) how to decide if DNA can help find ancestors when traditional research has failed, (4) how to choose the right DNA test with the right company, and (5) how to organize one's research on a computer or using paper, whether the records are documents or DNA matches. • Lecture + Q&A; Facilitated discussion.

**Please note:** This course is appropriate for beginner genealogists and those with some experience who want to expand their genealogical research skills and consider adding DNA as a tool for their genealogy research.

### **Recommended text:**

- Kimberly Powell, *The Everything Guide to Online Genealogy*, 3rd ed. (9781440570681)

**Elizabeth (Beth) Balkite** is a board-certified genetic counselor. Since retiring in 2012, she has studied genealogy and researched her own family history using DNA as well as many of the tools currently available to genealogists. She is one of the few genetic counselors who teach genetic genealogy and has taught at Duke OLLI for the past four years.

In the late 1980s, **Melanie Crain** began pursuing her family's genealogy, a passion she has followed ever since. She worked as a volunteer at the North Carolina state archives, was a registrar for her DAR chapter, and edited a family genealogy e-newsletter for twelve years. She has taught Mac users for OLLI for several years.

- 8 Tue, Sep 15-Nov 03, 11:00am-12:15pm
- Online via Zoom
- Maximum: 49; Fee: \$90; Course ID: 3174



## Cutting the Cable Cord

See listing on page 16.

## The New New New Journalism

The role of journalism is forever controversial. From muckraking exposes in the 19th century to current condemnation as “the enemy of the people,” the reporting and publication of news is praised and vilified. Technology amplifies everything: The Internet is destroying newspapers’ advertising income, cell phones and Twitter make television news seem irrelevant, and Zoom interviews are an unexpected outcome of the coronavirus pandemic. Such new storytelling techniques are becoming the norm. At the same time, the notion of objectivity is challenged by audiences that seek a reflection of their own beliefs and values. Journalists are torn between being even-handed and reporting with “moral clarity” about racism and politics in society. Overlaying these concerns about fairness and fact-checking is the looming 2020 presidential election. We will explore whether ethical standards are changing, among other questions. The class format is a lecture plus questions and facilitated discussion. • Lecture + Q&A; Facilitated discussion; Listening to audio recordings; Viewing videos.

**Timothy J. McNulty** is a former correspondent and editor at the Chicago Tribune and a former lecturer at the Medill School of Journalism at Northwestern University.

- 6 Wed, Sep 16-Oct 21, 9:00-10:15am
- Online via Zoom
- Maximum: 49; Fee: \$70; Course ID: 3168

## The Holocaust: It Didn’t Start with Gas Chambers

See listing on page 27.

## New Lens: Ways to Thrive in the Third Age

Join us for four different perspectives on thriving in the Third Age. • Lecture + Q&A; Facilitated discussion; Viewing videos.

“Finding Your Purpose”—The Third Age is a unique phase, with new opportunities for growth and fulfillment. This session focuses on the transition into a new model for finding satisfaction and purpose. (Corinne Schillin)

“OLLI Civic Engagement in Durham”—OLLI’s Community Engagement Committee leads an exploration of ways to engage in Durham. How can our passions and interests be fulfilled through engagement? (Virginia S. Lee, PhD)

“Health Care Is the New ‘Wealthcare’”—Being financially prepared and living well are the goals of most retirees. Health care costs have a direct impact on wealth. (Lisa Gabriel, CFP®, ChFC®)

“The Empowered Caregiver”—Millions of seniors rely on family-based care. This session provides practical information and guidance for family caregivers from an empathetic perspective grounded in first-hand experience and framed by compelling ethical principles. (Willetha and Harold Barnette)

### Recommended text:

- Willetha Barnette and Harold Barnette, *The Caregiver’s Secrets* (9780998203225)

**Dick Chady** is an experienced journalist, communications director, and advocate for progressive causes. He has developed materials or presented trainings on how nonprofits can improve their public relations efforts, health topics, the living wage, and Medicaid expansion. He has organized the New Lens courses since spring 2016 and served on the OLLI Board of Advisors.

- 4 Wed, Oct 28-Nov 18, 11:00am-12:15pm
- Online via Zoom
- Maximum: 24; Fee: \$40; Course ID: 1977

# Society & Culture

## **Criminal Justice, Social Justice: Faceless No More**

Recent events have highlighted problems with the criminal justice system and our larger social fabric, both locally and across the country. This 10-week online course will give you new insights and perspective about the situation. You'll meet former prisoners, activists, and others who know the criminal justice system well. Expert speakers will discuss the human and financial costs of our current system, the history of our laws, and possible new approaches. We will also examine our civil rights history, which is tied closely to the criminal justice system, and hear from people and organizations involved with civil rights landmarks. Two or three class sessions will include presentations from Bryan Stevenson's Equal Justice Initiative and the Legacy Museum, a museum in Alabama that explores the history of slavery and racism in America. This course builds on a spring course and summer online course. All are welcome. • Lecture + Q&A; Facilitated discussion; Viewing videos.

**Mark Hall** recently completed a 10-year prison journey that has given him a unique perspective into the world of criminal justice and social justice. At 50, after a life of privilege and career status, he found himself behind prison walls. During his time of incarceration, he made many discoveries worth sharing.

**Robin Emmons** is an award-winning social entrepreneur and owner of Robin Emmons Consulting. She has been recognized by CNN Heroes, 50 Most Influential Women, and Athena International, and covered in national and local media. She is a highly sought after consultant and speaker, Global Eisenhower Fellow, William C. Friday Fellow for Human Relations, and proud resident of the Bull City since 2019.

- 10 Wed, Sep 16-Nov 18, 9:00-10:15am
- Online via Zoom; **Sessions are recorded**
- Maximum: 290; Fee: \$100; Course ID: 3150

## **Symposia: Excursions and Diversions**

Symposia is an established OLLI favorite, and fall term promises to live up to the tradition. Once again, we bring you a broad array of professionals from a variety of interesting fields. This is your opportunity to learn about their work. Join us.

- Lecture + Q&A; Viewing videos.

**Please note:** We are pleased to announce these lectures for the fall 2020 term, but bear in mind that the program is subject to change due to unanticipated changes in the presenters' schedules.

**Sept 15:** Jerry Sander, LCSW, with clients nationwide, will be talking with us about "gray divorce" and why it happens, even though it might be expected that people our age would treasure and need each other. Facilitated by Mike Smith.

**Sept 22:** Clinton Boyd Jr., postdoctoral associate, Samuel DuBois Cook Center on Social Equity, Duke University, will present "Durham's Black Wall Street: Finding Freedom through Entrepreneurship." Facilitated by Jim Hollowood.

**Sept 29:** Cynthia Powell, MD, medical geneticist and professor of pediatrics and genetics at UNC, will give a talk titled "Babies and Genomic Screening." In 2014, the director of the US National Institutes of Health predicted that all newborns would have their genomes sequenced at birth, setting the stage for a lifetime of medical care and self-directed preventive actions utilizing personalized medicine. We are now at a time when this is possible, but should we be doing it? The benefits and risks will be discussed in this presentation. Facilitated by Diane McGrath.

**Oct 6:** Kathleen Cody, executive director of American Bone Health; Margaret Chesson, PT; and Paul Moore, PhD, RD, will talk about the importance of physical exercise, nutrition, and sleep as we age. Facilitated by Mike Smith.

**Oct 13:** William Sandifer, RDU Airport Authority's

senior vice president and chief operating officer, will brief us on how the airport is coping with the challenges facing it today and the changes expected in the next few years. People who write strategic plans talk about their plans being “overtaken by events,” and that happened at RDU. The demands on RDU grew much faster than planned for, only to have the airport suffer a serious decline in services and income due to the pandemic. Facilitated by Mike Smith.

**Oct 20:** Dan Reichart, professor of astronomy at UNC-Chapel Hill, will be taking us on a tour of the outer planets of the sun. Professor Reichart was a speaker in Symposia’s first semester in 2006, and he’s been a favorite ever since. Facilitated by Mike Smith.

**Oct 27:** Janet Shaffer, licensed acupuncturist at Duke Integrative Medicine, will discuss the emerging role of acupuncture in our health care system. Facilitated by Mike Smith.

**Nov 3:** On Election Day, Jim Hollowood, a Symposia coordinator, will examine four presidential voting systems, including the one currently used. Suggested homework will be e-mailed prior to the session. The participants will be asked to vote using Zoom during the session.

**Nov 10:** Joshua Vasquez is a licensed massage therapist at UNC Wellness Center in Cary. This presentation will explore massage therapy as a healing modality, highlighting benefits, applications, and some techniques that may be used without a therapist. He will discuss some misunderstandings to help bring clarity to this alternative medicine, and some of the best practices to begin a massage regime. He will make sure you have all the information necessary to set about integrating this healing art into your life. Facilitated by Diane McGrath.

**Nov 17:** Deondra Rose, assistant professor, Sanford School of Public Policy, Duke, will present analysis and comment on how women candi-

dates performed in the 2020 elections. Her talk will depend on the electoral results, and she may be assisted by others who study election activities. Facilitated by Jim Hollowood.

***Mike Smith** is a retired marketing executive. For five years, he organized the OLLI at Duke Wine Society. He also sits on the Duke Medical Institutional Review Board. He has been an OLLI instructor and class assistant.*

***Jim Hollowood** was a manager in educational and nonprofit organizations. He is assisting in the development of an OLLI public policy interest group.*

***Diane McGrath** began her career in education teaching in a two-room school. She earned a PhD with a focus on health care delivery systems. She was the first director of the education, communication, and outreach programs for the Duke Comprehensive Cancer Center; assistant dean at the University of Illinois College of Medicine; and assistant dean at Emory University, developing the Rollins School of Public Health. She’s been a member of OLLI for 21 years, teaching, initiating the Curriculum Committee, class assistant, and member of the Board of Advisors.*

***Edwin Cox** is a retired oncologist. Ed has a number of interests and brings an in-depth scientific approach to ecology, climate change, and, most recently, nutrition. He has taught many OLLI courses.*

***Tony Waraska** was the cofounder of Symposia in 2006, along with his wife, Harriet. His career included using his engineering skills to develop analytical instruments, and later he became a CEO for a high-tech company. Tony has experience flying, sailing, and golfing. He was a 13-year member of the Duke Medical Institutional Review Board.*

- 10 Tue, Sep 15-Nov 17, 1:30-2:45pm
- Online via Zoom
- Maximum: 290; Fee: \$100; Course ID: 3096

### **OLLI Fall Registration**

Online registration for fall term opens  
9:00am **Tue, Sep 1**, for Mon/Tue courses, and  
9:00am **Wed, Sep 2**, for Wed/Thu/Fri courses

**[learnmore.duke.edu/OLLI](https://learnmore.duke.edu/OLLI)**

# Writing

## Writing Your Memoir: Experiences, Recollections, Events

Perhaps you have been reflecting on your childhood, or school days, or the beginning of your career. Maybe you have even thought you would like to collect these thoughts in writing. This course will facilitate this process and assist you in placing your memories in context. We will read excerpts from published memoirs, including *Teacher Man* by Frank McCourt, *This Boy's Life* by Tobias Wolff, and *Becoming* by Michelle Obama. We will discuss what makes a memoir distinctive, and which events to highlight. Most important, we will share our own writings with each other and provide nonjudgmental feedback. This course will assist you in shaping and discussing your memories. • Active participation; Facilitated discussion.

**Required:** In addition to the device being used for the online class, students should have a paper or digital notebook for their in-class writing assignments.

### Recommended texts:

- Frank McCourt, *Teacher Man: A Memoir* (9780743243780)
- Tobias Wolff, *This Boy's Life* (9780802149077)
- Michelle Obama, *Becoming* (9781524763138)

An English teacher by training, **Jane Gabin** has taught at OLLI before and has written a novel, *The Paris Photo*. She is currently working on her own memoir and has first-hand experiences to share.

- 6 Thu, Sep 17-Oct 22, 3:30-5:00pm
- Online via Zoom
- Maximum: 14; Fee: \$75; Course ID: 3171

## Creative Prose

Do you have stories from your life or the history of your family you want to share? Do you use your imagination to create stories? This course will cover all aspects of prose writing from short stories and novels to memoirs and personal essays. In addition, the course will include readings and discussions focusing on key aspects of the writing craft, including transforming your raw material, developing your own voice, writing scenes and dialogue, developing characters, establishing a narrative point of view, and structuring longer works. A series of exercises will give you a chance to practice these skills. We will examine the editing process and also look at different methods of publishing your writing. Class members will have their writing critiqued by the class in a professional, nonthreatening workshop format. The course is open to all levels of writers from beginners to published writers. The goal is to have fun and share our stories. • Active participation; Facilitated discussion.

**Paul Deblinger** is a writer and actor. He has an MA in creative writing from Hollins College and an MFA from Bowling Green State University. He has published stories, essays, poems, and articles in many publications and served as marketing director for Eclipse Press. He was cofounder of Window and Mid-American Review. His story "Kafka's Team" was nominated for a Pushcart Prize in 2019.

- 10 Wed, Sep 16-Nov 18, 6:30-8:30pm
- Online via Zoom
- Maximum: 10; Fee: \$100; Course ID: 2697

## Help Shape the OLLI Curriculum

The majority of courses being taught at OLLI were suggested by our members. Is there a course you would like to take that is not offered? Do you know someone who would be a great instructor? Are you interested in teaching a course in an area of your interest/passion? Contact Beth Anderson, chair of the Curriculum Committee, at [curriculum@olliatduke.org](mailto:curriculum@olliatduke.org).



# Activities & Special Interest Groups (SIGs)

*Activities, special events, and special interest groups are an integral part of the OLLI learning community and provide opportunities to connect outside class. For questions regarding activities, special events, or SIGs, please contact Kathy Parrish at [Kathy.Parrish@duke.edu](mailto:Kathy.Parrish@duke.edu).*

**Attention:** *Because of COVID-19, most SIGs are currently inactive (indicated with an asterisk); however, some are still meeting via Zoom.*

## **Book Group\***

For more information, please contact Judy Grauer at [judygrauer@gmail.com](mailto:judygrauer@gmail.com) or 919-416-0755.

## **Craft Group\***

For more information, please contact Judy Grauer at [judygrauer@gmail.com](mailto:judygrauer@gmail.com) or 919-416-0755.

## **Foodie Field Trips**

This is a “virtual” SIG, organized by e-mail and via the SIG website: [foodiefieldtrip.weebly.com](http://foodiefieldtrip.weebly.com).

## **International Folk Dance**

For more information, please contact Judy Stafford at 919-383-7172 or [Judy.Stafford@alumni.duke.edu](mailto:Judy.Stafford@alumni.duke.edu).

## **Language Tables\***

Officially, **la Table Française** is still on hiatus for the fall term. We look forward to being able to gather around the table again in the future. Coordinators: Emily Lees, [emilyjlees@gmail.com](mailto:emilyjlees@gmail.com), and George Entenman, [olli@entenman.net](mailto:olli@entenman.net).

**Spanish Table**—Coordinator: Margaret Riley, [mrileync@gmail.com](mailto:mrileync@gmail.com).

## **Mac Computer Users Group\***

Coordinators: Mary Jo Fickle, [fickle5@aol.com](mailto:fickle5@aol.com), and Susan Eure, [asure@bellsouth.net](mailto:asure@bellsouth.net).

## **Mystery Book Club**

The club is currently meeting via Zoom on the second Tuesday of the month from 2:00 to 3:00pm. For more information and details about the link/password, please contact Madeline “Maddy” Kalstein at [madkalstein@gmail.com](mailto:madkalstein@gmail.com).

## **OLLI Singles**

OLLI Singles group is meeting via Zoom the first and third Wednesdays of each month from 1:00 to 2:00pm. For more information, contact [olliatdukesingles@gmail.com](mailto:olliatdukesingles@gmail.com).

## **Retirement Transition Group**

This informal drop-in group is for OLLI members who are going through transitions in retirement and perhaps experiencing some challenges. The group meeting provides an opportunity to adjust our mindset to this new phase of life, raise awareness of shared concerns, offer ideas that have worked, recommend resources, and connect with other OLLI members who are going through the same experiences. People can drop in at any of the meetings. There is no charge. The group meets via Zoom on the second Friday afternoon of the month at 1:30pm. To learn more and to be put on a mailing list for meeting reminders, contact Corinne Schilllin at [cschilllin@yahoo.com](mailto:cschilllin@yahoo.com) or 919-537-8450.

## **Science Book Club**

The OLLI Science Book Club is meeting via Zoom at our regular first Thursday of the month at 3:15pm. The coordinator sends out an invitation a week before our meetings to our mailing list. Contact Daniel.Oldman@gmail.com for more information.

## **The OLLI Public Policy SIG\***

The OLLI Public Policy Group is one of the more recently established SIGs. We have enjoyed our frequent Friday meetings on the Duke campus and participation in relevant Sanford School discussions, but have postponed future meetings indefinitely. We occasionally share e-mails about OLLI and other Duke Stanford School Zoom and online events that members can participate in. Coordinators: Larry Reed ([lgreed3@gmail.com](mailto:lgreed3@gmail.com) or 919-452-3896) and Jim Hollowood ([jhollowood@gmail.com](mailto:jhollowood@gmail.com)).

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## Meet&Greet

for new members, Wednesday, September 9.  
See page 9.

# Registration FAQs

Despite moving to a two-day registration, members can often find registration to be challenging. To make your registration experience easier and less stressful, here are answers to some frequently asked questions.

## **Where do I go to register online?**

Go to URL [learnmore.duke.edu](http://learnmore.duke.edu) and click on “Student Login.”

## **I’m new to OLLI. How do I join?**

You need to create an account first. Go to [learnmore.duke.edu](http://learnmore.duke.edu) and click on “Student Login,” then fill in the information requested under “I am a new user.”

After clicking “Continue,” you will be taken to a page where you can create an account.

You can purchase a membership in one of two ways: (a) Log in to your account, find “Special Requests” on the left, and click it to purchase an OLLI membership; (b) purchase your membership when you register for courses (if you do not have an active membership, one will be automatically added to your cart) which you can pay for via credit card upon checkout.

*We encourage you to do this **before** our Registration Days.*

## **I can’t find my User Name or Password. Can I get a new one?**

Yes. If you have registered before, you have an account in our registration system. Go to [learnmore.duke.edu](http://learnmore.duke.edu) and click on “Student Login.” On the next page (under the left column labeled “I already have an account”), click “Forgot User Name” above the boxes and enter the e-mail you used when you joined OLLI at Duke. The system will send a User Name to your e-mail. Look in your e-mail to find the User Name and write it down or, better yet, use the copy-and-paste function on your computer.

Now go back to the website, which should have returned you to the Student Login page, and click “Forgot Password” above the second box. Here you will enter your User Name by typing it in or pasting from your clipboard. The system will send a new Password to the same e-mail account. Copy that and enter it into the Password field on the Student Login page, then enter or copy-and-paste your User Name and click “Continue” to log in. *We encourage you to do this before Registration Day so that you are comfortable logging in.*

## **I know my User Name and Password but they don’t seem to be working.**

Check to make sure that you are using a capital “X” in your User Name; the characters following the X are all numerals. The system will not accept a small “x.” Also check to see that, if you copied and pasted the User Name, you did not include any blank characters at the end of your User Name. Make sure you include all letters (case sensitive), numbers, and symbols in your password. It is best to copy and paste your password when possible. *We encourage you to practice logging in before our Registration Days.*

## **I tried that and it still doesn’t work.**

Stop! Do not try it a third time or you will be locked out of the system! Please contact [Kathy.Parrish@duke.edu](mailto:Kathy.Parrish@duke.edu) to reset your account. It is better to retrieve your User Name and Password from the system, using the procedure described above, and proceed from there.

## **How can I tell if I have a paid membership?**

Log in using the procedure above. Then click on “My Profile” on the left menu. Next, scroll down to “Membership Information” to see what OLLI Membership you have and when it expires. If you do not see “Membership Information,” then you

do not have an active OLLI membership. If you do not have an active OLLI membership, you can then purchase a membership in one of two ways: (a) Log in to your account, find “Special Requests” on the left, and click it to purchase an OLLI membership; (b) purchase your membership when you register for courses (if you do not have an active membership, one will be automatically added to your cart) which you will pay via credit card upon checkout.

### **What’s the fastest way to add courses to my Shopping Cart?**

Our website offers different ways to search courses:

1. Search Courses Link: The most direct way to find your course is to go to [learnmore.duke.edu](http://learnmore.duke.edu), click on the link “Search Courses” located on the second horizontal menu at the far right, and enter either the four-digit course number or a portion of the name. Click on the link to the course, click on the “Add to Cart” button, and follow steps to checkout.

2. By Day of the Week or by Category: Go to [learnmore.duke.edu](http://learnmore.duke.edu), click on “Osher Lifelong Learning,” click the down-triangle labeled “Show” under “Courses,” and click on the tab “View by day” or “View by category.” Click on the course title to get to the course page, click on “Add to Cart,” and follow steps to checkout.

3. Search Box: You may also enter the course number or part of the title into the search box that appears on every page at the top right, under the shopping cart symbol. This will search the entire site and may also retrieve results from the PDF version of the course catalog. Click on the appropriate link for the course, click on “Add to Cart,” and follow steps to checkout.

**Please note:** Because this is a Google search box refreshed by Google, it may not have the most up-to-date information.

### **Why do I have to give my User Name and Password again when I go to check out?**

Note that if you begin by adding courses to your cart without logging in to your account, you will be prompted to log in once as part of checkout. If you are more comfortable logging in to the Student Portal first, then selecting your courses, you will be prompted to log in a second time for this reason: In order to protect the personal information stored in your student profile, we require that you log in again as part of the inquiry or registration checkout process. Logging in again also prevents students who share a computer from accidentally enrolling the wrong person.

### **I entered my credit card number at check-out but the system seems to have locked up. What happened?**

If you entered a Visa card number and checked MasterCard by mistake, the system will go into a long hold while it tries to reconcile that the number and card don’t match. It will eventually return to normal, with an error message alerting you to reenter your payment information. The same is true for any mistaken account number or mismatch between card number and card type.

### **Where is the paper form? Can I register by calling the office?**

Because all of the OLLI staff and OLLI registration team are working remotely and we do not have access to the secure terminal for credit card processing, you must register online.

#### **OLLI Fall Registration**

Online registration for fall term opens at 9:00am **Tue, Sep 1**, for Mon/Tue courses, and at 9:00am on **Wed, Sep 2**, for Wed/Thu/Fri courses.

**[learnmore.duke.edu/OLLI](http://learnmore.duke.edu/OLLI)**

# OLLI Contact Information

For Information about OLLI at Duke, OLLI Membership, and Registration for Fall 2020 Courses:  
**learnmore.duke.edu/olli**

For Instructor Concerns/General Feedback: Director of OLLI at Duke, **Chris.McLeod@duke.edu**

For Operations/Special Interest Groups/Instructor Support: **Kathy.Parrish@duke.edu**

For Communications/Newsletter/Technology/Member Support: **Betina.Huntwork@duke.edu**

For Technical Support: **techsupport@olliatduke.org**

For Registration Issues/Drop Courses: **learnmore@duke.edu**

## Course Schedule Worksheet

Use this form to create your fall term schedule. Refer to it while registering online You can also use the form to track course confirmations or wait-list status.

Course Title	Day	Time	Fee	ID#	Page	Accepted / Wait List
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