

# For the Love of Learning

Osher Lifelong Learning Institute at Duke University



OLLI  at Duke

Spring 2020

# Welcome!



Welcome to the Osher Lifelong Learning Institute at Duke University.

**Our History:** OLLI at Duke began in 1977 as the Duke Institute for Learning in Retirement (DILR) as part of Duke Continuing Studies under the direction of Dr. Paula Gilbert. We began as a joint venture of Continuing Education and the Center for the Study of Aging and Human Development, and our membership has grown from the original 42 members to more than 2400 members.

DILR became the Osher Lifelong Learning Institute (OLLI) in 2006 when we received the second \$1 million grant, and our name was changed to reflect the Bernard Osher Foundation's generous contribution. Today, OLLI at Duke is one of the oldest and largest (#7) institutes within the Osher Lifelong Learning Network, a group of more than 123 institutes across the country dedicated to meeting the needs of older learners and extending the demographic reach of colleges and universities.

**Our Mission Statement:** The Osher Lifelong Learning Institute at Duke University, called OLLI at Duke, seeks to engage the minds, elevate the spirits, and foster the well-being of its members through a wide range of educational programs and opportunities for volunteer service and social activity. We exemplify Duke University's commitment to community service and lifelong learning through our collaborative work with academic and professional groups, area retirement centers, various research projects on aging, and other institutes for learning in retirement.

We are a learning community. The OLLI Curriculum Committee, comprised of more than 30 volunteers, is responsible for curating the courses and recruiting the instructors for more than 400 courses a year. These volunteers invest hundreds of hours meeting with prospective instructors and coaching them through the course proposal process. OLLI members have wide-ranging interests in history, literature, the natural and social sciences, fine arts, and current events. While our courses conform to an arts and sciences curriculum, we also offer workshops on a variety of topics that don't necessarily meet that criterion. Our course offerings are based on members' requests, the expertise of class leaders, variety, and balance. OLLI at Duke instructors include peer teachers, university professors, graduate students, independent scholars, business professionals, artists, writers, and community experts.

**We embrace "learning for the love of it."** Our members and instructors appreciate the fact that there are no tests, grades, or educational requirements. While OLLI courses rarely require homework, active participation is essential, ranging from contributing to class discussion to sharing the results of one's own research and keeping up with assigned readings.

**OLLI is growing!** OLLI courses are offered at 23 locations in Durham, Wake, Orange, and Chatham Counties. Most classes are held in the education building at Judea Reform Congregation, 1933 W. Cornwallis Road in Durham, and at The Bishop's House on Duke's East Campus. Most classes meet once a week for 1½ hours. We have been operating at maximum capacity for several years, so occasionally a new classroom is added to accommodate the growth. An active search for a new classroom hub for OLLI at Duke is currently underway.

**OLLI at Duke is a cooperative venture.** More than 500 volunteers are involved in making the magic happen for OLLI members. Getting involved is a great way to make new connections and build community. We rely on the contributions and participation, both in class and out, of each member. Members teach courses, coordinate lecture series, lead small-group discussions, organize activities and volunteer projects, serve on the Board of Advisors and committees, act as class assistants, help with data management and administration, and volunteer for all the tasks that ensure the excellence of OLLI at Duke.

**Becoming a member of OLLI at Duke is easy.** We have an annual membership fee of \$45. Members may participate in activities and social events, receive mailings, and vote in elections, even if they are not taking courses in a given term. For more information, see the registration information and form in the center of the catalog. Each term, we hold a **Meet & Greet** for new members; see back cover for details.

# OLLI at Duke

Spring 2020



## Planning Your Course Schedule

OLLI at Duke courses are organized by **Subject** in this catalog (see list at right). We also have several indices you can reference when choosing your courses:

- **Index by Day** is helpful if you are interested in courses on a particular day or time, including weekends.
- **Index by Instructor** is useful if you are interested in which courses are being taught by a particular instructor.
- **Index by Venue** is handy if you are interested in courses at your favorite venue or need to stay close to a particular location.
- The **Short Courses & Workshops** index, sorted by day and start date, is helpful if your schedule doesn't allow for participation in a course that runs the entire term.
- The **Evening Courses** index is helpful for quick reference to courses that meet after 5:00pm, if your schedule doesn't allow for participation during the day.

Use the **Course Schedule Worksheet** on page 71 to help you plan your schedule. Note that **Course ID** #'s are critical to being able to register. Refer to them while registering online and to track course confirmations or wait-list status.

## Courses by Subject

Art & Architecture .....	16-19
Computers & Photography .....	19-22
Economics, Finances & Retirement.....	22-25
Hands-On Art .....	25-29
Health & Wellness .....	30-35
History & Current Affairs.....	35-42
Language, Literature & Drama .....	43-46
Lifestyles.....	47-49
Performing Arts .....	50-54
Religion & Philosophy.....	54-55
Science & Technology .....	56-61
Social Science & Culture .....	62-65
Writing .....	65-66

## Course Indices

By Day .....	8-10
Short Courses & Workshops (1-4 sessions) .....	11
Evening Courses .....	11
By Venue .....	12-13
By Instructor .....	14-15

## Social Events

Meet & Greet .....	back cover
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## Other

Important Dates .....	5
OLLI Code of Conduct.....	6
Instructor Appreciation.....	6
Venue Abbreviations & Addresses .....	8
Community Engagement Initiative .....	8
Activities & Special Interest Groups .....	67-68
Course Schedule Worksheet.....	71

## Join Us!

OLLI at Duke Information.....	4-6
Registration FAQs .....	69-71
How to Register .....	insert
Registration Forms .....	insert
Volunteer Form .....	insert



# About OLLI at Duke

## OLLI at Duke Board of Advisors & Administration

OLLI at Duke operates under the auspices of Duke Continuing Studies. Officers of the Board of Advisors of this membership organization are elected by OLLI members in the spring term. The OLLI Board of Advisors serves as a resource for the director of OLLI and meets ten times a year. The OLLI board president appoints committee chairpersons. Board members and more than 500 volunteers provide the experience and hard work that guide, enrich, and ensure the excellence of OLLI at Duke.

If you are interested in getting more involved, please contact Kathy Parrish at [Kathy.Parrish@duke.edu](mailto:Kathy.Parrish@duke.edu) or 919-681-3476 to find out more about volunteer and leadership opportunities.

### **2019-2020 Officers** (one-year elected term)

*President:* Matt Epstein

*Vice-President:* Marion Jervay

*Past President:* Ginny Knight

*Recording Secretary:* Mike Bahnman

### **Advisors at Large** (two-year elected term)

*To 2020:* Stuart Kaplan, Alan Teasley

*To 2021:* Margaret Brill, Abdul Waheed

### **Committee Chairs** (one-year appointed term)

*Community Engagement:* Virginia Lee

*Curriculum:* Beth Anderson

*Information Technology:* Howard Koslow

*Instructor Relations:* Ginny Knight

*Legacy:* Lisa Gabriel

*Member Engagement:* Beth Timson

*Social Activities & Hospitality:* Chris Abrons

*Space:* Peter Blaufeux

## **Staff**

*Director:* Chris McLeod, JD

[Chris.Mcleod@duke.edu](mailto:Chris.Mcleod@duke.edu) (919-684-2703)

*Assistant to the Director:* Kathy Parrish

[Kathy.Parrish@duke.edu](mailto:Kathy.Parrish@duke.edu) (919-681-3476)

*Staff Assistant:* Betina Huntwork

[Betina.Huntwork@duke.edu](mailto:Betina.Huntwork@duke.edu) (919-660-8509)

## Spring Registration

Registration for spring term courses opens at 9:00am on **Wednesday, March 25**, for Saturday, Sunday, Monday, and Tuesday courses, and at 9:00am on **Thursday, March 26**, for Wednesday, Thursday, and Friday courses.

**Online:** The quickest way to register is online. You have the best chance of getting into the most popular courses by registering online. This requires that you create a login and secure a User Name and password in advance of registration day. There is a helpful video posted on the [learnmore.duke.edu/OLLI](http://learnmore.duke.edu/OLLI) website that provides tips and strategies for successful online registration. You can change the first password you receive to one that is easier to remember.

**By Paper:** If you wish to register using the course registration form in the catalog, you may drop off forms at The Bishop's House on the scheduled Registration Days between 9:00am and 4:00pm. There is no priority or preferences given for early drop off.

**By Phone:** You can also register over the phone by calling the Registration Team at 919-684-6259. Since we have only two registration staff, you may receive a recording. Leave a message and one of them will call you back in the order your call was received.

See "How to Register" in the registration insert for details. Registration FAQs are on pages 69-71.

## Refund Policy

**Membership dues are nonrefundable.** Requests for refunds for an OLLI course must be made within five business days of the first class meeting. To drop a course and request a refund within this time period, please e-mail [LearnMore@duke.edu](mailto:LearnMore@duke.edu) or call OLLI Registration at 919-684-6259. There is a \$20 service charge per course dropped. After five business days from the start of the course, no refunds will be issued except in the case of an emergency. To request an emergency refund, please e-mail [Kathy.Parrish@duke.edu](mailto:Kathy.Parrish@duke.edu). If a course is cancelled by OLLI at Duke, no charge will be incurred.

## Scholarship Support

We want OLLI at Duke courses to be available to all who have a passion for lifelong learning. Thanks to the generosity of an OLLI member who made a gift through her estate, scholarship support is available to those who would not otherwise be able to afford course fees. If you would like to request financial support to attend OLLI courses, please contact the OLLI office (919-681-3476) and ask about our “Community Membership.” All requests are confidential.

## Access

Duke University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please contact the OLLI office (919-681-3476) in advance of your participation or visit.

## OLLI at Duke Is a Cooperative Venture

Your suggestions for courses and activities are welcome and necessary to maintain the vitality of our organization. If you are considering coordinating a course or activity, please contact Betina Huntwork at [Betina.Huntwork@duke.edu](mailto:Betina.Huntwork@duke.edu) or 919-660-8509. We value your ideas!

Interested in becoming a **Class Assistant** and helping instructors to ensure that announcements are made, attendance is taken, and handouts are distributed? Please fill out the Volunteer Form in the registration insert and return it to the OLLI at Duke office. For more information, contact Kathy Parrish at [Kathy.Parrish@duke.edu](mailto:Kathy.Parrish@duke.edu) or 919-681-3476.

Teaching a course, becoming a Class Assistant, helping with administrative tasks, and joining a committee are just a few of the ways you can volunteer for OLLI at Duke and meet other OLLI members. See the **Volunteer Form** in the Registration Insert for more information. We look forward to working with you!

## Help Shape the OLLI Curriculum

As you browse the spring 2020 catalog, keep in mind the majority of courses being taught were suggested by our members. While you are selecting your courses for the spring term, ask yourself: Is there a course I would like to take that is not offered? Do I know someone who would be a great instructor? Am I interested in teaching a course in an area of my interest/passion? Let us know how you would like to make a difference! **Course Proposal deadline for the fall 2020 catalog is May 1.** Contact Beth Anderson, chair of the Curriculum Committee, at [Curriculum@olliatduke.org](mailto:Curriculum@olliatduke.org) if you are interested in teaching.

## Important Dates

### Spring 2020 Highlights

Wed & Thu, Mar 25 & 26

Spring registration begins

Mon, April 13

OLLI spring courses begin

Fri, May 22

Last day for most spring courses

### Fall 2020 Highlights

Tue & Wed, Aug 4 & 5

Registration begins

Mon, Sep 14

OLLI fall courses begin

Mon, Sep 28

Yom Kippur—

no classes at JRC

Mon-Fri, Oct 19-23

OLLI Fall Break—

no classes\*

Mon-Fri, Nov 23-27

Thanksgiving Break—

no classes

Fri, Dec 4

Last day for most fall courses

### Winter 2021 Highlights

Sun, Dec 6

OLLIday Luncheon

Tues & Wed, Dec 8 & 9

Winter registration begins

Mon, Jan 11

OLLI winter courses begin

Mon, Jan 18

Martin Luther King Jr Day—

no classes

Mon, March 22

Last day for most winter courses

\* Some OLLI classes do meet during breaks. Read the course descriptions carefully.

# OLLI at Duke

## Code of Conduct

**Curiosity + Connection + Kindness + Compassion = Community**

OLLI at Duke endeavors to create a positive and affirming environment that fosters learning and social connection. Members, instructors and staff are expected to demonstrate mutual respect, personal and academic integrity, kindness, and civil discourse. Ensuring OLLI at Duke is a welcoming and affirming learning community is a responsibility we all share.

These principles particularly apply to our courses that offer a forum for the lively and passionate exchange of views. Opposing viewpoints are welcomed and appreciated.

Instructors are responsible for leading and moderating classroom discussion. They have the prerogative of inviting/allowing questions throughout the class or asking members to hold their questions to the end of class or other designated time.

Members, instructors and staff of the OLLI at Duke Community are encouraged to contact the Director if they observe behavior that is a significant violation of this code of conduct. The Director shall investigate and if there is a problem, address it directly with the alleged violator and determine the consequences, which may include suspension or termination of membership/teaching privileges or a disciplinary warning/termination of employment of a staff member.

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## Instructor Appreciation

OLLI at Duke is fortunate to have many instructors who have taught for many, many years. While we appreciate all our instructors, we provide special recognition for instructors who have taught 25 and 50 OLLI courses. On behalf of your many grateful students, thank you!

### 50+ Courses Taught

Margo Fariss Brewer  
Jay Dunbar  
Julia Rose  
John Sehon  
Rita Weimer  
Billy Yeargin

### 25-49 Courses Taught

Henry Blinder  
Betsy Bullen  
Joe Caddell  
Janice Ching  
Margaret Clemen  
Melanie Crain  
Cynthia Dessen  
Karen Dold  
Gary Duncan  
Richard Ellman

Ann Evangelisto  
Mary Jo Fickle  
Ian Goddard  
Ken Hoover  
Arnie Johanson  
Juanita Johnson  
Doug Longman  
Louise Masurat  
Char Murphy  
Wendell Musser

Florence Nash  
Riverdave Owen  
Harriet Sander  
Ric Shepherd  
Thomas Thorne  
Tony Waraksa  
Susan Wartell  
Dot Wilbur-Brooks  
Jeff Zentner

# OLLI's New Community Engagement Initiative

OLLI's Community Engagement Initiative (CEI) is a new and dynamic venture that identifies, organizes, and supports volunteer opportunities for OLLI members to get involved in and serve Durham and the wider community. Our approach is to focus on contributing in ways that support priorities and needs identified by the community, to foster social connections, and to build a sense of community among OLLI members.

This initiative offers members, including those who are new to Durham and/or retirement, a pathway into the community, the opportunity to get to know other members with shared interests and values, and a vehicle for sustained engagement and impact.

## **Volunteer Opportunities**

Based on feedback from 40+ OLLI members who participated in a series of focus groups in fall 2019, the CEI Committee is identifying rewarding **community engagement opportunities**, including the following:

- Designated days of service for specific nonprofits
- Shared volunteer roles to accommodate travel/busy schedules
- Opportunities for cohorts of volunteers to serve a single nonprofit
- Formation of a small cohort of OLLI members interested in working with the community in a more consultative/advisory capacity

Periodic **enrichment experiences** will be offered for OLLI volunteers to learn more about the history of Durham neighborhoods and the larger issues facing area nonprofits, as well as to socialize with and learn from each other.

We will be working closely with the Duke Office of Durham and Community Affairs to offer some of these opportunities in one of the neighborhoods adjacent to Duke, forming the nucleus of an **OLLI Satellite Campus-without-Walls for Engagement and Learning**.

Finally, we expect to sponsor more courses like this term's **Pauli Murray Engagement Course**, in which participants will contribute to the early development of the Pauli Murray Center for History and Social Justice, slated to open in 2021 (see page 62). In the context of an OLLI course, participants will have an opportunity to learn about a local issue, such as food insecurity or affordable housing, while engaging with one or more community partners on a project.

We invite all OLLI members to join us in launching this exciting new initiative. Please e-mail us at [olli-community-engagement@googlegroups.com](mailto:olli-community-engagement@googlegroups.com) and let us know what volunteer opportunities appeal to you, what issues you care about, and/or how you want to be involved.

The OLLI Community Engagement Committee

Virginia Lee (Chair), Beth Anderson, Tina Falker, Joe Howe, Janet Lipman, Debbie Reed

# Courses by Day

Time, Course Title (Venue, Number of Sessions), Page

## Course Venue Abbreviations & Addresses

BA	The Bridge Academy, 2634 Durham-Chapel Hill Rd, Suite 102, Durham
BDS	Barriskill Dance Theatre School, 3642 Shannon Rd, Durham
BH	The Bishop's House, 8 East Campus Union Dr, Duke University, Durham
CA	Carolina Arbors Retirement Community, 357 Carolina Arbors Dr, Durham
CDA	Carolina Dance Academy, 3101 Guess Rd, #E, Durham
CH	Caring House, 2625 Pickett Rd, Durham
EKC	Emily K Center, 904 W Chapel Hill St, Durham
FAD	The Forest at Duke, 2701 Pickett Rd, Durham
GR	Galloway Ridge Retirement Community, 3000 Galloway Ridge Rd, Pittsboro
JRC	Judea Reform Congregation, Education Building, 1933 W Cornwallis Rd, Durham
NCBG	North Carolina Botanical Gardens, 100 Old Mason Farm Rd, Chapel Hill
NCMA	North Carolina Museum of Art, 2110 Blue Ridge Rd, Raleigh
OL	Offsite locations
PC	Passmore Center, 103 Meadowlands Dr, Hillsborough
SPLC	St. Paul's Lutheran Church, 1200 W Cornwallis Rd, Durham
STMC	St. Thomas More Church, 940 Carmichael St, Chapel Hill
UCCH	United Church of Chapel Hill, 1321 MLK Jr Blvd, Chapel Hill

## Monday

9:00-10:30	..... Financial Literacy (JRC, 5)	..... 22
9:00-10:30	..... The Maginot Line (JRC, 6)	..... 41
9:00-10:30	..... Yes, There Is "Other" News (BH, 6)	..... 63
11:00-12:30	..... A Hitchhiker's Guide to AI (JRC, 6)	..... 56
11:00-12:30	..... Gabriel Garcia Marquez (GR, 6)	..... 46
11:00-12:30	..... Infectious Diseases in Humans (JRC, 6)	..... 58
11:00-12:30	..... Intro to US Intel Community (BH, 6)	..... 38
11:00-12:30	..... Learn to Knit (BH, 5)	..... 25
11:00-12:30	..... OY! A Play on Improv (JRC, 6)	..... 53
11:00-12:30	..... Prisons/Asylums (BH, 6)	..... 63
11:00-12:30	..... The Journey of Grief (SPLC, 6)	..... 34
11:00-1:00	..... Federal Budget & Debt (CA, 3)	..... 24
1:00-4:00	..... Agatha Christie in the Movies (JRC, 5)	..... 52
1:30-3:00	..... 19th-Century Russian Opera (BH, 6)	..... 50
1:30-3:00	..... Beyond Knit & Purl (BH, 5)	..... 25
1:30-3:00	..... Retirement Communities (JRC, 2)	..... 23
1:30-4:30	..... Intro to iPhone Photography (JRC, 2)	..... 20
3:15-4:45	..... Abstract Painting (JRC, 6)	..... 16
3:15-4:45	..... Leadership for Nonprofits (JRC, 6)	..... 62
3:15-4:45	..... Qigong (JRC, 6)	..... 33
5:30-8:30	..... The Art of Cooking (PC, 5)	..... 34
6:30-8:00	..... Cybersecurity 101 (BH, 6)	..... 20
6:30-8:30	..... Poetry Writing (BH, 6)	..... 66

**See pages 12-13 for  
index of courses by venue**



## Tuesday

9:00-10:30 .....	Abolition President (BH, 6) .....	36
9:00-10:30 .....	About the Latin Language (STMC, 6) ...	43
9:00-10:30 .....	Economic & Social Development (JRC, 6) .....	23
9:00-10:30 .....	Religion in the South (JRC, 6) .....	64
9:00-11:00 .....	The Human Face (BH, 6) .....	28
9:00-11:30 .....	Introduction to Zentangle® (CA, 5) .....	27
11:00-12:30....	Chinese Brush Painting (JRC, 6) .....	29
11:00-12:30....	Climate Change (GR, 6) .....	57
11:00-12:30....	Fiction Abroad (BH, 6) .....	44
11:00-12:30....	Frederick the Great (BH, 6) .....	37
11:00-12:30....	Great Interviews (JRC, 6) .....	38
11:00-12:30....	Intro to Medical Illustration (STMC, 3) .....	28
11:00-12:30....	Julian Abele (JRC, 3) .....	42
11:00-12:30....	Mantegna to Manet (JRC, 6) .....	17
11:00-12:30....	Toni Morrison's <i>Song of Solomon</i> (JRC, 6) .....	45
1:00-2:30 .....	Making Music w/ Melodicas (GR, 4) ...	53
1:30-3:00 .....	Public Art and Durham (BH, 6) .....	17
1:30-3:00 .....	Pauli Murray Engagement Course (BH, 6) .....	62
1:30-3:00 .....	Plain & Fancy! Weaving Sampler (JRC, 6) .....	26
1:30-3:00 .....	The JFK Assassination (JRC, 6) .....	39
1:30-3:00 .....	The Poetry of Presence (JRC, 6) .....	44
1:30-3:30 .....	Editing iPhone Photographs (JRC, 2) .....	21
2:00-3:15 .....	Symposia (Spring) (FAD, 6) .....	59
2:00-3:15 .....	Symposia (Summer) (FAD, 6) .....	59
3:15-4:45 .....	Grief Relief for Pet Loss (JRC, 4) .....	30
3:15-4:45 .....	Windows 10 (JRC, 6) .....	22
5:00-7:00 .....	Cold War & Other Adventures (BH, 6) .....	35

## Wednesday

9:00-10:00 .....	Lessons from Market History (JRC, 6) .....	25
9:00-10:30 .....	Get Down— and Back Up Again (JRC, 6) .....	31
9:00-10:30 .....	The Cosmist Perspective (UCCH, 5) ...	58
9:00-10:30 .....	Totalitarianism (BH, 6) .....	41
9:00-11:30 .....	Play & Defend a Bridge Hand (BA, 6) .....	48
11:00-12:00....	Keeping Your Body Fit (JRC, 5) .....	47
11:00-12:30....	Global Leadership in the 21st C (JRC, 6) .....	37
11:00-12:30....	Light in Digital Photography (JRC, 6) .....	21
11:00-12:30....	The Power of Music & Words (BH, 6) .....	50
11:00-12:30....	The World Today, Sec 065 (JRC, 6) ....	40
11:00-12:30....	The World Today (Summer) (JRC, 6) ...	40
11:00-12:30....	Writing New Poems (JRC, 6) .....	66
1:30-3:00 .....	Aging in Place/ Aging at Home (JRC, 2) .....	22
1:30-3:00 .....	Irish Short Stories (JRC, 6) .....	45
1:30-3:00 .....	It Took a Village: '60s Music (BH, 6) ...	52
1:30-3:00 .....	Palette Knife Painting Plus (JRC, 6) ....	29
1:30-3:00 .....	Tchaikovsky (JRC, 6) .....	50
1:30-3:00 .....	The American Civil War (BH, 6) .....	39
2:00-4:00 .....	Becoming a Creative Genius (UCCH, 6) .....	30
3:15-4:45 .....	Guide to Local Jazz (JRC, 6) .....	52
5:30-7:00 .....	Artificial Intelligence (BH, 6) .....	58
6:30-8:30 .....	Creative Prose (BH, 6) .....	65

# Courses by Day

Time, Course Title (Venue, Number of Sessions), Page

## Thursday

9:00-10:30	..... Let's Do It: Decorate (STMC, 6)	..... 47
9:00-10:30	..... Meditating with the Voice (JRC, 6)	..... 32
9:00-10:30	..... Our Invisible Connected World (BH, 6)	..... 62
9:00-10:30	..... T'ai Chi (BDS, 6)	..... 33
9:00-10:30	..... The OLLI Harp Ensemble (JRC, 6)	..... 51
9:00-3:00	..... A Conservation Garden (NCBG, 1)	..... 56
11:00-12:30	..... Diplomacy—Part 2 (JRC, 6)	..... 37
11:00-12:30	..... Harp I (JRC, 6)	..... 51
11:00-12:30	..... Meditation & Healing (STMC, 3)	..... 32
11:00-12:30	..... Social Media for Boomers (JRC, 4)	..... 19
11:00-12:30	..... The Judaic Art Gallery (NCMA, 1)	..... 18
11:00-12:30	..... The World Today, Sec 066 (JRC, 6)	..... 40
11:00-12:30	..... Thoreau as America's First Yogi (BH, 5)	..... 55
11:00-12:30	..... Victorian Art in England (JRC, 6)	..... 18
1:30-3:00	..... Cutting the Cable Cord (JRC, 3)	..... 19
1:30-3:00	..... Delving Deeper into Latin (STMC, 6)	..... 43
1:30-3:00	..... Ethics & the Human Condition (BH, 6)	..... 54
1:30-3:00	..... Waking Up— Our Cultural Trance (JRC, 5)	..... 49
1:30-3:00	..... Wines of the Iberian Peninsula, Sec 001 (BH, 4)	..... 48
1:30-3:30	..... Playback Theatre (JRC, 6)	..... 54
1:30-3:30	..... Public Parks (JRC, 2)	..... 18
2:00-3:30	..... If You Can Walk, You Can Dance (CDA, 6)	..... 31
3:15-4:45	..... Homes for a Planet in Crisis (JRC, 3)	..... 16
3:15-4:45	..... Wines of the Iberian Peninsula, Sec 002 (BH, 4)	..... 48
6:30-8:00	..... Conscious Dating for 50+ (BH, 4)	..... 47
6:30-8:30	..... Energy Balancing (BH, 3)	..... 31

## Friday

9:00-10:30	..... Late 19th-Century British Drama (BH, 6)	..... 43
11:00-1:00	..... Basket Weaving (EKC, 6)	..... 26
11:00-12:30	..... Robert E. Lee, the Marble Man (BH, 6)	..... 36
1:00-3:00	..... The Art & Science of Drawing (BH, 6)	..... 27
1:30-3:00	..... The Black Experience in America (BH, 6)	..... 38

## Saturday

9:00-10:30	..... Sketching for Seniors & Children (OL, 1)	..... 27
1:30-3:00	..... Food for Life (CH, 5)	..... 35
1:30-3:00	..... Serious Play (BH, 6)	..... 65

## Sunday

1:00-3:00	..... Living with Art (OL, 4)	..... 16
1:30-3:00	..... The Triangle Community Economy (BH, 6)	..... 24

**See page 8 for venue abbreviation key  
and venue addresses**

# Short Courses & Workshops

## Courses with 1-4 Sessions

Start Date (Number of Sessions), Time, Course Title (Venue), Page

### Monday

Apr 13 (2) ... 1:30-3:00 .....	Retirement Communities (JRC) .....	23
Apr 13 (2) ... 1:30-4:30 .....	Intro to iPhone Photography (JRC) .....	20
Apr 20 (3) .. 11:00-1:00 .....	Federal Budget & Debt (CA) .....	24

### Tuesday

Apr 14 (3) ... 11:00-12:30 ...	Intro to Medical Illustration (STMC) .....	28
Apr 14 (4) ... 3:15-4:45 .....	Grief Relief for Pet Loss (JRC) .....	30
Apr 21 (3) .. 11:00-12:30 ...	Julian Abele (JRC) .....	42
Apr 28 (4) ... 1:00-2:15 .....	Making Music with Melodicas (GR) .....	53
Apr 28 (2) .. 1:30-3:30 .....	Editing iPhone Photographs (JRC) .....	21

### Wednesday

Apr 15 (2) ... 1:30-3:00 .....	Aging in Place/ Aging at Home (JRC) .....	22
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### Thursday

Apr 16 (3) ... 11:00-12:30 ...	Meditation & Healing (STMC) .....	32
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Apr 16 (4) ... 11:00-12:30 ...	Social Media for Boomers (JRC) .....	19
Apr 16 (3) ... 1:30-3:00 .....	Cutting the Cable Cord (JRC) .....	19
Apr 16 (4) ... 1:30-3:00 .....	Wines of the Iberian Peninsula, Sec 001 (BH) ..	48
Apr 16 (4) ... 3:15-4:45 .....	Wines of the Iberian Peninsula, Sec 002 (BH) ..	48
Apr 16 (4) ... 6:30-8:00 .....	Conscious Dating for 50+ (BH) .....	47
Apr 16 (3) ... 6:30-8:30 .....	Energy Balancing (BH) .....	31
Apr 30 (1) ... 9:00-3:00 .....	A Conservation Garden (NCBG) .....	56
Apr 30 (1) ... 11:00-12:30 ...	The Judaic Art Gallery (NCMA) .....	18
Apr 30 (2) .. 1:30-3:30 .....	Public Parks (JRC) .....	18
May 7 (3) ... 3:15-4:45 .....	Homes for a Planet in Crisis (JRC) .....	16

### Saturday

May 16 (1) .. 9:00-10:30 .....	Sketching for Seniors & Children (OL) .....	27
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### Sunday

Apr 19 (4) ... 1:00-3:00 .....	Living with Art (OL) .....	16
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## Evening Courses

Time, Course Title (Venue, Number of Sessions), Page

### Monday

5:30-8:30 .....	The Art of Cooking (PC, 5) .....	34
6:30-8:00 .....	Cybersecurity 101 (BH, 6) .....	20
6:30-8:30 .....	Poetry Writing (BH, 6) .....	66

### Tuesday

5:00-7:00 .....	Cold War & Other Adventures (BH, 6) .....	35
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### Wednesday

5:30-7:00 .....	Artificial Intelligence (BH, 6) .....	58
6:30-8:30 .....	Creative Prose (BH, 6) .....	65

### Thursday

6:30-8:00 .....	Conscious Dating for 50+ (BH, 4) .....	47
6:30-8:30 .....	Energy Balancing (BH, 3) .....	31

# Courses by Venue

Course Title, Day, Time (Number of Sessions), Page

## The Bishop's House (BH)

Yes, There Is "Other" News.....	M, 9:00-10:30 (6).....	63
Intro to US Intel Community ....	M, 11:00-12:30 (6) .....	38
Learn to Knit .....	M, 11:00-12:30 (5) .....	25
Prisons/Asylums.....	M, 11:00-12:30 (6) .....	63
19th-C Russian Opera.....	M, 1:30-3:00 (6).....	50
Beyond Knit & Purl .....	M, 1:30-3:00 (5).....	25
Cybersecurity 101 .....	M, 6:30-8:00 (6) .....	20
Poetry Writing.....	M, 6:30-8:30 (6) .....	66
Abolition President .....	T, 9:00-10:30 (6).....	36
The Human Face.....	T, 9:00-11:00 (6) .....	28
Fiction Abroad .....	T, 11:00-12:30 (6) .....	44
Frederick the Great .....	T, 11:00-12:30 (6) .....	37
Public Art & Durham.....	T, 1:30-3:00 (6).....	17
Pauli Murray		
Engagement Course .....	T, 1:30-3:00 (6).....	62
Cold War/Other Adventures ....	T, 5:00-7:00 (6) .....	35
Totalitarianism .....	W, 9:00-10:30 (6).....	41
Power of Music & Words .....	W, 11:00-12:30 (6) .....	50
It Took a Village: '60s Music....	W, 1:30-3:00 (6) .....	52
The American Civil War.....	W, 1:30-3:00 (6) .....	39
Artificial Intelligence .....	W, 5:30-7:00 (6).....	58
Creative Prose.....	W, 6:30-8:30 (6) .....	65
Our Invisible		
Connected World .....	Th, 9:00-10:30 (6).....	62
Thoreau/America's First Yogi ..	Th, 11:00-12:30 (5) ....	55
Ethics & Human Condition .....	Th, 1:30-3:00 (6) .....	54
Wines/Iberian Pen., Sec 001....	Th, 1:30-3:00 (4).....	48
Wines/Iberian Pen., Sec 002 ...	Th, 3:15-4:45 (4).....	48
Conscious Dating for 50+.....	Th, 6:30-8:00 (4) .....	47
Energy Balancing .....	Th, 6:30-8:30 (3) .....	31
Late 19th-C British Drama.....	F, 9:00-10:30 (6).....	43
Robert E. Lee/Marble Man.....	F, 11:00-12:30 (6).....	36
The Art/Science of Drawing ....	F, 1:00-3:00 (6).....	27
Black Experience in America ..	F, 1:30-3:00 (6).....	38
Serious Play .....	Sa, 1:30-3:00 (6) .....	65
Triangle Community Economy .	Su, 1:30-3:00 (6) .....	24

## Judea Reform Congregation (JRC)

Financial Literacy .....	M, 9:00-10:30 (5).....	22
The Maginot Line.....	M, 9:00-10:30 (6).....	41
A Hitchhiker's Guide to AI.....	M, 11:00-12:30 (6) .....	56
Infect. Diseases in Humans.....	M, 11:00-12:30 (6) .....	58
OY! A Play on Improv .....	M, 11:00-12:30 (6) .....	53
Agatha Christie in Movies.....	M, 1:00-4:00 (5).....	52
Retirement Communities.....	M, 1:30-3:00 (2).....	23
Intro to iPhone Photography....	M, 1:30-4:30 (2).....	20
Abstract Painting .....	M, 3:15-4:45 (6).....	16
Leadership for Nonprofits.....	M, 3:15-4:45 (6).....	62
Qigong.....	M, 3:15-4:45 (6).....	33
Economic/Social Devel. ....	T, 9:00-10:30 (6).....	23
Religion in the South .....	T, 9:00-10:30 (6).....	64
Chinese Brush Painting.....	T, 11:00-12:30 (6) .....	29
Great Interviews .....	T, 11:00-12:30 (6) .....	38
Julian Abele.....	T, 11:00-12:30 (3).....	42
Mantegna to Manet .....	T, 11:00-12:30 (6) .....	17
Toni Morrison's		
<i>Song of Solomon</i> .....	T, 11:00-12:30 (6) .....	45
Plain & Fancy!		
Weaving Sampler .....	T, 1:30-3:00 (6).....	26
The JFK Assassination.....	T, 1:30-3:00 (6).....	39
The Poetry of Presence.....	T, 1:30-3:00 (6).....	44
Editing iPhone Photographs....	T, 1:30-3:30 (2).....	21
Grief Relief for Pet Loss .....	T, 3:15-4:45 (4) .....	30
Windows 10 .....	T, 3:15-4:45 (6) .....	22
Lessons from Market History ...	W, 9:00-10:00 (6).....	25
Get Down—		
and Back Up Again .....	W, 9:00-10:30 (6).....	31
Keeping Your Body Fit.....	W, 11:00-12:00 (5) .....	47
Global Leadership 21st C.....	W, 11:00-12:30 (6) .....	37
Light in Digital Photography ....	W, 11:00-12:30 (6) .....	21
The World Today, Sec 065 .....	W, 11:00-12:30 (6) .....	40
Writing New Poems .....	W, 11:00-12:30 (6) .....	66
Aging in Place/Aging at Home .	W, 1:30-3:00 (2) .....	22
Irish Short Stories.....	W, 1:30-3:00 (6) .....	45
Palette Knife Painting Plus .....	W, 1:30-3:00 (6) .....	29
Tchaikovsky .....	W, 1:30-3:00 (6) .....	50
Guide to Local Jazz.....	W, 3:15-4:45 (6).....	52
Meditating with the Voice .....	Th, 9:00-10:30 (6).....	32



The OLLI Harp Ensemble.....	Th, 9:00-10:30 (6).....	51
Diplomacy—Part 2 .....	Th, 11:00-12:30 (6) ....	37
Harp I.....	Th, 11:00-12:30 (6) ....	51
Social Media for Boomers .....	Th, 11:00-12:30 (4) ....	19
The World Today, Sec 066 .....	Th, 11:00-12:30 (6) ....	40
Victorian Art in England.....	Th, 11:00-12:30 (6) ....	18
Cutting the Cable Cord.....	Th, 1:30-3:00 (3) .....	19
Waking Up—		
Our Cultural Trance.....	Th, 1:30-3:00 (5) .....	49
Playback Theatre.....	Th, 1:30-3:30 (6) .....	54
Public Parks.....	Th, 1:30-3:30 (2) .....	18
Homes for a Planet in Crisis....	Th, 3:15-4:45 (3).....	16

## Other

### **Barriskill Dance Theatre School (BDS)**

T'ai Chi .....	Th, 9:00-10:30 (6).....	33
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### **Bridge Academy (BA)**

Play/Defend a Bridge Hand.....	W, 9:00-11:30 (6) .....	48
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### **Caring House (CH)**

Food for Life .....	Sa, 1:30-3:00 (5) .....	35
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### **Carolina Arbors (CA)**

Federal Budget & Debt.....	M, 11:00-1:00 (3) .....	24
Introduction to Zentangle® .....	T, 9:00-11:30 (5) .....	27

### **Carolina Dance Academy (CDA)**

If You Can Walk,		
You Can Dance .....	Th, 2:00-3:30 (6) .....	31

### **Emily K Center (EKC)**

Basket Weaving.....	F, 11:00-1:00 (6).....	26
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### **The Forest at Duke (FAD)**

Symposia (Spring).....	T, 2:00-3:15 (6) .....	59
Symposia (Summer).....	T, 2:00-3:15 (6) .....	59
The World Today (Summer) ....	W, 11:00-12:30 (6) .....	40

### **Galloway Ridge (GR)**

Gabriel Garcia Marquez .....	M, 11:00-12:30 (6) .....	46
Climate Change.....	T, 11:00-12:30 (6) .....	57
Making Music with Melodicas ..	T, 1:00-2:30 (4) .....	53

### **NC Botanical Gardens (NCBG)**

A Conservation Garden.....	Th, 9:00-3:00 (1).....	56
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### **North Carolina Museum of Art (NCMA)**

The Judaic Art Gallery .....	Th, 11:00-12:30 (1).....	18
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### **Offsite Locations (OL)**

Sketching for Seniors		
& Children .....	Sa, 9:00-10:30 (1).....	27
Living with Art.....	Su, 1:00-3:00 (4) .....	16

### **Passmore Center (PC)**

The Art of Cooking .....	M, 5:30-8:30 (5) .....	34
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### **St. Paul's Lutheran Church (SPLC)**

The Journey of Grief.....	M, 11:00-12:30 (6) ....	34
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### **St. Thomas More Church (STMC)**

About the Latin Language .....	T, 9:00-10:30 (6) .....	43
Intro to Medical Illustration .....	T, 11:00-12:30 (3).....	28
Let's Do It: Decorate.....	Th, 9:00-10:30 (6).....	47
Meditation & Healing .....	Th, 11:00-12:30 (3) ....	32
Delving Deeper into Latin .....	Th, 1:30-3:00 (6) .....	43

### **United Church of Chapel Hill (UCCH)**

The Cosmist Perspective .....	W, 9:00-10:30 (5).....	58
Becoming a Creative Genius...	W, 2:00-4:00 (6) .....	30

**See page 8 for venue addresses,  
alphabetical by abbreviation**

# Courses by Instructor

Instructor Name (\*New), Course Title, Page

Adams, Shana.....	Meditating with the Voice.....	32	Evangelisto, Ann .....	Fiction Abroad .....	44
	OY! A Play on Improv .....	53	*Fletcher, Thomas .....	Serious Play.....	65
*Anderson, Douglas....	The Maginot Line.....	41		Triangle Comm. Economy .....	24
Barman, Dilip.....	Food for Life.....	35	Fortner, Brand .....	The Cosmist Perspective.....	58
Benson, Tom .....	Light in Digital Photography.....	21	French, Jan .....	Plain & Fancy!	
Blinder, Henry.....	The World Today (2 secs) .....	40		Weaving Sampler .....	26
	The World Today (Summer) ....	40	Garrett, Winifred.....	Harp I.....	51
Block, Dean.....	The World Today (2 secs) .....	40		OLLI Harp Ensemble .....	51
	The World Today (Summer) ....	40	Gruendel, Ginnie .....	The World Today (2 secs) .....	40
Bowen, Sterling .....	Abstract Painting .....	16		The World Today (Summer) ....	40
Boyto, Cathy .....	Introduction to Zentangle® .....	27	Hall, Dede .....	Agatha Christie in Movies.....	52
*Brown, Rebecca.....	Public Art & Durham.....	17	*Hamilton, Carol.....	Infect. Diseases in Humans.....	58
Burke, Peter.....	Guide to Local Jazz .....	52	Hargrove, Jim .....	Intro to US Intel Community ....	38
*Capaccio, Nancy .....	Playback Theatre.....	54	*Harp, Suzanne .....	Let's Do It: Decorate.....	47
Carmichael,			*Hoefle, Ed.....	Prisons/Asylums.....	63
G. Wade .....	Art & Science of Drawing .....	27	Howard, Lu .....	Basket Weaving.....	26
	The Human Face .....	28	Johnson, Edward.....	Federal Budget & Debt .....	24
*Chapman, Julie .....	Energy Balancing .....	31	Kaplan, Stuart .....	The World Today (2 secs) .....	40
Chapman, W. Robert..	19th-C Russian Opera.....	50		The World Today (Summer) ....	40
*Chiha, Ken.....	Ethics & Human Condition.....	54	King, William (Bill) ....	Julian Abele .....	42
*Coffey, John .....	The Judaic Art Gallery.....	18	Koslow, Howard.....	Cutting the Cable Cord.....	19
*Coley, Phyllis .....	Social Media for Boomers .....	19	Kotlar, Kim .....	Intro to US Intel Community ....	38
Curran, Bruce.....	Great Interviews.....	38	Kundert, Ernie .....	Frederick the Great.....	37
Curry, William Henry ..	Tchaikovsky .....	50	Lancaster, Marjorie....	Toni Morrison's	
*Curtis,				<i>Song of Solomon</i> .....	45
Linda Hubbard .....	Black Experience/America .....	38	Lau, Barbara .....	Pauli Murray	
*Dahl, William .....	The Journey of Grief.....	34		Engagement Course .....	62
Darling, Nancy.....	Palette Knife Painting Plus .....	29	*Layton, Robby .....	Public Parks.....	18
Deblinger, Paul.....	Creative Prose .....	65	Leiman, Russell.....	Global Leadership 21st C .....	37
	Poetry Writing .....	66	Lelekacs,		
Del Dotto,			Joanna Massey.....	A Conservation Garden.....	56
Charles Joseph.....	Late 19th-C British Drama .....	43	*Lewis,		
Dimiceli, John.....	Age in Place/Age at Home .....	22		Maureen Maguire... Irish Short Stories.....	45
	Retirement Communities .....	23	*Longley, Max .....	The American Civil War.....	39
Dold, Karen .....	Get Down—		Longman, Doug.....	The World Today (2 secs) .....	40
	and Back Up Again.....	31		The World Today (Summer) ....	40
Dunbar, Jay .....	Qigong .....	33	Masurat, Louise.....	Gabriel Garcia Marquez .....	46
	T'ai Chi.....	33	Mayes, Randall.....	Artificial Intelligence.....	58
Epstein, Matt .....	Invisible Connected World.....	62	Mcleod, Michael .....	Waking Up—	
*Essrow, Wende .....	Sketching for			Our Cultural Trance .....	49
	Seniors & Children .....	27	McNulty, Timothy .....	Yes, There Is "Other" News.....	63

Meguid, Henry .....	Play/Defend a Bridge Hand .....	48	*Talaski, David .....	Windows 10 .....	22
Melanson, Richard ....	Diplomacy, Part 2 .....	37	Taylor, Elaine .....	Grief Relief for Pet Loss .....	30
Meyer, Marvin .....	It Took a Village: '60s Music .....	52	Tayrose, Sheila .....	Keeping Your Body Fit .....	47
Mooney, Jan Elizabeth .....	Victorian Art in England .....	18	Thorne, Thomas .....	Wines/Iberian Pen. (2 secs) ....	48
Morris, Sara .....	About the Latin Language .....	43	*Tien, Alice .....	Making Music w/ Melodicas ....	53
	Delving Deeper into Latin .....	43	Tucker, Jim .....	Financial Literacy .....	22
Musser, A. Wendell ...	Totalitarianism .....	41	*Turner, Bill .....	Conscious Dating for 50+ .....	47
Nelson, Kenneth .....	Lessons from Market History ...	25	Waitt, Damon .....	A Conservation Garden .....	56
Nordgren, Carl .....	Becoming a Creative Genius ...	30	Waraksa, Anthony ....	Symposia (Spring) .....	59
Owen, Riverdave .....	Thoreau/America's First Yogi ...	55		Symposia (Summer) .....	59
Palmer, Amie .....	Learn to Knit .....	25	Wartell, Susan .....	If You Can Walk, You Can Dance .....	31
	Beyond Knit & Purl .....	25	Weakley, Alan .....	A Conservation Garden .....	56
Parker, Carey .....	Cybersecurity 101 .....	20	*Williams, Jane .....	The Journey of Grief .....	34
Parker, Timothy .....	Cold War/Other Adventures ....	35	*Wilson, Ralph .....	The JFK Assassination .....	39
	Leadership for Nonprofits .....	62	Wise, Jim .....	Religion in the South .....	64
*Piskor, Maria .....	OY! A Play on Improv .....	53	Wittkowsky, Stephan..	Economic/Social Dev. ....	23
*Prager, John .....	A Hitchhiker's Guide to AI .....	56	Wood, Carolyn .....	Mantegna to Manet .....	17
Princiotta, Frank .....	Climate Change .....	57	Yeargin, Billy .....	Robert E. Lee, the Marble Man .....	36
Randall, Johnny .....	A Conservation Garden .....	56	Zhao, Jinxiu (Alice)....	Chinese Brush Painting .....	29
*Richmond, Brad .....	Power of Music & Words .....	50			
*Rossettie, Marie .....	Intro to Medical Illustration .....	28			
Rousso, Gabrielle .....	Living with Art .....	16			
*Schechter, Arielle .....	Homes for a Planet in Crisis ....	16			
Seitel, Jane .....	The Poetry of Presence .....	44			
	Writing New Poems .....	66			
Sheperd, Ric .....	The World Today (2 secs) .....	40			
	The World Today (Summer) ....	40			
*Simpson, Joe .....	Abolition President .....	36			
Sovero, David .....	The Art of Cooking .....	34			
Spector, Tom .....	Meditation & Healing .....	32			
Stern, Dan .....	A Conservation Garden .....	56			
Szerszen, Dennis .....	Intro to iPhone Photography ....	20			
	Editing iPhone Photographs .....	21			

### Welcome to Our Newest Instructors

Instructors who are new to OLLI at Duke for the spring 2020 term are indicated with an asterisk in this index. We look forward to seeing their names again!

Want to become an OLLI at Duke instructor yourself? See the **Volunteer Form** in the Registration Insert. We would love to hear from you.

**While we appreciate all our instructors, we provide special recognition for instructors who have taught 25 and 50 OLLI courses. See page 6.**

# Art & Architecture

## Abstract Painting: Theory and Practice

If asked to talk about abstract painting—even works we’ve encountered and found engaging—many of us struggle to put what we’d describe as feelings into words. How does an art form that owes part of its place in history to the efforts of so many American artists occupy such an odd place in our culture? This course will start with a historical grounding for looking at abstract painting by examining several stages of its development in the 20th century through a combination of lecture and discussion. As students develop a vocabulary to discuss canonical works, we will explore some contemporary work and consider the state of the art form. Students will also have class time dedicated to experimenting with making nonrepresentational artwork and will have the opportunity to try out their new vocabulary during in-class critiques of their peer’s work.

- Facilitated discussion; Active participation.

**Please note:** No academic prerequisites or practical art experience are required; natural curiosity about abstract painting is all that is needed to enjoy this course.

**Required supplies/fee:** Students will purchase materials independently for an estimated cost of \$60. For additional information on supplies, please see the course details at [learnmore.duke.edu/olli](http://learnmore.duke.edu/olli).

***Sterling Bowen** discovered his passion for abstract painting as an undergrad at UNC-Charlotte, and it continued during his time as a graduate fellow at the University of Houston, where he taught drawing and worked in the art history department. He leads a critique group in Raleigh for emerging artists and maintains a blog about his work and the artists he finds interesting at [sterlingbowen.com](http://sterlingbowen.com).*

- 6 Mon, Apr 13-May 18, 3:15-4:45pm
- Judea Reform Congregation, Durham
- Maximum: 14; Fee: \$70; Course ID: 3044

## Homes for a Planet in Crisis

This course might have been entitled “How to make sure new houses and landscapes share the planet with our kids, grandkids, and other species.” The instructor is one of the region’s earliest and most dedicated “green” architects, well known for her outstanding modernist, environmentally thoughtful homes (including a series of modernist tiny houses called Micropolis®). She will share her long-held passion for creating buildings that embrace their occupants and respect the environment they inhabit. The initial two sessions will cover important principles of green design, as well as an interactive discussion of the specific steps and challenges in designing a home from start to finish, with an actual project used as an example. The final session will be a field trip to view and discuss one of the instructor’s net zero, or super green, houses.

- Lecture (plus questions); Facilitated discussion; Active participation; Field trip(s).

***Arielle Condoret Schechter**, AIA, grew up in a modernist home designed by her architect father, Jon Condoret. She attended UNC School of the Arts and Julliard, with architectural training at NC State University. Her net zero residential works have been covered locally and nationally and are featured on many home tours. She and her husband share a home she designed within a wildlife habitat.*

- 3 Thu, May 7-May 21, 3:15-4:45pm
- Judea Reform Congregation, Durham
- Maximum: 20; Fee: \$35; Course ID: 3067

## Living with Art: Private Art Collection Tours

This course, offered again due to popular demand, provides a unique opportunity to visit the homes of four private art collectors who have graciously agreed to share their extensive collections with OLLI. The fall term tour focused on learning about art collecting while viewing contemporary, midcentury, classic, and newer artists’

**See page 8 for venue addresses**



work in area homes. This included hearing stories about the paintings and artists while perusing works by Andy Warhol, Chagall, Picasso, Dali, Chris Roberts-Antieau, Maurice Chapuis, Chihuly, Kehinde Wiley, Sandy Skoglund, Valerie Bunnell, as well as other North Carolina, national, and international artists. The spring term tour will include some collections viewed in the fall tour and some new collections. • Field trip(s).

**Please note:** No photographs are allowed in homes. Also, students will be on their feet for the duration of each class (90 minutes), and some homes may require stair climbing.

**Required supplies/fee:** A \$10 fee will be collected by the instructor to purchase thank you orchids for each of the collectors' homes visited.

**Gabrielle Rousso** was previously the executive director of the Art Center Highland Park, a fine art school with over 2,000 students in the Chicago area. She has degrees from State College of New Jersey and attended the Harrington Institute of Interior Design. She is currently on the board of directors of FRANK Gallery, Chapel Hill, and is an avid art collector.

- 4 Sun, Apr 19-May 17 (no class May 10), 1:00-3:00pm
- Private homes, Chapel Hill and Durham
- Maximum: 18; Fee: \$50; Course ID: 2879

## **Julian Abele: The Design of Duke University and the Price of Prejudice**

See listing on page 42.

## **Public Art & Durham**

What is public art? This course delves into the extensive milieu of public art in Durham, providing a broad understanding of how the community informs public art and public art informs visitors and residents. Topics covered include: a short

history of public art, current public art trends, public art in the greater Durham region, the local agencies who support public art, presentations by local artists who create public artwork, and potential art studio visits. A survey of Durham's remarkable current public art and upcoming projects will also be shared. The final classes will include a walking tour of public art in downtown Durham and a potential bus tour of additional Durham public art. There will be an opportunity to meet and dialogue with local artists to further understand the challenges and often stunning results of creating public art. • Lecture (plus questions); Facilitated discussion; Field trip(s).

**Rebecca Brown** has a BFA in photography from the University of Georgia, studied art history internationally, and has an MA in arts administration from Goucher College. As a working artist, she did an artist in residence program in Italy. She managed programs for Savannah's Cultural Resources Department and currently is the program manager for the Cultural and Public Art Program in the City of Durham.

- 6 Tue, Apr 14-May 19, 1:30-3:00pm
- The Bishop's House, Duke University, Durham
- Maximum: 25; Fee: \$70; Course ID: 3091

## **Mantegna to Manet: Six Legendary Artists and Their Legacies**

Mantegna to Manet considers the careers of six celebrated artists in the early modern era and explores the many ways in which the artists' innovative styles were transmitted to and transformed by their friends, families, and followers. Among our topics will be: the adaptation of Andrea Mantegna's stylistic inventions by his fellow artist and brother-in-law, Giovanni Bellini; Artemisia Gentileschi's early reliance on and gradual independence from the style of her father and teacher, Orazio Gentileschi; Caravaggio's radical break with tradition and its manifestation in the varied styles of his Italian, French, and Dutch followers;

# Art & Architecture

and Velazquez's far-reaching and profound impact on the early paintings of Edouard Manet.

- Lecture (plus questions).

**Carolyn Wood** has a PhD in art history with a specialty in Renaissance and Baroque art. She has taught art history and museum studies at Bowdoin College, the University of Georgia, and UNC-Chapel Hill. She worked at the Ackland Art Museum for many years, serving as educator for university audiences and as assistant director for art and education.

- 6 Tue, Apr 14-May 19, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 25; Fee: \$70; Course ID: 3081

## Victorian Art in England

The reign of Queen Victoria lasted from 1837 to 1901. A maelstrom of social, economic, and political forces were swirling in England during this long era, which flowed into the artwork of that period. This course delves into how the interplay of the rule of Queen Victoria, the Industrial Revolution, hard times, and the contrast between rural and urban life infused the art of that time. Romanticism, idealism, social realism, and the Pre-Raphaelite revolt all manifested in the art of this important century, as well as in the practical versus imaginative architecture seen in English country houses of that time. • Lecture (plus questions).

### Recommended text:

- William Gaunt, *The Restless Century: Painting in Britain, 1800-1900* (9780714815442)

**Jan Elizabeth Mooney** earned a BA and MA in art history from the University of Wisconsin, a BA in art education from the University of Arizona, and an MA in history from San Diego State University, and did graduate work in art history at the University of Chicago and the Courtauld Institute of Art in London. She has been a member of the Attingham Trust in Britain since 1997.

- 6 Thu, Apr 16-May 21, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 30; Fee: \$70; Course ID: 3113

## Public Parks: An American Democratic Idea (and Ideal)

The concept of public parks as we know it today is rooted in the American ideal of social justice and an equitable society. Evolving since their emergence in the 1800s as an antidote to the social ills and unhealthy effects of rapidly growing and industrializing cities, parks today are recognized as key elements in assuring the health, safety, and welfare of all citizens. Parks don't "just happen"; they are deliberately created and maintained with public funds for public benefit. This course will help you understand the role of parks in our society and the processes by which they come to be. We'll look at the past, present, and future of parks as exhibited right here in the Triangle, with firsthand experience through a field trip to parks in central Raleigh. • Lecture (plus questions); Facilitated discussion; Field trip(s).

**Robby Layton** has been planning, designing, and studying parks for four decades. He has designed award-winning parks and planned park systems for municipal, county, state, and federal agencies in more than 25 states, and taught park design at the undergraduate and graduate levels. For his PhD, he studied the factors that affect the use and value of parks in their context as a public health benefit.

- 2 Thu, Apr 30 & May 7, 1:30-3:30pm
- Judea Reform Congregation, Durham
- Maximum: 20; Fee: \$30; Course ID: 3092

## The Judaic Art Gallery: History and Stories

The North Carolina Museum of Art is one of only two art museums in the US with a gallery dedicated to the ceremonial art of the Jewish people. Since its founding in 1984, the NCMA's Judaic Art Gallery has won international recognition for the quality and historical importance of its collection and for its leadership in collecting, exhibiting and interpreting Judaica for a diverse twenty-first century public. This single session

presentation will provide an introduction to the Judaic Art Gallery, its history, mission, and general overview of the collection which spans four centuries and four continents. The most important objects will be highlighted. In addition, there will be discussions of connoisseurship (what distinguishes quality and authenticity in Judaic art?) and provenance (where were these objects during the Nazi/World War II Era?). • Lecture (plus questions); Facilitated discussion.

**Please note:** Students should meet in the Judaica Art Gallery in the West Building of the North Carolina Museum of Art at 10:30am Thursday, April 30. Stools will be available. Students wish-

ing to have lunch on their own afterward in the museum's Iris restaurant should consider making a reservation.

**John Coffey** received a BA from UNC-Chapel Hill and an MA from the Williams College Graduate Program in the History of Art, Williamstown, MA. He is Deputy Director for Research, the Jim and Betty Becher Curator of American and Modern Art, and the Curator of Judaic Art at the North Carolina Museum of Art. From 2004-2016 he was Adjunct Associate Professor of Art at UNC-Chapel Hill.

- 1 Thu, Apr 30, 11:00am-12:30pm
- North Carolina Museum of Art, Raleigh
- Maximum: 25; Fee: \$25; Course ID: 3105

## Computers & Photography

### Social Media for Boomers

The advances in technology over the years have changed the way we communicate with family, friends, and colleagues far and near. Nowadays, most people regularly communicate via text, e-mail, instant messaging, and social media. This course will provide a basic understanding of how to utilize the three most widely used social media platforms—Facebook, Twitter, and LinkedIn—for professional and personal purposes. The course will begin with a history and overview of these platforms. Subsequent classes will cover how to create or update an account, how to build and interact with a community, how to maintain your privacy and keep your personal data secure, and how to manage notifications. The instructor will give live demos, and students can get optional hands-on experience using social media. In addition to learning how to use social media effectively, we'll also discuss how to adapt as social media and the tools for it evolve over time. • Lecture (plus questions); Active participation.

**Please note:** Students may wish to bring a phone, tablet, or laptop to use for optional hands-on experience using social media.

**Phyllis Coley** is CEO/editor of Spectacular Magazine, a digital magazine based in Durham, where she helps develop online content and implement social media strategies. Coley manages digital content on multiple social media platforms. With a BA in English from North Carolina Central University, she has previously held positions in broadcast media, marketing, and event planning.

- 4 Thu, Apr 16-May 14 (no clas Apr 23), 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 10; Fee: \$40; Course ID: 3095

### Cutting the Cable Cord

Are you tired of constant price increases from your cable provider, while finding you watch fewer cable channels? Want to watch acclaimed shows not on cable? This course will guide students

# Computers & Photography

through the maze of TV and streaming technology to plan the best approach to switching from cable TV service to alternative sources. Learn the basics of over-the-air broadcasts, streaming devices (Roku, Amazon Fire TV, Apple TV), and streaming services (Netflix, Hulu, Amazon Prime, and more). Discover online resources and tools to help in planning to cut the cord. View live demos of popular streaming devices and services in class. Students will be encouraged to log their cable viewing and also start a wish list of shows to watch to help them make a cord-cutting plan that best suits their individual needs and budget.

- Lecture (plus questions).

**Howard Koslow** has over 30 years' experience as a software developer at IBM. Now retired, he continues to explore technology for creative and productive uses, as well as to teach others to embrace it.

- 3 Thu, Apr 16-30, 1:30-3:00pm
- Judea Reform Congregation, Durham
- Maximum: 35; Fee: \$40; Course ID: 2795

## **A Hitchhiker's Guide to AI: Where We Are, How We Got Here, and Where We're Going**

See listing on page 56.

## **Cybersecurity 101: Practical Tips for Non-Techies**

How secure is your computer right now? You probably don't know. Computers and the Internet have revolutionized the modern world, but if you're like most people, you have no clue how they work or what the real threats are. It's not your fault. While there are tons of resources on cybersecurity for technically savvy people, there are almost none for regular, everyday folks. That's where this course comes in. The instructor will explain the basics of computers, networking, security, and privacy—in plain English, using simple analogies—and then will show what can be done at home to

make your computer (Mac or Windows) and even mobile devices (iPhone or Android) more secure. There will be optional reading and activities using the recommended textbook. • Lecture (plus questions); Active participation.

### **Recommended text:**

- Carey Parker, *Firewalls Don't Stop Dragons* (9781484238516)

**Carey Parker** has a master's in electrical engineering from Purdue University and has been writing telecom software for over 26 years for both large and small companies. Passionate about computer security and online privacy, Carey is the author of *Firewalls Don't Stop Dragons*. He writes a blog and hosts a podcast.

- 6 Mon, Apr 13-May 18, 6:30-8:00pm
- The Bishop's House, Duke University, Durham
- Maximum: 20; Fee: \$70; Course ID: 2327

## **Intro to iPhone Photography**

The best camera is the one that you have with you. Maybe that's why the iPhone has become the predominant camera in use today, and "iPhone-ographers" take and share more images than photographers with any other camera. Today's iPhones and iPads are completely self-contained and designed to capture, edit, store, and share images, all from the same platform. This course will enable iPhone users to understand and master this feature-rich camera. Topics will include: how to access and use the built-in camera app; how to improve images using Apple and third-party apps; how to store files through Apple and other cloud providers; how to share files on social media, including Instagram, e-mail, and messaging; and in-class practice using the iPhone for travel, portrait, and abstract photography. Throughout the course, students will have opportunities to practice and share images in an open, noncritical environment. • Lecture (plus questions); Facilitated discussion; Active participation.

**Prerequisites:** Students should have an iPhone



6 or later with adequate storage available to add one or two apps. Familiarity with the use of the Internet and e-mail is required.

**Required supplies/fee:** Students will be asked to buy additional apps at an estimated cost of \$10.

***Dennis Szerszen** retired from the software industry to become a full-time fine art photographer. He is a member of Triangle Visual Artists and a staff photographer for a local magazine. Dennis also volunteers with FRANK Gallery's Karen Youth Arts Group, mentoring refugee youth in using photography as a means of socialization and self-expression.*

- 2 Mon, Apr 13 & 20, 1:30-4:30pm
- Judea Reform Congregation, Durham
- Maximum: 12; Fee: \$45; Course ID: 2478

## Editing iPhone Photographs

The iPhone has become an important platform for taking, storing, sharing, and editing images. This course will focus on how to edit your photographs on your iPhone or iPad with Snapseed. Students will use their own images for an in-class editing workshop, which includes hands-on exercises and sharing images in a noncritical class experience. We will explore all of the functions available in Snapseed and share some tips and tricks for using Snapseed and post-process editors in general. • Lecture (plus questions); Facilitated discussion; Active participation.

**Prerequisites:** Students should have an iPhone 6 or later with adequate storage available to add one or two apps. Familiarity with the use of the Internet and e-mail is required.

**Required supplies/fee:** Students will be asked to buy additional apps at an estimated cost of \$10.

***Dennis Szerszen** retired from the software industry to become a full-time fine art photographer. He is a member of Triangle Visual Artists and a staff photographer for a local magazine. Dennis also volunteers with FRANK Gallery's Karen Youth Arts Group, mentoring refugee youth in using photography as a means of socialization and self-expression.*

- 2 Tue, Apr 28 & May 05, 1:30-3:30pm
- Judea Reform Congregation, Durham
- Maximum: 12; Fee: \$30; Course ID: 3055

## Light in Digital Photography

Photographers make an image into art by controlling the light through techniques such as adding flash, constant lighting, or modifying the available natural light. This course will cover light in all its forms. Natural light: We will learn to use various modifiers and techniques to enhance natural lighting. Battery-powered flash: We will explore on- and off-camera flash, one flash, and multiple unit scenes. Studio flash units: We will learn setup, try various modifiers, and learn how to synchronize with other flash units. We will cover light for portraits, still lifes, macro photos, small group photos, or any other type of shot that students want to explore in terms of lighting. Through demonstration and in-class participation, we will learn to make light work for our images.

- Lecture (plus questions); Active participation.

**Required:** Students should have an interchangeable lens DSLR or mirrorless digital camera (not a fixed lens, bridge, or pocket camera) and at least one storage card that works with their camera.

### Recommended texts:

- Bryant Peterson, *Understanding Exposure* (9781607748502)
- Scott Kelby, *The Flash Book* (9781681982748)

***Tom Benson** is a local fine art wildlife and nature photographer. With 30 years of experience, he has tried just about every photographic discipline and enjoyed some of them. A North Carolina native, he strives to showcase the natural beauty of the Southeast in his work. When it comes to making compelling images, he feels that "it ain't the camera!" that makes the difference.*

- 6 Wed, Apr 15-May 20, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 10; Fee: \$70; Course ID: 3079

# Computers & Photography

## **Windows 10: Beyond the Basics**

This course is for current Windows 10 users who want to learn more about navigating and using Windows and about features that help improve productivity and user experience. We'll begin with the basics of navigating the Windows desktop and menus, configuring the task bar, and using help resources. Then we'll explore the Windows file system by working with files and folders, finding out how files can be shared, and exploring the uses and limits of cloud storage. Additional topics will include a tour of built-in Windows apps such as Notepad, Wordpad, Sticky Notes, and Media Player and other essential apps such as Web browsers. We'll also cover security and privacy features of Windows and selected apps, and suggest best practices (e.g., managing user

accounts and passwords, avoiding e-mail spam, etc.). Finally, we'll cover how to update Windows and perform simple maintenance. Students will have opportunities to try hands-on exercises on their own laptops to reinforce the material being taught. • Lecture (plus questions); Active participation; Viewing videos.

**Prerequisites:** Students must have a laptop with Windows 10 installed. Some familiarity with Windows 10 is helpful.

***David Talaski** is a 30-year computer industry veteran who has worked with computers in many ways, ranging from designing silicon chips, to assembling his own computers, to building systems for large companies.*

- 6 Tue, Apr 14-May 19, 3:15-4:45pm
- Judea Reform Congregation, Durham
- Maximum: 8; Fee: \$70; Course ID: 3115

# Economics, Finances & Retirement

## **Financial Literacy: Navigating Retirement**

Retirement used to be for coworkers, parents, and friends, not you. Now that you're living it or retirement is just around the corner, join us as we explore, reinforce, or disrupt your current thinking on what to do financially in retirement. We will discuss the importance of visualizing the next few years of your retirement life before you start putting your financial jigsaw puzzle together. This course is appropriate for those who wish to have a better understanding of financial topics such as inflation, longevity, risk management, and estate planning, and how they may impact not only your retirement but also the lives of your family and friends. • Lecture (plus questions); Facilitated discussion.

***Jim Tucker** is a CFP(r) and a cofounder of the*

*Durham wealth advisory firm Tucker Bria. Tucker Bria expanded its mission in 2019 beyond wealth advisory to include teaching financial literacy. Prior to Tucker Bria, Jim enjoyed a 15-year business career crossing a wide range of industries. Jim is a graduate of Duke and the Harvard Business School.*

- 5 Mon, Apr 13-May 11, 9:00-10:30am
- Judea Reform Congregation, Durham
- Maximum: 20; Fee: \$60; Course ID: 3059

## **Aging in Place/Aging at Home: What You Should Know**

Surveys repeatedly show that aging in place/aging at home is, by far, the most popular option among those 65 or older. Yet it is often misunderstood, primarily because the focus in the media and in the housing industry tends to be on the

home itself. Home modification is one factor to consider, but other equally important factors are often overlooked. Maintaining quality of life while aging in place requires planning for the health, social, physical, and emotional needs that come with aging. This course will look in-depth at these important factors as well as at the current environment for aging in place; the private and public resources available to support those aging in their homes; federal, state, and local program assistance; long-term care insurance; and the seven elements that should be part of any plan for aging at home. • Lecture (plus questions); Facilitated discussion.

***John DiMiceli** is a retired public sector administrator, consultant, and teacher. He has been a contributor to and instructor for other OLLI Third Age courses including: Stay Put or Move On, Retirement Communities, and New Lens: New View of the Third Age.*

- 2 Wed, Apr 15 & 22, 1:30-3:00pm
- Judea Reform Congregation, Durham
- Maximum: 25; Fee: \$30; Course ID: 3046

## Retirement Communities

This course is intended for those interested in learning about retirement communities as they prepare for the next stage of their lives, sometimes referred to as the “Third Age.” While this course explores the broad range of retirement community offerings in the market, the focus will be on independent living and continuing care retirement/life plan communities. Attention will be given to their purpose and structure, the different financial models they employ, the services they offer, their entrance requirements, and an overview of entrance and monthly fees. While this course does not include visits to these communities, it is designed to provide participants with sufficient knowledge and insight into their overall purpose and operation to be able to conduct productive visits as part of a personal evaluation and planning process. As a class, we will construct a

list of questions to ask when visiting independent living and continuing care retirement/life plan communities. • Lecture (plus questions); Facilitated discussion.

***John DiMiceli** is a retired public sector administrator, consultant, and teacher. He has been a contributor to and instructor for two other OLLI Third Age courses: Stay Put or Move On and New Lens: Intentional Aging in Place.*

- 2 Mon, Apr 13 & 20, 1:30-3:00pm
- Judea Reform Congregation, Durham
- Maximum: 40; Fee: \$30; Course ID: 2798

## Economic & Social Development: A Review of Basic Concepts and Issues in Today’s World

Today’s world poses new challenges and opportunities for countries seeking to improve the standard of living for its citizens and achieve economic growth. We will examine the basic concepts of social and economic development, different approaches used toward development, barriers facing less developed countries, the effectiveness of international aid and assistance, and experiences in democratic and other forms of government. Issues facing today’s world and their effect on economic development will be examined, including populism, globalization, modern technology, and changes in global leadership and in the rules-based international order. • Lecture (plus questions).

***Stephan Wittkowsky** is an economist, a business consultant, and a professor. He was born and worked in Guatemala and now lives part-time in Chapel Hill, where he is active in various local organizations and institutions. He is a graduate of Cornell University, with extensive experience in the private, public, and academic arenas in Latin America and the US.*

- 6 Tue, Apr 14-May 19, 9:00-10:30am
- Judea Reform Congregation, Durham
- Maximum: 30; Fee: \$70; Course ID: 3054

# Economics, Finances & Retirement

## Federal Budget & Debt: So What?

The current federal budget is \$5 trillion, and the federal debt is \$23 trillion (that's \$110,000 per US adult) and growing. What we don't know, we can't change. Would you write a check every day without knowing what you are buying??? This course is an examination of what makes up the federal budget, including North Carolina-related resources, and the impact of the increasing federal debt on current and future choices. The course objective is to "simplify" the federal budget and provide an understanding of the timing and type of decisions that go into creating it and who makes those decisions, including discussing trade-offs and IOUs, what "balance the budget" means, choices and their impacts (e.g., Medicare), and what happens when the unexpected occurs (e.g., hurricanes, pandemic flu, stock market crash). The course will be interactive, and participants will get to "decide" on proposed budget actions to send to DC to determine if we can "have our cake and eat it too." • Lecture (plus questions); Facilitated discussion.

### Recommended reading:

- Committee for a Responsible Federal Budget ([crfb.org](http://crfb.org))
- Peterson-Pew Commission on Budget Reform ([budgetreform.org](http://budgetreform.org))
- White House, President's Budget ([whitehouse.gov/omb/budget](http://whitehouse.gov/omb/budget))
- Congressional Research Service's "Introduction to the Federal Budget Process" ([fas.org/sgp/crs/misc/98-721.pdf](http://fas.org/sgp/crs/misc/98-721.pdf))

This list may be added to or changed prior to class start date, based on most recent updates and information online.

**Ed Johnson** is a retired federal executive and federal budget and finance expert (former chief financial officer, budget director, financial manager, strategic planner). Ed's highly recognized experience is top to bottom, having worked for/with the White House, Congress, many federal agencies,

state/local governments, and oversight entities.  
[linkedin.com/in/edward-h-johnson-4b78a8b0/](https://www.linkedin.com/in/edward-h-johnson-4b78a8b0/)

- 3 Mon, Apr 20, May 4 & 18, 11:00am-1:00pm
- Carolina Arbors, Durham
- Maximum: 25; Fee: \$45; Course ID: 2885

## The Triangle Community Economy: Local Opportunities to Connect, Collaborate, and Share

Cohousing. Time banks and barter networks. Cooperatives. Ride-sharing systems. Community supported gardens and food distribution. These are a few examples of the ways people are working together to build resilience within a world that is increasingly fragmented and uncertain due to challenges such as social division and inequality, poverty, and environmental crisis. This course examines socioeconomic solutions that emphasize connection, inclusivity, and collective action, exploring options in housing, food access, transportation, health care, finance, exchange, and democratic governance. It highlights examples in the Triangle in which local people can participate. This course is highly interactive, with limited instructor lecture, discussion-oriented guest presentations, group activities, and a final integrative simulation. • Lecture (plus questions); Facilitated discussion; Active participation; Viewing videos; Field trip(s).

**Tom Fletcher**, MAT (Education), MA (Anthropology), is an educational consultant and community educator. A former high school teacher, he is an instructor for *Roots of Success*, a green jobs and environmental literacy course; a steering committee member for Durham's Participatory Budgeting project; and a community garden coordinator. He is active in building sustainable, resilient networks in Durham.

- 6 Sun, Apr 19-May 24, 1:30-3:00pm
- The Bishop's House, Duke University, Durham
- Maximum: 14; Fee: \$70; Course ID: 3109



## Lessons from Market History

This course will review financial market history. Financial market history tends to repeat. We will examine financial events over the past 2,000 years. We'll look at previous market bubbles and panics in various asset classes, including stocks, bonds, real estate, and tulip bulbs. We'll explore the history of sovereign debt and defaults, including federal and state governments. We'll examine the history of currencies and hyperinflation, including Continental dollars and Zimbabwean, German, Greek, post-Soviet, Eastern European, and Central American currencies. The instructor has been working for seven years on a book on the history of money and financial markets. He has utilized undergraduate and graduate school interns from Duke and UNC-Chapel Hill in his

research. This course will discuss many of the issues researched for the upcoming book.

- Lecture (plus questions); Facilitated discussion.

**Ken Nelson** started on Wall Street in 1987. He earned his MBA from Duke and has guest lectured at Duke's Fuqua School. Ken has provided economic commentary on TV and radio for more than 25 years. He is the president of Nelson Wealth Advisors and has helped institutions and individuals manage their assets since 1987. Ken is past president of the Duke Triangle club. Ken is the father of 10.

- 6 Wed, Apr 15-May 20, 9:00-10:00am
- Judea Reform Congregation, Durham
- Maximum: 50; Fee: \$70; Course ID: 3077

**See page 8 for venue addresses**

## Hands-On Art

### Learn to Knit: One Dishcloth at a Time

There's no better way to learn or to review knitting techniques than by making a dishcloth or hot pad. In this self-paced course, we will learn the basics of knitting by making a simple garter stitch dishcloth and then expand into color, lace, and cable work by completing several unique dishcloth patterns as time allows. Skills taught include knitting, purling, increasing, decreasing, chart reading, and cabling. No experience is required. All levels are welcome. • Active participation.

**Required supplies/fee:** Students will purchase materials independently for an estimated cost of \$25. For additional information on supplies, please see the course details at [learnmore.duke.edu/olli](http://learnmore.duke.edu/olli).

**Amie Palmer** is a lifelong fiber arts enthusiast who has been knitting and sewing for over 30 years. Her

favorite projects include making custom-fit clothing and creating interesting textures using a variety of knitting techniques. She is a Craft Yarn Council Level II certified knitting instructor who loves sharing her craft with others.

- 5 Mon, Apr 20-May 18, 11:00am-12:30pm
- The Bishop's House, Duke University, Durham
- Maximum: 8; Fee: \$60; Course ID: 2816

### Beyond Knit & Purl: Knit Beaded Jewelry

Beads add interest and pizzazz to any knitted project. Jewelry is the perfect project to learn techniques to add beads to any of your knitting projects. In addition to beads, we'll explore lace knitting, I-cord construction, and other techniques needed to create a variety of beautiful fashion accessories. Students should bring US size 2

# Hands-On Art

knitting needles of any type to the first class. The first week's project has a \$10 fee to cover all other materials needed. Additional weekly project materials can be purchased by the student or purchased from the instructor for an additional fee. • Active participation.

**Prerequisites:** Students must be able to knit and purl.

**Required supplies/fee:** Students will purchase materials from the instructor and/or independently for a total estimated cost of \$50. For additional information on supplies, please see the course details at [learnmore.duke.edu/olli](http://learnmore.duke.edu/olli).

***Amie Palmer** is a lifelong fiber arts enthusiast who has been knitting and sewing for over 30 years. Her favorite projects include making custom-fit clothing and creating interesting textures using a variety of knitting techniques. She is a Craft Yarn Council Level II certified knitting instructor who loves sharing her craft with others.*

- 5 Mon, Apr 20-May 18, 1:30-3:00pm
- The Bishop's House, Duke University, Durham
- Maximum: 8; Fee: \$60; Course ID: 3050

## Plain & Fancy! Weaving Sampler

Learn to weave patterns in cloth using a hand-built rigid heddle loom. We'll be exploring what patterns you can make with plain weave as well as how to use pickup to create patterns usually woven with multiple harness looms. Some discussion of the artwork of Anni Albers will be included. All materials will be provided. No experience is necessary, but this is a great follow-up to the winter session Weave or Knot! course. • Active participation.

**Required supplies/fee:** Students will purchase supplies from the instructor for a fee of \$10, or \$5 if they bring loom made in Weave or Knot! class.

***Jan French** is a fiber artist, arts educator, demonstrator, and collaborator who weaves on location*

*at schools, arts councils, museums, festivals, and Scrap Exchange events. She is a Triangle Weavers Guild member and has instructed hundreds of folks of all ages how to build and weave on a simple hand-made loom. Her larger fiber artworks include natural and salvaged materials.*

- 6 Tue, Apr 14-May 19, 1:30-3:00pm
- Judea Reform Congregation, Durham
- Maximum: 8; Fee: \$70; Course ID: 3087

## Basket Weaving

We will weave a rectangular market-style basket with an arched top that is about 8 inches long x 6 inches wide x 10 inches high with handle. No experience is necessary to weave this basket. The instructor will provide all weaving materials and a pattern. Students will bring an old small towel, a spray bottle for water, and, if available, a hand pruner, shears, or scissors to cut wood reed, an awl, and about a dozen spring-type clothespins. The instructor will have tools and clothespins available for class use. Students must attend the first class. • Active participation.

**Required supplies/fee:** There is a \$15 fee, payable to the instructor at the first class. For additional information on supplies, please see the course details at [learnmore.duke.edu/olli](http://learnmore.duke.edu/olli).

***Lu Howard** has been weaving baskets since 1983. Her baskets have won many ribbons at the State Fair. She enjoys basket weaving, Japanese embroidery, Ikebana, sewing and quilting, craft projects, and sharing her skill with others. She has been teaching craft courses at OLLI for about 15 years.*

- 6 Fri, Apr 17-May 22, 11:00am-1:00pm
- Emily K Center, Durham
- Maximum: 12; Fee: \$70; Course ID: 2912

**See page 8 for venue addresses**

## Introduction to Zentangle®

This course is an introduction to the Zentangle® drawing method. Students will learn the history and philosophy of Zentangle, the applications and steps for creating a Zentangle tile, and at least nine “tangles” or patterns. We will work with colored tiles, black tiles, round tiles, white pencil and ink, and colored pencils. We will learn shading and other special techniques. The Zentangle method is an easy-to-learn, relaxing, and fun way for beginners to create beautiful images by drawing structured patterns. It increases focus and creativity, while providing artistic satisfaction along with a sense of personal well-being and empowerment. Zentangle classes are taught by certified Zentangle teachers (CZTs). Students will need to purchase a \$25 kit (which contains everything they will need) from the instructor.

- Active participation.

**Required supplies/fee:** Students will purchase all supplies from the instructor for a fee of \$25, due at the first class.

*Cathy Boytos is an artist, award-winning graphic designer, and certified Zentangle teacher. She lives in Raleigh with her husband, Greg. She taught graphic design at community colleges. As a certified Zentangle teacher, her wish is to be your guide on a journey that is easy, simple to comprehend, and fulfilling beyond expectations.*

- 5 Tue, Apr 14-May 12, 9:00-11:30am
- Carolina Arbors, Durham
- Maximum: 15; Fee: \$70; Course ID: 2495

## Sketching for Seniors & Children

This outdoor sketching course is for seniors and children ages five and up, though seniors may attend without a child as well. We will meet in front of Lilly Library on East Campus and walk together observing the details of spring. We will then gather in the shade to sketch what we have observed. The instructor will provide materials.

No prior sketching experience is necessary. The objective of the course will be to increase your observations of nature and your surroundings and to sketch as an exercise to record some of your impressions. • Active participation.

**Please note:** Wear comfortable clothing and bring a beach towel or folding chair. Bring a cell phone to use for gathering photos on location. The class will be rescheduled if it is raining.

**Required supplies/fee:** Students will purchase supplies from the instructor for a fee of \$2.

*Wende Essrow is a retired teacher, author, and illustrator of two children's books and an award-winning photography and poetry book, At First Light. She has been facilitating creative workshops for families since retiring from teaching children with special needs. She is passionate about the natural world and loves to spend time celebrating art and nature with families.*

- 1 Sat, May 16, 9:00-10:30am
- Meet at Lilly Library, Duke University, Durham
- Maximum: 25; Fee: \$25; Course ID: 3094

## The Art & Science of Drawing

This is a hands-on drawing course that presents the junction of science and art. Light, shadow, shade, form, and composition rely as much upon the physics of light and the physiology of sight and vision as on the techniques and methods of creating an image. Whether you are a novice or accomplished draftsman, this course can provide you with new insight or review the elements that make for a satisfying drawing experience.

- Facilitated discussion; Active participation.

**Required supplies/fee:** There will be a \$10 materials fee, due to the instructor at the first class. Former students of drawing classes can bring their own tools.

*G. Wade Carmichael is a graduate of Indiana University, Herron School of Art and Design. He is a recipient of the Mary Millikan Award for Painting. Wade has taught at Indiana University, the Children's*

# Hands-On Art

*Museum of Indianapolis, Queens University of Charlotte, and programs in Cary and Apex, North Carolina. Parkview Studios in Cary is Wade's primary workspace.*

- 6 Fri, Apr 17-May 22, 1:00-3:00pm
- The Bishop's House, Duke University, Durham
- Maximum: 15; Fee: \$70; Course ID: 3099

## The Human Face: A Drawing Challenge

The human face is a challenge for many artists and would-be artists. This course focuses on just that challenge. Artists and students of any skill level can benefit from this concentrated study of rendering the human head and face in dry media. Graphite pencils, colored pencils, pastels, Conte crayons, charcoal, and other dry media can be applied in this program. • Facilitated discussion; Active participation.

**Required supplies/fee:** There will be a \$10 materials fee, due to the instructor at the first class. Former students of drawing classes can bring their own tools. Students may bring their own dry media if they have a preferred medium.

**G. Wade Carmichael** is a graduate of Indiana University, Herron School of Art and Design. He is a recipient of the Mary Millikan Award for Painting. Wade has taught at Indiana University, the Children's Museum of Indianapolis, Queens University of Charlotte, and programs in Cary and Apex, North Carolina. Parkview Studios in Cary is Wade's primary workspace.

- 6 Tue, Apr 14-May 19, 9:00-11:00am
- The Bishop's House, Duke University, Durham
- Maximum: 10; Fee: \$70; Course ID: 3102

### Special Requirements & Notes

Some courses have required supplies, prerequisites, fees, and/or special notes for participants. Details online at [learnmore.duke.edu/olli](http://learnmore.duke.edu/olli).

## Intro to Medical Illustration

Medical illustration is a small yet diverse field that combines an intimate knowledge of the human body with a mastery of graphic art techniques. This course is designed to give a broad overview of the profession and how medical illustration is applied today. We'll look at several fine art techniques that were relevant to the evolution of the field—such as carbon dust, pen and ink, and scratchboard—and experiment with a variety of modern mediums used to re-create those aesthetics today. Students will then work in a style of their choosing to create their own medical illustration from a specimen provided by the instructor. • Lecture (plus questions); Active participation.

**Please note:** This is a fun and informative course with no prerequisites (other than a “strong stomach”). Please wear dark clothing or older garments to freely experiment with various art supplies that could potentially stain.

**Required supplies/fee:** There will be a \$13 materials fee, due to the instructor at the first class.

**Marie Rossettie** is a visual artist and certified medical illustrator. She holds an MS in biomedical visualization from the University of Illinois at Chicago. She owns Left Right Brain, an independent creative services company, and is cofounder of Level Retreat, an oasis for multidisciplinary artists to temporarily live, create, and be inspired to produce enduring works.

- 3 Tue, Apr 14-28, 11:00am-12:30pm
- St. Thomas More Church, Chapel Hill
- Maximum: 10; Fee: \$35; Course ID: 3070

## Harp I: Beginner Level

See listing on page 51.

## The OLLI Harp Ensemble: Spring Concert

See listing on page 51.



## Palette Knife Painting Plus

You will love painting with a palette knife. It's loose by nature and there are no solvents—you will be using water-soluble oils. Paint simple subjects such as fruits, flowers, boats, and more. The instructor will bring pictures each week and do some demonstrations. You will be amazed at how easy this is and how simple the cleanup will be: you just wipe the knife off! Students of this course from previous terms are welcome; there will be some new subjects. We'll have an optional members-only private Facebook page to share ideas, your paintings, and enrichment. • Active participation.

**Please note:** Please arrange to print your weekly lesson in color and bring it to class. If this is impossible, you can bring your laptop or tablet.

**Required supplies/fee:** Students will purchase materials independently for an estimated cost of \$100. For additional information on supplies, please see the course details at [learnmore.duke.edu/olli](http://learnmore.duke.edu/olli).

***Nancy Darling** is an award-winning artist who has been painting with watercolors and oils for over 30 years. She is known for beautiful colors and an abstract quality in composition. Her work has been shown in museums across the country. She is a Signature Member of the Society of Animal Artists and an associate member of Oil Painters of America.*

- 6 Wed, Apr 15-May 20, 1:30-3:00pm
- Judea Reform Congregation, Durham
- Maximum: 10; Fee: \$70; Course ID: 3085

## Abstract Painting: Theory and Practice

See listing on page 16.

## Chinese Brush Painting: Animals

Students will learn to paint lovely animals, such as a panda, squirrel, dog, cat, or favorite pet, along with suitable surroundings, for example, flowers, trees, or a simple landscape. Each person will complete a beautiful painting in every class, while practicing basic brush painting techniques. This course is for both experienced and beginning students. • Active participation.

**Required supplies/fee:** Students will purchase materials for an estimated cost of \$35. For additional information on supplies, please see the course details at [learnmore.duke.edu/olli](http://learnmore.duke.edu/olli).

***Jinxu Zhao (Alice)** is a professional brush painting artist who specializes in the teaching of Chinese brush painting and calligraphy to both children and adults. She has taught calligraphy and brush painting in North Carolina for 24 years at all levels of the public schools, in teacher training programs, and in private classes.*

- 6 Tue, Apr 14-May 19, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 12; Fee: \$70; Course ID: 1147

### Spring Registration

Registration for spring term courses opens at 9:00am on **Wednesday, March 25**, for Saturday, Sunday, Monday, and Tuesday courses, and at 9:00am on **Thursday, March 26**, for Wednesday, Thursday, and Friday courses.

**Ways to Register** • Online at [learnmore.duke.edu/olli](http://learnmore.duke.edu/olli) • By paper form (see insert) mailed or delivered to The Bishop's House • By calling the Registration Team at 919-684-6259

**More Information...** See "How to Register" in the Registration Insert for details. Registration FAQs are on pages 69-71. Visit [learnmore.duke.edu/olli](http://learnmore.duke.edu/olli).

# Health & Wellness

## Becoming a Creative Genius: Renewal and Growth of Your Creative Qualities

In all our lives' adventures to come—big and small—we will be well served by being and becoming the most creative and entrepreneurial versions of ourselves that we can be. The good news is, there are recent neuroscience discoveries that reveal that a 55-plus-year-old brain is going through significant biological changes that invite major creative growth. The great news is, it is simple for you to leverage those changes to accelerate that growth—and to continue to grow for decades to come. This course takes creative principles and practices that have been tested, refined, and proven to help grow creative capacity and develop entrepreneurial instincts and behaviors and maps them to those biological changes. The course is fast paced, highly interactive, and organized such that the last classes will be tailored to the students' individual interests.

- Lecture (plus questions); Facilitated discussion; Active participation.

**Please note:** The instructor's work-in-progress creativity book will be available as a free Word document download.

**Required supplies/fee:** Students should bring a journal and colored pencils or crayons for an estimated cost of \$15.

### Recommended text:

- Carl Nordgren, *Becoming a Creative Genius {again}* (9781611532166)

*Carl Nordgren loves helping folks become their most creative selves; it's his calling. He brings his experiences as a teenage fishing guide in wilderness Ontario, a creative professional and serial entrepreneur including at Cellular One and FGI, and a Duke creativity course instructor for 14 years. He has studied nearly 100 research projects on the topic. He is also an award-winning novelist.*

- 6 Wed, Apr 15-May 20, 2:00-4:00pm
- United Church of Chapel Hill
- Maximum: 50; Fee: \$70; Course ID: 3049

## Grief Relief for Pet Loss

"I joyously promised a forever home to our two rescued Weimaraners, Bentley and Beemer. Sadly, their forever was shorter than mine. For ten years they were my 'fur-babies.' Then suddenly I was sucked into the emptiness of their absence, staring at two lacquered boxes of fur-and-bone ash. Grief grabbed me by the throat like a rag doll in the jaws of a pit bull. Well-meaning kumbaya sharing circles—cliché sentiments, smarmy platitudes—just weren't cutting it. So I set out to better understand grief and mourning." Everybody handles loss differently. Via lecture/discussion and creativity, this course suggests innovative, research-based ways of braving loss, one meaningful action at a time. Using the "Gutsy Little Grief Guides" cards we will cover: (1) The Down 'n' Dirty of Grief; (2) Support Systems (You Ain't Alone in This, Baby . . . Except Mostly You Are); (3) Grief Tamers; (4) Life after Death. (Yours . . . after Theirs). Plus we'll create personalized keepsake boxes—a kind of healing through art for non-artists like me. • Lecture (plus questions); Facilitated discussion; Active participation; Writing.

**Required supplies/fee:** Students will purchase a Pet Loss Survival Kit from the instructor for a fee of \$25, due at the first class.

*Elaine Taylor has previously taught Story Structure courses at OLLI and is the creator of the nonprofit the Grief Relief Project. She is the author of Karma, Deception, and a Pair of Red Ferraris: A Memoir and two suspense novels, Final Betrayal and Final Consequence. Her short pieces have been published in numerous print and online media outlets.*

- 4 Tue, Apr 14-May 5, 3:15-4:45pm
- Judea Reform Congregation, Durham
- Maximum: 12; Fee: \$50; Course ID: 3064

## Keeping Your Body Fit

See listing on page 47.

## Get Down—and Back Up Again: Excerpts from the Change Your Age® Program

In this course for baby boomers, excerpted from the Change Your Age® program, you will refine your ability to move from standing to lying on the ground and then back to standing. Efficiently. Effortlessly. Without falling or going “bump.” Playfully and safely. Like a child. How? This movement requires and refines all the skills of a healthy human system: coordination, flexibility, strength, balance, breath, and awareness. The loss of these skills makes us afraid of falling. Once afraid, we increasingly limit ourselves as we get older. Practicing a few minutes twice a week will increase your fitness level and sense of self-assuredness as you age. P.S. You'll find that getting in and out of bed, getting up and down from a chair, and bending over will become simple and safe. Your back comfort will increase. And you'll feel and act younger much longer!

- Exercise or dance; Active participation.

**Please note:** Women and men are welcome. You must be able to get down to, up from, and lie on the floor comfortably. Please bring a thick blanket or sleeping bag on which to lie and a big towel to fold to create support for your head if you need it. Wear comfortable clothes for movement, and dress in layers. Please call the instructor (919-967-8013) to discuss any concerns you might have about your ability to participate.

***Karen Dold**, Feldenkrais Method practitioner and movement educator, teaches her students how to move from pain and limitation to ease and agility. She has been teaching classes throughout the Triangle area since 2000 and has private practices in Chapel Hill and Cary.*

- 6 Wed, Apr 15-May 20, 9:00-10:30am
- Judea Reform Congregation, Durham
- Maximum: 20; Fee: \$70; Course ID: 1790

**See page 8 for venue addresses**

## If You Can Walk, You Can Dance

As told in an African proverb, “If you can talk, you can sing, if you can walk, you can dance,” and in this course we will dance to celebrate special occasions and just to have fun. Beginning with the ballet barre (great for improving posture and balance and increasing core strength and flexibility), we will releve, plie, and stretch our bodies from head to toe. Next, we will take to the dance floor, where we will move to a different beat, song, and style each week. We will end class with floor exercises designed to relax, rejuvenate, and revitalize our spirits (exercises may be done in a chair). No prior dance experience is necessary, just a willingness to explore the exciting and challenging ways we can move our bodies. • Exercise or dance; Active participation.

**Please note:** Wear comfortable clothing easy to move and dance in.

**Required supplies/fee:** Students will purchase materials (a yoga type floor mat, water bottle and dance shoes or socks with grips to prevent slipping) independently for an estimated cost of \$15.

***Sue Wartell** has been in love with dance and movement of all kinds since she was a four-year-old ballerina/tomboy. She has a BS in physical education, an MA in elementary education, and an MS in health education. She has taught PE/health in high schools for more than 30 years and is currently a certified personal trainer/aerobics instructor with a specialty in Pilates mat/equipment training.*

- 6 Thu, Apr 16-May 21, 2:00-3:30pm
- Carolina Dance Academy, Durham
- Maximum: 30; Fee: \$70; Course ID: 0442

## Energy Balancing

Polarity therapy is a holistic health system that includes energetic touch/holds, energetic nutrition, energetic yoga, and “thought” consciousness to bring our energetic bodies back into bal-

# Health & Wellness

ance. It is not massage (you keep your clothes on!) or Reiki. Some describe polarity therapy as acupuncture without the needles. It has only been in recent years that our culture has accepted that we are energetic beings. Just like our tendons and muscles have a pattern, so does our energy system. We are vibrating balls of energy! If our energy system constricts, expands, gets blocked, or gets disconnected, the result is physical or emotional pain. In this course, the instructor will teach simple techniques for balancing your energy system using polarity therapy. We will use an energy assessment questionnaire to learn about your energy type, where you may be out of balance, and how to get back in balance. The instructor will demonstrate some techniques and provide handouts. • Lecture (plus questions); Facilitated discussion; Exercise or dance; Active participation.

**Please note:** Please wear comfortable and flexible clothing, such as yoga wear or gym clothes. Please leave jewelry at home.

**Julie Chapman**, BA in psychology, is a board certified polarity practitioner, an owner of Piedmont Polarity and NuEnergy Health, and a teacher at Carolina Polarity Institute of Energetic Studies. She graduated from the Ohio Institute of Energetic Studies and has been practicing and teaching polarity therapy for 20 years.

- 3 Thu, Apr 16-30, 6:30-8:30pm
- The Bishop's House, Duke University, Durham
- Maximum: 12; Fee: \$45; Course ID: 3056

## Meditating with the Voice: Relaxation and Healing through Sound

Everything in the universe is sound and vibration. We shall engage this notion and use the vibrations of our voices to engage our bodies and minds through breath and vocal sound. During this six-week course, we will experience and practice vocal toning, chant, and meditative sing-

ing and begin to develop voice, ear, and body connections. This practice links us to our feelings around our attachment and/or aversion to our own voices. We will discuss the science of sound and explore how healing our voices can be for ourselves and others. The sound we create with our voices can communicate to specific chakras, or energy centers, within our bodies to promote healing, relaxation, and well-being. Experience gentle movement and the soothing sounds of crystal sound bowls. Vocal meditation allows us to free the voice, to be in the moment, and to feel the inner and outer resonance of the voices surrounding us. We'll leave each class feeling centered and soothed. • Facilitated discussion; Exercise or dance; Active participation; Listening to audio recordings; Viewing videos.

*With years of classical and nonclassical focused singing, **Shana Adams** has passionately facilitated vocal meditation workshops encouraging healing and relaxation through the voice. In 2018, Shana completed a level one sound healing certification through the Sound Healing Academy based in Cornwall, UK, and will pursue a practitioner's certification in 2020.*

- 6 Thu, Apr 16-May 21, 9:00-10:30am
- Judea Reform Congregation, Durham
- Maximum: 24; Fee: \$70; Course ID: 2818

## Meditation & Healing

Enjoy Tom's meditation, healing, and inner peace course. It's for everyone, even people who believe they could never meditate. With over 40 years' experience, Tom's teachings are crystal clear and easy to follow. They combine profound meaning with light humor. Tom has a special gift for helping people understand the root causes of their suffering and how to create healing. Students will learn: How your busy mind causes unrest by striving to control you. How to train your mind to serve you, creating calmness that enables you to experience your Inner Being with clarity and new insight. Effective healing techniques for relief from worry, fear, anxiety, panic



attacks, pain, stress, and guilt. Practical approaches to experiencing inner peace by living your life in the present moment and becoming free of internal enemies. Tom's experiential course is based on his book, *Our Two Gardens: How to Cultivate Healing*, and his CD, *Meditation and Healing*. Learn more at [hathahouse.com](http://hathahouse.com).

- Active participation.

**Required:** Attending the first class is required.

**Tom Spector** began meditating in 1968 while enrolled in an intense graduate program at Yale University. He started teaching in 1976, after a magical meeting with Elisabeth Kubler-Ross at a Ram Dass meditation retreat. Tom is internationally regarded as a refreshingly effective meditation and healing teacher.

- 3 Thu, Apr 16-30, 11:00am-12:30pm
- St. Thomas More Church, Chapel Hill
- Maximum: 50; Fee: \$35; Course ID: 3082

## **Waking Up— Our Cultural Trance**

See listing on page 49.

## **Qigong: Energy for Life**

Qigong (chee-goong) refers to traditional Chinese exercise designed to enhance personal life force for healing, wellness, vitality, physical power, mental-emotional balance, and/or spiritual progress. Qi, literally, internal energy or bioelectricity, is formulated from air, food, the environment, and our own in-born essence. In nature, it is the vibration of yin and yang, the source of both change and continuance. This course will focus on deepened breathing, whole-body movement, and visualization as we practice Rising Lotus Medical Qigong, selections from the ancient 18 Immortals Qigong, Five Animal Frolics, and other exercises. • Exercise or dance; Active participation.

### **Recommended texts:**

- Kenneth Cohen, *The Way of Qigong* (9780345395290)
- Jwing-Ming Yang, *The Root of Chinese Qigong* (9781886969506)

**Jay Dunbar** (PhD, UNC-Chapel Hill, education) is director of the Magic Tortoise Taijiquan School ([magictortoise.com](http://magictortoise.com)). An "indoor" student of Grand-master Jou Tsung Hwa, he has studied taijiquan and qigong since 1975 and has taught in the Triangle area since 1979.

- 6 Mon, Apr 13-May 18, 3:15-4:45pm
- Judea Reform Congregation, Durham
- Maximum: 25; Fee: \$70; Course ID: 2151

## **T'ai Chi: Mindfulness in Motion**

T'ai chi (taijiquan or t'ai chi ch'üan) is a traditional Chinese moving meditation, martial art, and exercise. It arose out of the belief that slow, continuous motion, combined with an internal focus on subtle changes, enhances energy, well-being, and mental, emotional, and physical balance. Scientific studies have verified many of its benefits, and medical professionals now endorse it for arthritis, Parkinson's, fibromyalgia, balance difficulties, pulmonary and cardiovascular diseases, and a wide variety of other conditions. It is easy to practice, requires no special space or equipment, and integrates natural, easy movement with a joyful, reflective approach to daily life.

- Exercise or dance; Active participation.

**Prerequisites:** This special course is only open to those who have taken Dr. Jay's Moonlight (fall) or Starlight (winter) course, or both. This course reviews those choreographies and combines them into the traditional 108-movement long form. The next opportunity to begin t'ai chi study through OLLI will be this fall.

### **Recommended text:**

- Tsung Hwa Jou, *The Dao of Taijiquan: Way to Rejuvenation* (9780692034057)

# Health & Wellness

**Jay Dunbar** (PhD, UNC-Chapel Hill, education) is director of the Magic Tortoise Taijiquan School ([magictortoise.com](http://magictortoise.com)). An “indoor” student of Grandmaster Jou Tsung Hwa, he has studied taijiquan and qigong since 1975 and has taught in the Triangle area since 1979.

- 6 Thu, Apr 16-May 21, 9:00-10:30am
- Barriskill Dance Theatre School, Durham
- Maximum: 30; Fee: \$70; Course ID: 0420

## The Journey of Grief

Grief is universal; it is an unavoidable experience. This course will focus on learning about the psychological, spiritual, and sociological aspects of grief. The journey will begin with an overview of how grieving has changed in our culture and how grief differs among cultures and religions. Along the way, we will learn about visual representations of the effects of grief; explore emotions, both positive and negative, that are common in grieving; discover how important meaning-making is in the process of grief; and examine both individual and family reactions to grief. We will conclude the journey by learning about coping skills and other resources that can promote healing and hope. The course consists of 12 presentations with time for questions at the end of each presentation. The presenters are affiliated with Growing Thru Grief, a weekly grief support group that is open to the entire community. All Growing Thru Grief facilitators are trained by Duke Home-Care and Hospice. • Lecture (plus questions); Writing.

**William Dahl** (BA Yale University, JD Stanford Law School, MCM Pacific Lutheran Theological Seminary) was Lutheran campus minister at Duke and is a member of the Board of Visitors of Duke Divinity School.

**Jane Williams** (PhD University of Memphis, post-doctoral fellowships at Harvard Medical School and University of California Los Angeles) was associate professor of pediatrics at Wake Forest School of Medicine.

- 6 Mon, Apr 13-May 18, 11:00am-12:30pm
- St. Paul's Lutheran Church, Durham
- Maximum: 40; Fee: \$70; Course ID: 3104

## The Art of Cooking

David Sovero believes you can create a gourmet yet good, healthy, and inexpensive meal using ingredients you already have in your pantry. Each week, he will provide a protein (seafood, pork, chicken, beef, or vegetarian) and students will provide one vegetable and one fruit. The chef will supply substitutions if needed. He will show students how to prepare, cook, and present a meal using the fruits, vegetables, and protein. During each class, as class members are standing and working around the kitchen table in the center's kitchen, the chef will explain different methods of preparing the meat/protein and the different variations on the meal being prepared. This is a hands-on course with everyone participating in the preparation, dining, and cleanup. The class enjoys eating a delicious dinner together after the lesson. • Active participation.

**Please note:** Please restrain hair and wear closed-toe shoes for safety. Aprons will be supplied.

**Required supplies/fee:** Students bring food items to each class at an estimated cost of \$4 to \$8 per week. For additional information on supplies, please see the course details at [learnmore.duke.edu/olli](http://learnmore.duke.edu/olli).

**David Sovero** was born in Lima, Peru, and graduated from the Peruvian National Arts College. He also trained and was a chef at the Fearnington House Restaurant and was the head chef at Antonia's Italian Restaurant in Hillsborough. Presently, he is sous chef at Tarantini Italian Restaurant and Flair Restaurant and Wine Bar near the Governors Club.

- 5 Mon, Apr 20-May 18, 5:30-8:30pm
- Passmore Center, Hillsborough
- Maximum: 10; Fee: \$60; Course ID: 1336

## Food for Life: Kick-Start Your Health

A plant-based diet of whole grains, beans, vegetables, and fruits can help prevent diabetes, cardiovascular disease, cancer, and other chronic diseases. According to the American Dietetic Association, “appropriately planned vegetarian diets, including total vegetarian or vegan diets, are healthful, nutritionally adequate, and may provide health benefits in the prevention and treatment of certain diseases.” This course, developed by physicians and dietitians for preparing evidence-based healthy food, helps participants move toward a healthful diet while maintaining a healthy weight. Additional benefits are lower cholesterol, better diabetes control, and lower blood pressure, as well as improvements in energy and mood. Each class includes a short video nutrition lecture, discussion, demonstration of several recipes, and food sampling. Check out [bit.ly/FFLPromo](http://bit.ly/FFLPromo) for an overview and [codeblued-oc.com](http://codeblued-oc.com) to see information about the film that

Dilip recently made in this space. • Facilitated discussion; Active participation; Viewing videos.

**Please note:** Please let the instructor know about any food allergies. The food will be entirely plant based.

**Required supplies/fee:** There will be a \$30 fee for food items and printed materials, due to the instructor at the first class.

**Required text:**

- Neal Barnard, *21-Day Weight Loss Kickstart* (9780446583824)

***Dilip Barman** is a certified Food for Life instructor, teaching healthful eating through evidence-based nutrition. Since 1995, he leads Triangle Vegetarian Society, hosting the country's largest vegetarian Thanksgiving. He is executive producer of the documentary Code Blue, director of nutrition education at Central Park School for Children, and American College of Lifestyle Medicine associate.*

- 5 Sat, May 2-May 30, 1:30-3:00pm
- Caring House, Durham
- Maximum: 12; Fee: \$60; Course ID: 1049

## History & Current Affairs

### Cold War & Other Adventures

The Cold War as we typically view it ended in 1991. Activity in various streams of influence suggests the war is not entirely over. This course is intended to review the beginnings of the Cold War and how politics and economics shaped the actions of the participants. The course content includes delving into some of the significant past activities of the “warring” parties as well as activities potentially occurring today. Key events covered in the course include a discussion on the workings of NATO forces (past and present), the Intermediate-Range Nuclear Forces (INF) Treaty, and other influences, such as the armistice in

Korea. The discussion includes topics about lessons learned and where to go from here.

- Lecture (plus questions); Facilitated discussion.

***Tim Parker** served in the US Air Force, retiring as a lieutenant colonel. He served seven years in Europe including at NATO Headquarters, a year with UN forces (Korea), and at NATO Headquarters in Norfolk, Virginia. He specialized in the security of special weapons. He has an engineering degree, an MSBA, and a DBA degree. He has 54 graduate credits in political-military affairs.*

- 6 Tue, Apr 14-May 19, 5:00-7:00pm
- The Bishop's House, Duke University, Durham
- Maximum: 35; Fee: \$70; Course ID: 3021

# History & Current Affairs

## **Abolition President: Abraham Lincoln**

President Abraham Lincoln proved he was a master of moral certainty and political sagacity when he ended slavery in America. This course will include three periods: Part 1—Defeated but Learning How to Win, 1854-1858; Part 2—Political Checkmate, 1859-1860; Part 3—The Freedom Legacy and Ambition Fulfilled. Discussion will detail Lincoln's return to politics in 1854 and will review the 150 antislavery speeches he made between 1854 and 1860, covering his cogent and powerful arguments against the expansion of slavery and the evil of slavery itself. Lectures will also examine Lincoln's political sagacity, which enabled him to become the Republican nominee and president in 1860. As president, Lincoln pursued a strong emancipation policy in 1862, with compensated voluntary emancipation and then the Emancipation Proclamation. In 1863, his war aims were total victory and the abolition of slavery. In 1865, Lincoln demanded passage of the 13th Amendment before the war ended. He was the abolition president. • Lecture (plus questions); Facilitated discussion.

### **Recommended text:**

- All good Lincoln biographies

*Joe H. Simpson, BA in history, UNC-Chapel Hill, has researched 19th-century American history for 27 years, focusing on the political life of Abraham Lincoln and the political, social, and economic events before the Civil War. He was the 2019 Lincoln lecturer at OLLI at NC State University. Joe is a member of the Lincoln Forum and attended the 2019 Lincoln Forum Symposium in Gettysburg.*

- 6 Tue, Apr 14-May 19, 9:00-10:30am
- The Bishop's House, Duke University, Durham
- Maximum: 30; Fee: \$70; Course ID: 3043

## **Federal Budget & Debt: So What?**

See listing on page 24.

## **Robert E. Lee, the Marble Man**

Robert E. Lee has historically been remembered as the Confederate general who led an army into a war designed to maintain slavery in America. This course will focus on the entirety of General Lee's life, from his painful childhood in the Virginia aristocracy to his final days as president of Washington College. This course will use video documentaries, lectures, and a possible field trip to examine the personal nobility Lee brought to a mid-19th-century American culture, as a leading warrior in the US Army; as head of the US Military Academy at West Point, the leading citadel of military training; as the South's hero in the Civil War; and, finally, as one who personifies American reconciliation between the North and the South. The course will highlight Lee's leadership and his extended hand to all, both North and South, in bringing America back as a strong nation and society. • Lecture (plus questions); Viewing videos; Field trip(s).

**Please note:** In addition to this six-week session, an optional Saturday field trip to Washington and Lee University in Lexington, Virginia, will be planned. Students will make their own transportation arrangements, and if they choose to stay overnight, they will be responsible for making lodging arrangements.

*Billy Yeargin is a veteran instructor of Duke's OLLI program, with a master's degree from Duke and four graduate certificates from the University of Oxford. His courses have focused on US history and Southern culture. He teaches public speaking at James Sprunt Community College and lectures for the North Carolina Humanities Council.*

- 6 Fri, Apr 17-May 22, 11:00am-12:30pm
- The Bishop's House, Duke University, Durham
- Maximum: 35; Fee: \$70; Course ID: 2731

**History & Current Affairs courses  
continue on page 37...**



# History & Current Affairs

## Diplomacy—Part 2

In this seminar/discussion course, we will read chapters 11 to 16 of Henry Kissinger's classic work *Diplomacy*. Discussion topics will include the foreign policy of Germany's Weimar Republic, the rise of Hitler, Stalin's interwar diplomacy, the Nazi-Soviet pact, Franklin Roosevelt's response to the emergence of global threats, and the World War II diplomacy of Churchill, Stalin, and FDR. Students will be expected to read approximately 25 pages each week. There are no prerequisites for this course. • Facilitated discussion.

### Required text:

- Henry Kissinger, *Diplomacy* (9780671510992)

**Richard Melanson** holds a PhD in international relations from Johns Hopkins University and enjoyed a 38-year academic career at the University of California Los Angeles, Kenyon College, Brown University, and the National War College. He has extensively published on post-World War II US foreign policy. Since retiring in 2010, he has taught at OLLI at George Mason and OLLI at Duke.

- 6 Thu, Apr 16-May 21, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 10; Fee: \$70; Course ID: 3053

## Frederick the Great: King of Prussia

Frederick the Great succeeded to the Prussian throne in May 1740 and reigned until his death on August 17, 1786. Six months after his succession to the throne, he invaded Austrian territory and ignited the spark that would start the War of the Austrian Succession. He was arguably the most brilliant monarch in Europe. He turned Brandenburg-Prussia from a third-rate power into the largest and most powerful German state. He accomplished this by increasing Prussian territory, first by the force of arms and later by diplomacy. This course will examine his turbulent years as a child and young adult and his pursuit of aggressive policies in war and diplomacy that

resulted in Prussia becoming a first-rate European power. • Lecture (plus questions).

### Recommended text:

- Tim Blanning, *Frederick the Great* (9781400068128)

**Ernie Kundert** is a retired general surgeon with a lifelong interest in history. Most of his prior courses were about Russian history. His historical interests are now shifting further west.

- 6 Tue, Apr 14-May 19, 11:00am-12:30pm
- The Bishop's House, Duke University, Durham
- Maximum: 30; Fee: \$70; Course ID: 3060

## Global Leadership in the 21st C: Should the US Continue as the World's Military and Moral Policeman?

Everywhere we look patriotism is being replaced by nationalism, pluralism by tribalism, objective justice by the tyrannical whim of autocrats. In short, a world order that has produced greater peace, prosperity, and well-being than ever before is in danger. It isn't just an issue of the survival of "democracy"—after all, Russia and Iran are ostensibly democratic. What is imperiled is the practice of that magical marriage of free individuals and fair laws underpinned by a global system of institutions and norms. In this course we will try to put aside our preconceptions and see the world from a new perspective: where aberrant human behavior is entirely plausible; where norms we take for granted will no longer apply; where technologies we rely on for almost every convenience are vulnerable; where the West is buffeted by tides of isolationism and fragmentation, while in the East it is a time of optimism. And we will ask whether the United States should just accept that. Or contest it. • Lecture (plus questions).

*Living in Johannesburg, London, Hong Kong, Tokyo, and New York, **Russell Leiman** worked in international finance, focused primarily on emerging markets in Asia. He was the executive director of*

# History & Current Affairs

*the Asia-Pacific region for the Nature Conservancy for 13 years, until 2012. His previous OLLI courses include US Foreign Policy after the Cold War, the Asian Economic Miracle, and Climate Change.*

- 6 Wed, Apr 15-May 20, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 30; Fee: \$70; Course ID: 3062

## Intro to US Intel Community

Are you interested in improving your understanding of the US Intelligence Community? This six-session course may be for you. Participants will gain an appreciation of the importance of the US Intelligence Community in national security. The course will focus on the roles, missions, functions, laws, and authorities of the major elements of the Intelligence Community. Attendees will also gain an understanding of the various forms of intelligence, including human intelligence, signals intelligence, imagery, and open source intelligence. Participants will be exposed to mechanisms used for oversight and management as well as selected examples of Intelligence Community reforms. Participants may also have an opportunity to debate a topic of interest and participate as a practitioner in an intelligence simulation exercise. • Lecture (plus questions); Facilitated discussion; Active participation.

**Kim Kotlar** has more than 40 years of public and private sector experience, including diverse executive leadership positions that have resulted in positive and lasting contributions to the National Security Agency (NSA), Intelligence Community (IC), Department of Defense (DoD), and other federal agencies. Kim recently cotaught a Duke undergraduate class on cybersecurity policy.

**Jim Hargrove** has technical and hands-on intelligence experience as a retired Navy cryptologic officer and government contractor supporting the Navy and national elements of the Intelligence Community. He has 37 years of public and private sector experience, including in strategic and tactical planning, policy development, transformation, training, mentoring, and cyber/IT project management.

- 6 Mon, Apr 13-May 18, 11:00am-12:30pm
- The Bishop's House, Duke University, Durham
- Maximum: 15; Fee: \$70; Course ID: 3071

## The Black Experience in America: 1950 to the Present

Since the majority of us came of age in the 1950's, few have had the chance to study the history we were living. And then there's the history we were never taught, and many argue is still not being taught. This course will focus on first person accounts of African Americans who grew up during the Jim Crow era attending segregated schools and movie theaters and living in communities where the KKK was active. Through a first person storytelling format, the instructor and guest speakers will share accounts of their lived experience during several historical periods: Jim Crow, Civil Rights Era, and today. • Lecture (plus questions); Facilitated discussion; Listening to audio recordings; Viewing videos.

**Linda Curtis** received her undergraduate and PhD degrees from North Carolina Central University and Southern Illinois University-Carbondale, respectively. She is retired from Saint Augustine's University as vice provost of academic affairs. She was dean, School of Education, at Meredith College and chair, Education Department, at Shaw University. She taught at the undergraduate and graduate levels.

- 6 Fri, Apr 17-May 22, 1:30-3:00pm
- The Bishop's House, Duke University, Durham
- Maximum: 15; Fee: \$70; Course ID: 3100

## Great Interviews: OLLI's Fascinating Instructors Up Close and Personal

In this course, the instructor will informally interview some of OLLI's fascinating instructors from a wide range of subject areas, among which may be climate change, world history, art, politics, current events, the Constitution and the law, and

sports. OLLI has world-class individuals teaching many interesting and engaging subjects. You know because you have been in the classes. Each week we will meet one of these great instructors. We will find out how they became so passionately involved with their topic, what their career background is, and what their personal story is. Part of each class will be devoted to an informal interview, and the rest of the class will be a conversation between the students and the guest. There is no syllabus to follow, so we never know where the conversation will lead. • Lecture (plus questions); Facilitated discussion; Active participation.

***Bruce Curran** has been involved in broadcast journalism for over 30 years. He has a graduate degree in communications from UNC, where he taught for over 20 years. He was responsible for global medical communications at Glaxo Wellcome. He worked in sports communications for a decade, including working with ESPN on the Olympics. He loves doing informal interviews with recognized experts.*

- 6 Tue, Apr 14-May 19, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 25; Fee: \$70; Course ID: 3063

## **The JFK Assassination: Oswald or Conspiracy?**

The assassination of John F. Kennedy occurred over 50 years ago, and yet the American public still has many more questions than answers regarding the events of that terrible day. Who was Lee Harvey Oswald? And why would this ex-Marine want to murder the president? Who was Jack Ruby? And was it his overwhelming anger and grief that motivated him to kill Lee Harvey Oswald, or was there more to his story? And what actions did our new president, Lyndon Johnson, take in the hours and days following the assassination that appear to be quite unusual? Questions also surround the “umbrella man,” the “three tramps,” the mysterious Secret Service “man on the grassy knoll,” the highly irregular

autopsy that was performed on President Kennedy, and, of course, the ongoing debate regarding the “magic bullet,” introduced to us by the Warren Commission. These and other topics will be examined and discussed as we try to make sense of the tragic events of November 22, 1963.

- Lecture (plus questions); Viewing videos.

***Ralph Wilson** holds a BA in US history from California State University, Chico and a master's degree in teaching. He spent 32 years as a high school history teacher in Southern California. Ralph has always maintained a great interest in the political assassinations that have occurred in the US, and he considers the assassination of John F. Kennedy one of the great unsolved mysteries in our history.*

- 6 Tue, Apr 14-May 19, 1:30-3:00pm
- Judea Reform Congregation, Durham
- Maximum: 40; Fee: \$70; Course ID: 3103

## **The American Civil War: Religious Aspects of the Conflict**

Meet the ministers, priests, and rabbis of the Civil War—and the soldiers, statesmen, nurses, nuns, educators, home-front civilians, and enslaved people who lived through these times and struggled over the spiritual meaning of events. Figures famous and obscure will be discussed, from Abraham Lincoln, Henry Ward Beecher, Stonewall Jackson, and Oliver Wendell Holmes Jr. to the members of the Christian Commission, the Sisters of Charity, the Presbyterian Church in the CSA, and the Progressive Friends. How did religion intersect with divisions between North and South, white and black, prowar and antiwar? How did America's dominant Protestant culture, not to mention Jews, Catholics, Unitarians, Quakers, Mormons, the unaffiliated, and skeptics, deal with this unprecedented crisis that tested members of so many traditions? • Lecture (plus questions).

### **Recommended texts:**

- George C. Rable, *God's Almost Chosen Peoples: A Religious History of the American Civil War* (9781469621821)

# History & Current Affairs

- Mark Noll, *The Civil War as a Theological Crisis* (9781469621814)

**Max Longley** is an independent scholar in Durham who has published extensively on religious subjects. He is the author of *For the Union and the Catholic Church: Four Converts in the Civil War* (McFarland, 2015) and *Quaker Carpetbagger: J. Williams Thorne, Underground Railroad Host Turned North Carolina Politician* (McFarland, forthcoming). He has spoken about his work in Durham and elsewhere.

- 6 Wed, Apr 15-May 20, 1:30-3:00pm
- The Bishop's House, Duke University, Durham
- Maximum: 20; Fee: \$70; Course ID: 3098

## Pauli Murray Engagement Course

See listing on page 62.

## The Power of Music & Words

See listing on page 50.

## The World Today

This course is for those interested in current events. Each week we will discuss news from around the world and at home. The facilitator will provide an agenda, and members of the class are permitted to propose additional discussion topics. Active participation is encouraged (but not mandatory), since it expands our understanding of the many events that might, and do, affect us. Discussions are enriched by the variety of class members' backgrounds, expertise, and viewpoints. Topics are discussed knowledgeably, respectfully, and, sometimes, with passion, but we always end with humor. And many of us even continue the discussions over lunch. Each facilitator is a news junkie and has led discussions many times. Each brings his or her own distinctive style and background to the class and, most importantly, will encourage a wide range of views

from class members. This term we are especially looking for members who represent points of view from across the political spectrum. • Facilitated discussion.

**Please note:** The World Today is also offered in summer 2020 at the Forest at Duke on six Wednesdays (see at right) in the same weeks that Symposia is offered there on Tuesdays (see page 59).

**Henry Blinder** served as city attorney for the City of Durham for many years prior to retirement. He is past president of the North Carolina Association of Municipal Attorneys and a former deputy attorney general for the State of New Jersey. He has a JD from Duke University School of Law and has lived in Durham for more than thirty-five years.

**Dean Block** served in municipal government in three cities prior to retirement, as budget director, deputy city manager, and public works director. He began his career as an officer in the US Navy. Dean holds a master's degree and has lived in the Triangle since 2009.

**Ginnie Gruendel** is a retired human resource professional and change management leader who has held senior level positions in Fortune 100 companies as well as in biotech start-ups from New Jersey to California. After retiring, she started a career coaching practice to continue helping individuals find their best-fit career. Originally from Philadelphia, she came to Wake Forest thirteen years ago.

**Stuart Kaplan** earned his BS in plant science from the University of Connecticut and his MS and PhD in crop physiology from Purdue University. He performed agricultural research for over forty years across the US and in several countries in Europe and South America. Since retiring, Stuart volunteers weekly at Red Cross blood drives throughout the Triangle. He has lectured on GMO crops at OLLI.

**Doug Longman** has taught more than thirty courses at OLLI, including international political economy, public policy, economics, and politics/political science. He holds a doctorate in business administration and has taught at the University of Texas, UNC-Chapel Hill, and the University of Chicago. He also spent twenty-five years in marketing management for Fortune 100 firms.

**Ric Shepherd** has been a CPA for over thirty years and is originally from the Boston area. Since 1988



he has lived and practiced in the Triangle area. Ric's specialty is financial consulting to businesses. He recently retired from teaching at Wake Technical Community College.

## Spring Term

### Section 065

- 6 Wed, Apr 15-May 20, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 30; Fee: \$70; Course ID: 0393

### Section 066

- 6 Thurs, Apr 16-May 21, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 30; Fee: \$70; Course ID: 0393

## Summer Term (Registration is May 4)

- 6 Wed, June 10-Jul 22 (no class (Jul 1)
- The Forest at Duke Retirement Community, Durham
- Maximum: 120; Fee: \$70; Course ID: 3110

## Infectious Diseases in Humans

See listing on page 58.

## Totalitarianism

Totalitarian ideologies aim not to transform the outside world or to achieve the revolutionizing transmutation of society but to transform human nature itself. Great effort was and is made to test the changes, no matter the suffering. Evil suffering without regard to the number of victims and without any consideration of its profound destructive influence on mankind is the result. We will attempt to define totalitarianism by studying several types: Italian fascism, German Nazism, Russian Communism, and Chinese Communism. To assist us in our study, we will explore briefly the lives of the respective leaders: Mussolini, Hitler, Stalin, and Mao. The undergirding structures and the psychometrics of the leaders will be addressed.

- Lecture (plus questions); Viewing videos.

**Wendell Musser, MD**, is a retired academic physician who held faculty positions at Indiana, Duke, George Washington, and Emory universities and the University of Kentucky. He is a longtime book collector, primarily of books about Winston Churchill and Franklin Delano Roosevelt, and believes that a day away from OLLI is a day away from happiness.

- 6 Wed, Apr 15-May 20, 9:00-10:30am
- The Bishop's House, Duke University, Durham
- Maximum: 32; Fee: \$70; Course ID: 2563

## The Maginot Line: France's Wall

This five-session course will be an examination of the development, design, operation, and strategic role of France's Maginot Line fortifications, from their conception in the 1920s to the outbreak of World War II. The case example for the technical session will be the Gros Ouvrage Simserhof located in the province Lorraine near the community of Pays de Bitche. The course will incorporate newsreels, documentaries, photographs, lectures with slides, discussion, maps, drawings, newspapers, graphics, and song. The approach will blend perspectives, incorporating historical, political, diplomatic, cultural, and economic factors. There will be references to military architecture, ordnance, and engineering. The course will explore the Maginot Line's legacy, addressing the questions of why, who, what, where, and how, and will attempt to reach an overall assessment. We will conclude with an overview of the Maginot sites accessible for tourism. One book is recommended.

- Lecture (plus questions); Listening to audio recordings; Viewing videos.

**Please note:** This course is not an operational military history of the 1940 Battle of France. A few examples from the "battle history" of specific Maginot fortifications will be discussed to illustrate technical or tactical points.

### Recommended text:

- J. E. Kaufmann and H.W. Kaufmann, *The Maginot Line: None Shall Pass* (9780275957193)

# History & Current Affairs

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**Doug Anderson's** interest in the Maginot Line began in 1963 when he first visited these fortifications. He is an avid student of military history with a special interest in France. He holds a master's degree in political science from the University of Cincinnati and a master's from Xavier University. He taught political science for 12 years at the university level.

- 6 Mon, Apr 13-May 18, 9:00-10:30am
- Judea Reform Congregation, Durham
- Maximum: 25; Fee: \$70; Course ID: 3106

## Yes, There Is “Other” News

See listing on page 63.

### Julian Abele: The Design of Duke University and the Price of Prejudice

After many years, it is now accepted that Julian Abele (1881-1950), an African American, was the chief designer of both the West (Gothic) and East (Georgian) campuses of Duke University. Abele was a highly educated architect in the Philadelphia firm of Horace Trumbauer. In 2016, the Duke Board of Trustees named the central portion of West Campus Abele Quad. This course will discuss Abele and his work by placing

him in the context of this time, noting some of the racial challenges he faced, and will include a walking tour of the main quadrangle of West Campus to observe his grand scheme for the new university and its fascinating details.

- Lecture (plus questions); Field trip(s).

**Please note:** The last class will be a walking tour of the Duke West Campus main quadrangle to view details and the layout of Abele's design of the Gothic campus.

**Required supplies/fee:** There is a parking fee for some Duke lots for the Duke Campus tour.

#### Recommended text:

- William E. King, *Julian Abele and the Design of Duke University: An Extended Essay* (available at The Gothic Bookshop in the Bryan Center on the Duke campus)

**Bill King** (BA/PhD Duke) is the Duke archivist emeritus. He taught American history at two colleges, then started the Duke archival program in 1972, retiring in 2002. He has written two books about Duke and the Duke family. In 2005, he received the university's highest honor, the University Medal for Meritorious Service.

- 3 Tue, Apr 21-May 5, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 20; Fee: \$35; Course ID: 2874

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## Help Shape the OLLI Curriculum

As you browse the spring 2020 catalog, keep in mind the majority of courses being taught were suggested by our members. While you are selecting your courses for the spring term, ask yourself:

Is there a course I would like to take that is not offered?

Do I know someone who would be a great instructor?

Am I interested in teaching a course in an area of my interest/passion?

Let us know how you would like to make a difference! **Course Proposal deadline for fall 2020 is May 1.**

Contact Beth Anderson, chair of the Curriculum Committee, at [Curriculum@olliatduke.org](mailto:Curriculum@olliatduke.org) if you are interested in teaching.

# Language, Literature & Drama

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## About the Latin Language: What Makes It a Classic

This course will explore the interdisciplinary magic of the language of the Romans. How has Latin stood the test of time? Why are its vocabulary and grammar intriguing? Where can we find Latin hiding throughout Western culture? The course will incorporate these questions into the following weekly mini topics: Caecilius, a Pompeian banker whose name and records were frozen in time in 79 CE by the eruption of Mt. Vesuvius; the unique power of Roman artifacts; from the American Founding Fathers to Harry Potter; domestic life in Roman Britain; Julius Caesar in Gaul in the 50s BCE; persuasive speech—the original meaning of *rhetoric* as the mainstream of Roman education. • Lecture (plus questions); Facilitated discussion; Listening to audio recordings.

**Please note:** This is the same About the Latin Language course taught in spring 2018 and spring 2019. This course's content is different from that of courses taught in the fall and winter terms. No homework is required. Textbooks may be borrowed at no fee or purchased from the instructor for \$5.

*Sara Morris is newly retired from teaching Latin to students ages 10 to 18. She taught for five years in England and 37 in Connecticut as well as several OLLI courses. She has degrees from Franklin and Marshall College and the University of London and has widely traveled throughout the Roman Empire.*

- 6 Tue, Apr 14-May 19, 9:00-10:30am
- St. Thomas More Church, Chapel Hill
- Maximum: 25; Fee: \$70; Course ID: 2574

## Delving Deeper into Latin

This course will take a close look at the mechanics of the Latin language: its morphology and syntax. Topics to be discussed include: noun/adjective cases and declensions, past tense verbs used in relating stories, subject-verb agreement, indicative clauses, and word order. Those

with some knowledge of Latin, including those who attended any OLLI About the Latin Language courses, are encouraged to attend. About the Latin Language alumni will discover new linguistic challenges in the same delightful textbook set in Pompeii. Additionally, there will be mini topics concerning Latin's influences throughout Western culture. One subject will be covered per week: how Greek influenced Latin; how the Latin Bible came to be written; how Latin came, left, and returned to the British Isles; how classical Latin differs from ecclesiastical Latin; how scientific nomenclature keeps Latin up to date; how Latin shows up in some odd places in the 21st century. • Lecture (plus questions); Facilitated discussion; Listening to audio recordings.

**Please note:** This is the same course as The Latin Language: Delving Deeper taught in winter 2020. No homework is required. Textbooks will be provided. They may be borrowed at no fee or purchased for \$5.

*Sara Morris is newly retired from teaching Latin to students ages 10 to 18. She taught for five years in England and 37 in Connecticut as well as several OLLI courses. She has degrees from Franklin and Marshall College and the University of London and has traveled widely throughout the Roman Empire.*

- 6 Thu, Apr 16-May 21, 1:30-3:00pm
- St. Thomas More Church, Chapel Hill
- Maximum: 15; Fee: \$70; Course ID: 3023

## Late 19th-Century British Drama: Gender, Power, and Controversy after Ibsen

The 1889 London premiere of Ibsen's *A Doll's House* had a profound impact on the fin de siècle stage, forcing dramatists to create works that went beyond the trivial entertainments of "the well-made play" and that dealt directly with an issue that was very much at the heart of Victorian England, namely, "the woman question." In this course, we will read six plays: Oscar Wilde's

# Language, Literature & Drama

*Lady Windermere's Fan*, George Bernard Shaw's *Mrs Warren's Profession*, Sydney Grundy's *The New Woman*, Henry Arthur Jones's *The Case of Rebellious Susan*, and Arthur Wing Pinero's *The Second Mrs. Tanqueray* and *The Notorious Mrs Ebbsmith*. Some are still remembered and performed; some are largely forgotten. Regardless, we will examine how through their thematic focus on gender and power these works, all composed in a concentrated period of time (1892-1895), either addressed these controversial topics or even caused still greater controversy in late 19th-century British society. • Lecture (plus questions); Facilitated discussion.

## Required texts:

- Oscar Wilde, *Lady Windermere's Fan* (9780713666670)
- George Bernard Shaw, *Mrs Warren's Profession* (9780713679946)
- Jean Chothia, *The New Woman and Other Emancipated Woman Plays* (9780192824271)
- Arthur Wing Pinero, *The Second Mrs Tanqueray* (9781551116877)
- Henry Arthur Jones, *Plays by Henry Arthur Jones* (9780521299367)

**Charles Joseph Del Dotto** received his undergraduate education at Princeton University and holds a PhD in English from Duke, having specialized in Shakespeare and British theatrical modernism. He has been teaching with OLLI at Duke continuously since 2014.

- 6 Fri, Apr 17-May 22, 9:00-10:30am
- The Bishop's House, Duke University, Durham
- Maximum: 18; Fee: \$70; Course ID: 3075

## The Poetry of Presence: Living Awake!

Returning to the present moment, time and again, we experience what Mary Oliver called our "one wild and precious life." A poem read deeply can bring us into that moment of feeling alive and engaged. It can pull us out of humdrum life, or out of

despair, by shifting our attention and opening our eyes to new possibilities. Sometimes we return to a favorite poem that we find inspirational or comforting. A wonderful anthology, *Poetry of Presence: An Anthology of Mindfulness Poems*, offers us new favorites. We read and discuss poems of beauty and wisdom by the great poets, including Rumi, Li Po, Rilke, Lucille Clifton, Billy Collins, and others. Each week, we will focus on one particular aspect of vibrant presence and read poets who address these universal themes. Included are poems of presence in nature, living in the body, living during difficult times, and poems of everyday epiphanies. Each participant is encouraged to bring his or her passion, curiosity, and unique voice to our table. • Facilitated discussion.

## Required text:

- Phyllis Cole-Dai and Ruby R. Wilson, *Poetry of Presence: An Anthology of Mindfulness Poems* (9780998258836)

**Jane Seitel** has taught 10 OLLI poetry courses. She is an expressive arts therapist, writer, and teacher, having received her MEd from Lesley University and her MFA from Drew University. She has studied poetry, poetry in translation, and the art of the essay. She founded a poetry press for women over 50 and has published her poems and creative non-fiction in national and international journals.

- 6 Tue, Apr 14-May 19, 1:30-3:00pm
- Judea Reform Congregation, Durham
- Maximum: 14; Fee: \$70; Course ID: 3107

## Fiction Abroad: Alberto Moravia and L. P. Hartley

"The past is a foreign country: they do things differently there." This is the opening line of L. P. Hartley's novel *The Go-Between*, in which the reader is transported to Edwardian Britain, where social codes were clearly defined and moral proprieties tacitly so. Haunted by his past, the novel's narrator, Leo Colston, recalls his experience in Proustian fashion as the innocent



“go-between” for illicit lovers. Here Hartley explores one of the major themes of his novel, that of innocence lost and betrayed. Similarly, Alberto Moravia’s *Agostino*, censored by the Italian Fascist regime, revolves around 13-year-old Agostino, who unwittingly is initiated into the harsh reality of the adult world with serious consequences. In both novels, adolescents become victims of their own distorted ideals of the mature world, a world that is inevitably not only foreign to them but increasingly corruptive. We will also explore the coming-of-age theme in other genres: paintings, films, and music. • Facilitated discussion; Listening to audio recordings; Viewing videos.

**Please note:** Please have Moravia’s novel *Agostino* read before the first class meeting.

#### **Required texts:**

- Alberto Moravia, *Agostino* (9781590177235)
- L.P. Hartley, *The Go-Between* (9780940322998)

*Ann Evangelisto has taught two dozen courses through OLLI.*

- 6 Tue, Apr 14-May 19, 11:00am-12:30pm
- The Bishop’s House, Duke University, Durham
- Maximum: 10; Fee: \$70; Course ID: 3058

## **Irish Short Stories: From 21st-Century Writers**

Ireland keeps producing extraordinary writers. Edna O’Brien, 88, woke up the literary world, writing about the impossibility of people ever understanding each other. Initially banned in Ireland, her stories confront female sexuality, war and terrorism, and abuse, both political and personal. The late Philip Roth described her as the most gifted woman writing in English. William Trevor (1928-2016) offers a strong contrast to O’Brien, as Trevor wrote in a quiet style about ordinary incidents and people. His stories allow us to see the loneliness of humans who cannot control what happens to them, with doubts and ambiguities at every turn. Colin Barrett, 37, has won the Penguin

Ireland Prize, the Frank O’Connor International Short Story Award, the Guardian First Book Award, and the Rooney Prize for Irish Literature. Barrett’s sentences, admirers say, are lyrical, raw, tough, smart, bruising, and unafraid. The class reading load will be light, while its discussions will be wide open. • Lecture (plus questions); Active participation.

**Please note:** PDFs of the stories will be e-mailed to students before the first class.

*Maureen Maguire Lewis retired after 25 years of teaching communication and professional writing at Duke’s Fuqua School of Business. She also taught literature at NC State University and UNC-Wilmington. Since 1998 she has created broad-scale simulations to teach cross-cultural communication. While she loves studying communication and negotiation across cultures, her passion is Irish literature.*

- 6 Wed, Apr 15-May 20, 1:30-3:00pm
- Judea Reform Congregation, Durham
- Maximum: 20; Fee: \$70; Course ID: 3072

## **Toni Morrison’s *Song of Solomon*: A Close Look**

The late Nobel Prize-winner Toni Morrison has left a body of work that delights, educates, inspires, and, at times, disconcerts the careful reader. *Song of Solomon* (1977), her third novel, is considered one of her finest. Both a family saga of the Dead family—their odd surname the result of an intoxicated Freedmen’s Bureau agent during Reconstruction—and a coming-of-age novel that begins with the 1931 birth of the novel’s protagonist, *Song of Solomon* is replete with unforgettable characters, historical analogues, and moral questions and quandaries that still confront the 2020 reader. Each class, we will look closely at 50 pages of the novel and discuss the ideas and the writing in each section. Additionally, we will view artworks by Jacob Lawrence, Elizabeth Catlett, Romare Bearden, and Faith Ringgold, whose art extends many of the novel’s concerns.

# Language, Literature & Drama

Morrison's belief that literature is a collaboration between writer and reader is the bedrock of this discussion-based class. • Facilitated discussion; Viewing videos.

**Required:** To facilitate class discussion, students should use the specified edition of the novel.

**Required text:**

- Toni Morrison, *Song of Solomon* (9781400033423)

**Marjorie Lancaster** has an undergraduate degree from Duke and a graduate degree from Tulane University. Since 2015, she has taught several interdisciplinary courses at OLLI. As a member of the Toni Morrison Society, she has given presentations at national conferences. She believes a good class is fueled by curiosity, active engagement in the texts, and openness to new interpretations.

- 6 Tue, Apr 14-May 19, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 12; Fee: \$70; Course ID: 3112

## Spring Registration

Registration for spring term courses opens at 9:00am on **Wednesday, March 25**, for Saturday, Sunday, Monday, and Tuesday courses, and at 9:00am on

**Thursday, March 26**, for Wednesday, Thursday, and Friday courses.

## Ways to Register

- Online at [learnmore.duke.edu/olli](http://learnmore.duke.edu/olli)
- By paper form (see insert) mailed or delivered to The Bishop's House
- By calling the Registration Team at 919-684-6259

## More Information...

See "How to Register" in the Registration Insert for details. Registration FAQs are on pages 69-71. Visit [learnmore.duke.edu/olli](http://learnmore.duke.edu/olli).

## Gabriel Garcia Marquez: From Magical Realism to Psychological Realism

When *One Hundred Years of Solitude*, the novel by the future Nobel Prize-winner Gabriel Garcia Marquez, appeared in 1967, it quickly became one of the most influential works in 20th-century world literature. From the founding of the imaginary town of Macondo to its demise, there is a constant blending of myth and truth, history and fable; the fantastical is taken for granted by the characters, but they consider miraculous their introduction to ice. We will read both this delightful exemplar of magical realism and Garcia Marquez's *Love in the Time of Cholera*, his 1988 best seller that examines love in its myriad guises. It is set in an unspecified Latin American city approximately a century earlier but seems completely contemporary with its ambiguities and possible interpretations. In addition to what is sure to be lively discussion, we will see at least part of the 2007 film that was based on the latter novel.

• Lecture (plus questions); Facilitated discussion; Viewing videos.

**Required texts:**

- Gabriel García Márquez, *One Hundred Years of Solitude* (9780060883287)
- Gabriel García Márquez, *Love in the Time of Cholera* (9780307389732)

**Louise Masurat** has a BA from the University of Pennsylvania and an MA from Middlebury's Graduate School of French in France, and she has completed doctoral studies (ABD) at Harvard University in romance languages. She especially enjoys teaching courses on literature that has been adapted for movies or TV series.

- 6 Mon, Apr 13-May 18, 11:00am-12:30pm
- Galloway Ridge Retirement Community, Pittsboro
- Maximum: 30; Fee: \$70; Course ID: 3061

# Lifestyles

## Conscious Dating for 50+

Conscious Dating is a new approach to finding love, designed especially for those over 50. If you are committed to finding lasting, life-transforming love, this course can help your dating journey become more fulfilling, authentic, and fun. With the right understanding, outlook, and support, your journey can be enlightening and faster than you have imagined. The course will provide you with tools and support for self-discovery, confidence, and the mechanics of attracting the love you desire. You will learn to clarify your values, vision, and essential relationship requirements. You will uncover and release blocks, patterns, and limiting beliefs as your confidence grows. You will develop an effective dating game plan for finding new love in your life. • Lecture (plus questions); Facilitated discussion.

**Bill Turner** is a professional life and relationship coach and is licensed with the Relationship Coaching Institute, a member of the International Coach Federation. Bill has worked with clients for over 40 years as a teacher, seminar leader, counselor, and group facilitator, and is a sought-after speaker.

- 4 Thu, Apr 16-May 07, 6:30-8:00pm
- The Bishop's House, Duke University, Durham
- Maximum: 35; Fee: \$40; Course ID: 3051

## Grief Relief for Pet Loss

See listing on page 30.

## If You Can Walk, You Can Dance

See listing on page 31.

## Making Music with Melodicas: Beginning and Up (Other Instruments Possible)

See listing on page 53.

## Let's Do It: Declutter, Decorate, Decide, Design on a Dime

Decluttering, rightsizing, and organizing can be so overwhelming! Did you know this? Our kids do not want our things, and we have attics, basements, and garages full of good stuff! How can we simplify? In this course, we will cover strategies on how to get started, what to keep and what to donate/pitch, and why it is so important not to leave this daunting task to our kids or others. Do you want to stay in your home and "age in place"? Or are you ready for a new adventure elsewhere? We will discuss safety issues, options available, and reasons to stay or move. Then we'll find out what your decorating style is. Learn some fun decorating tips, where to shop and stay within your budget, and how to copy the pros. Last, we'll talk about resources, mind-set, and how we can let go and live a calm, stress-free, satisfying life in our later years, including how our living environment plays a big part in all of this. This course will include six sessions.

- Lecture (plus questions); Facilitated discussion.

**Required supplies/fee:** There is a \$10 fee for a color wheel, due to the instructor at the first class.

**Suzanne Harp** is the owner of Moving Seniors with Style. She loves helping clients and families with life decisions about rightsizing and safety proofing their homes to "age in place" or assisting with the transition of moving. Suzanne is a retired registered nurse. She has a BS from Purdue University, an MS from Ball State University, and a post-master's from Duke.

- 6 Thu, Apr 16-May 21, 9:00-10:30am
- St. Thomas More Church, Chapel Hill
- Maximum: 25; Fee: \$70; Course ID: 3078

## Keeping Your Body Fit

As we age, it is important to maintain strength, flexibility, balance, and coordination to prevent injury and increase quality of life. Disease processes, such as arthritis, require extra attention to prevent injury and maintain function. This

# Lifestyles

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course will focus on strength, flexibility, balance, coordination, and prevention of injury. We need to modify what we have done in the past but continue to do what we liked in the past. Modifications of exercises are an integral part of the course. • Exercise or dance.

## **Recommended publications:**

- [order.nia.nih.gov/publication/exercise-physical-activity-your-everyday-guide-from-the-national-institute-on-aging](http://order.nia.nih.gov/publication/exercise-physical-activity-your-everyday-guide-from-the-national-institute-on-aging)
- Go4Life exercises at [go4life.nia.nih.gov/exercises/](http://go4life.nia.nih.gov/exercises/)

*Sheila Tayrose is a retired occupational therapist and is interested in exercise and fitness as a hobby.*

- 5 Wed, Apr 15-May 13, 11:00am-12:00pm
- Judea Reform Congregation, Durham
- Maximum: 20; Fee: \$60; Course ID: 3074

## **Meditating with the Voice: Relaxation and Healing through Sound**

See listing on page 32.

## **Energy Balancing**

See listing on page 31.

## **T'ai Chi: Mindfulness in Motion**

See listing on page 33.

## **Play & Defend a Bridge Hand**

In this six-week course, participants will learn how to play and defend a bridge hand. Through mini-lectures and hands-on practice, they will learn how to plan the play of no-trump and suit contracts, various declarer play techniques, leads against no-trump and suit contracts, and basic

defensive techniques and signals. • Lecture (plus questions); Facilitated discussion; Active participation; Viewing videos.

**Prerequisites:** Participants should have completed two classes: Introduction to Bridge and The Language of Bridge. Participants not new to the game and with prior knowledge of bidding may register for this course.

**Required supplies/fee:** There is a \$20 fee for handouts and materials, due to the instructor at the first class.

*Henry Meguid is the president of the American Bridge Teachers' Association (ABTA) and the 2018 ABTA Teacher of the Year. In 2012, he founded the Bridge Academy, an ACBL-sanctioned club devoted to offering classes and games to all levels of players. The club motto "Have Fun, Play Better" captures Henry's approach to teaching and playing bridge.*

- 6 Wed, Apr 15-May 20, 9:00-11:30am
- The Bridge Academy, Durham
- Maximum: 48; Fee: \$75; Course ID: 3088

## **Becoming a Creative Genius: Renewal and Growth of Your Creative Qualities**

See listing on page 30.

## **Wines of the Iberian Peninsula**

Join us for a four-week journey across the Iberian Peninsula. Each week, we will focus on a sub-region or two that brings us the wines of Spain and Portugal. We will examine the region's beverage styles and learn the basics of production. We will taste four Spanish or Portuguese wines and discuss food pairings and cultural elements that affect production. • Lecture (plus questions).

**Required supplies/fee:** There is a \$28 tasting fee, due to the instructor at the first class.



**Thomas N. Thorne** has been a professional sommelier for 20 years. He owns *Wine Fifty Five*, a wine consulting company focused on education, sales, and sommelier services. He has headed wine programs at the *Fearrington House Restaurant*, *Carolina Inn*, and *Siena Hotel*. He was an original owner at *Hope Valley Bottle Shop*. He is a *Certified Sommelier*, accredited through the *Court of Master Sommeliers*.

#### Section 001

- 4 Thu, Apr 16-May 7, 1:30-3:00pm
- The Bishop's House, Duke University, Durham
- Maximum: 22; Fee: \$40; Course ID: 3116

#### Section 002

- 4 Thu, Apr 16-May 7, 3:15-4:45pm
- The Bishop's House, Duke University, Durham
- Maximum: 22; Fee: \$40; Course ID: 3116

## The Art of Cooking

See listing on page 34.

## Waking Up— Our Cultural Trance

The third chapter of life involves many transitions, including job loss, retirement, possible loss of our partner/spouse, and potential physical limitations. Our identity and how we see ourselves can be challenged. How we see this time of life can affect our life expectancy and sense of well-being.

A Yale study revealed that those individuals who saw this time of life as an opportunity for growth lived seven and a half years longer than those who viewed this time of life as one of loss and decline. Transitions offer us challenges and opportunities. Do we resist change and hang on to what is comfortable? Or do we slow down and allow our deeper questions to emerge? Together we will explore our stresses, coping mechanisms, family and cultural myths, and disowned parts of ourselves. Readings by Parker Palmer and Rabbi Zalman Schachter-Shalomi, along with questions, will be provided. There will be opportunities to journal and share in pairs what is safe to share.

- Lecture (plus questions); Facilitated discussion; Active participation.

#### Recommended texts:

- Parker Palmer, *On the Brink of Everything* (9781523095438)
- Zalman Schachter-Shalomi, *From Age-ing to Sage-ing* (9781455530601)

**Michael McLeod** practiced medicine at Duke for 33 years, including serving as associate director of the Practice Course for 15 years, teaching medical students how to develop a trusting relationship with patients. He is coconvener of the *Conscious Aging & Elderhood Initiative* at the *Eco-Institute at Pickards Mountain*.

- 5 Thu, Apr 23-May 21, 1:30-3:00pm
- Judea Reform Congregation, Durham
- Maximum: 15; Fee: \$60; Course ID: 3114



Photograph by Megan Mendenhall © Duke University, all rights reserved

# Performing Arts

## 19th-Century Russian Opera

In this survey of 19th-century Russian operas, we'll examine six of the best known: Glinka's *A Life for the Tsar*, Dargomyzhsky's *The Stone Guest*, Borodin's *Prince Igor*, Mussorgsky's *Boris Godunov*, Tchaikovsky's *The Queen of Spades*, and Rimsky-Korsakov's *Sadko*. No books are required; however, I will provide weekly essays. During each class, we'll watch a DVD of the opera. I'll play as much of each opera as will fit into 90 minutes, ensuring that you're familiar with the plot and all of the principal characters. In lieu of a lecture, I'll answer your questions during the presentation. • Lecture (plus questions); Viewing videos.

**W. Robert "Bob" Chapman** is host of the WCPE Opera House. An operatic bass-baritone, he's performed professionally in Germany, Italy, and the US. He earned his BA in history and MA in American studies at Trinity College and his MS in library science at Simmons College. Between 1994 and 2004, he was the classical music librarian at the Hartford Public Library.

- 6 Mon, Apr 13-May 18, 1:30-3:00pm
- The Bishop's House, Duke University, Durham
- Maximum: 25; Fee: \$70; Course ID: 3042

## Tchaikovsky: The Man and His Music

Tchaikovsky is the composer of some of the most famous and frequently performed works in the classical music repertoire. However, his popularity with the general public has generally been considered suspect by musical historians. As the composer Arnold Schoenberg put it, "If it is good, it is not popular, and if it is popular, it is not good." Why are Tchaikovsky's *1812 Overture* and *The Nutcracker ballet* so beloved by the public but disdained by musicologists? Tchaikovsky is often mistaken for a cautious musical conservative. However, we will investigate his works to better understand the composer as an innovator and

an influence beyond his era. In addition, we will try to disentangle the enigma of his personal life, which included a disastrous marriage to a woman he hardly knew in order to "cure" his homosexuality. • Lecture (plus questions); Listening to audio recordings; Viewing videos.

### Recommended text:

- Any of the books on Tchaikovsky by Alexander Poznansky

*Maestro William Henry Curry is the Grammy-nominated music director of the Durham Symphony Orchestra. He recently retired as resident conductor of the North Carolina Symphony. Maestro Curry has conducted over 50 orchestras worldwide, including the major orchestras of Chicago, Los Angeles, and Cleveland, as well as, by express invitation of the king, the national orchestra of Thailand.*

- 6 Wed, Apr 15-May 20, 1:30-3:00pm
- Judea Reform Congregation, Durham
- Maximum: 40; Fee: \$70; Course ID: 3097

## The Power of Music & Words

J. S. Bach's *Mass in B Minor*, Beethoven's *9th Symphony* (last movement), and Benjamin Britten's *War Requiem*: we will unlock the features, large and small, hidden and in plain view, that cause these works to be considered among the finest exponents of their art form. Combining words and music provides a variety of challenges. (Poets often bristle at musical settings of their poems.) The Britten is fascinating because of the tensions caused by the juxtaposition of Wilfred Owen's poems with the *Requiem* text. Context is important. With that in mind, we will look at the historical period of each piece and consider societal and political influences, along with contemporary music styles. No musical skills are required—just curiosity and an open mind. If you want to expand your tool kit for music listening, then this course is for you. • Lecture (plus questions); Facilitated discussion; Listening to audio recordings; Viewing videos.

**Please note:** The instructor will provide essays and articles that are available on the Internet. He will also provide a synopsis for each class.

**Recommended listening:**

- *War Requiem*, Benjamin Britten, conductor (1963)
- Bach: John Elliot Gardner, conductor (1985 recording)
- Beethoven (take your pick; many options)

Recordings of the Bach, Beethoven, and Britten are also available through Spotify, YouTube, etc.

**Brad Richmond** cut his musical teeth as a boy soprano in Toronto. An emeritus professor recently retired from Hope College, his choirs have toured extensively throughout North America, Europe, and South Africa. Richmond won a Canada Council conducting award and has published compositions with Santa Barbara Music Publishing, MorningStar Music Publishers, and Cypress Press.

- 6 Wed, Apr 15-May 20, 11:00am-12:30pm
- The Bishop's House, Duke University, Durham
- Maximum: 20; Fee: \$70; Course ID: 3108

## Harp I: Beginner Level

So, you have always wanted to play the harp! Join kindred spirits who have had the same desire. This is a beginner harp class. No prior music training is required. Students will be taught the basics of playing the harp, music theory rudiments, rhythm skills, and performance techniques. Harpsicles (lap harps) will be available to rent for the term. The class will culminate in a combined performance with the OLLI Harp Ensemble. The performance location and time is to be announced. • Lecture (plus questions); Facilitated discussion; Active participation.

**Supplies for rent:** A Harpsicle may be rented at a cost of \$60 for the term. Checks should be made out to "The Harp Studio."

**Required text:**

- Bonnie Goodrich, *Small Tunes for Young Harpists* (9781495071027)

**Winifred Garrett**, principal harpist for Fayetteville Symphony Orchestra, is harp instructor for NC State University, Methodist University, Bennett College, and Guilford College. Harpist in residence of Hayti Heritage Center, Ms. Garrett is artistic director of the Harp Studio and harpist for the Umstead Hotel and Spa. Her international credits include performances in Italy, Switzerland, and Japan.

- 6 Thu, Apr 16-May 21, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 20; Fee: \$70; Course ID: 3066

## The OLLI Harp Ensemble: Spring Concert

Spring is here! To celebrate the season, the OLLI Harp Ensemble will prepare and perform works by Vivaldi, Copland, Grieg, and Goodrich, along with, of course, Celtic fare. New students are welcome to join us and should be able to comfortably read bass and treble clef, have a clear understanding of music notation and meter, and preferably have access to a lever harp. This is an advanced beginner course. If an instrument is needed, a Harpsicle (lap harp) may be rented for the term. The course will culminate with a harp concert, time and location to be announced.

- Lecture (plus questions); Facilitated discussion; Active participation; Writing.

**Supplies for rent:** A Harpsicle may be rented at a cost of \$60 for the term. Checks should be made out to "The Harp Studio."

**Winifred Garrett**, principal harpist for Fayetteville Symphony Orchestra, is harp instructor for NC State University, Methodist University, Bennett College, and Guilford College. Harpist in residence of Hayti Heritage Center, Ms. Garrett is artistic director of the Harp Studio and harpist for the Umstead Hotel and Spa. Her international credits include performances in Italy, Switzerland, and Japan.

- 6 Thu, Apr 16-May 21, 9:00-10:30am
- Judea Reform Congregation, Durham
- Maximum: 20; Fee: \$70; Course ID: 2662



# Performing Arts

## Agatha Christie in the Movies

This course will cover some of the favorite film versions of Agatha Christie's novels, such as *Murder on the Orient Express* (1974) and *Evil Under the Sun*. Since this is a short term, it is just a small taste of her works and lead characters. It will include four films from her novels, and the final offering will be the film *Agatha*, which deals with the real-life mystery of Agatha Christie's disappearance for two weeks. • Facilitated discussion; Viewing videos.

*Dede Hall is a lifelong movie lover (and sometime mystery reader). She regularly attends a film discussion group and numerous film festivals. She felt fortunate to be able to spend a week in Oxford, England, taking a course entitled Murder in Oxford, discussing novels and attending lectures by such well-known authors as P. D. James and Colin Dexter.*

- 5 Mon, Apr 13-May 11, 1:00-4:00pm
- Judea Reform Congregation, Durham
- Maximum: 22; Fee: \$65; Course ID: 3045

## It Took a Village: How Greenwich Village Gave Birth to the Music of the 1960s

The 1960s was a time when everything was questioned and many things changed. The music of that time reflected the dramatic changes in popular culture but was also a catalyst for change, and it was born, to a large extent, in New York City. Greenwich Village was a magnet for musicians who were ready to expand the boundaries of the popular song to add meaning and tackle subject matter that was both personal and political. This course will explore the evolution of the music scene of the 1960s and the artists who surfaced in Greenwich Village during that decade. We will listen to and discuss songs by musicians ranging from Bob Dylan, Joan Baez, and Richie Havens to Phil Ochs and Tom Rush. We will also consider how these artists nurtured other artists, some who were widely popular,

such as Simon & Garfunkel and Billy Joel, and some who were not but were nonetheless influential, such as Laura Nyro, the Youngbloods, and the Velvet Underground. • Lecture (plus questions); Facilitated discussion; Listening to audio recordings; Viewing videos.

**Required supplies/fee:** Although entirely optional, the instructor recommends that students get a subscription to Spotify Premium at \$9.99 per month (first 14 days free) to have full access to music playlists he will publish each week. There is also a free Spotify version which has some limitations on how you listen to playlists. Full details are at [spotify.com](https://spotify.com).

*Marv Meyer majored in chemical engineering in the 1960s while he minored in Fillmore East. That legendary concert venue was just a few blocks from Cooper Union, his alma mater, as was Greenwich Village. He's since continued to attend many concerts and amassed a vast collection of vinyl and CDs in a relentless search for the lost chord.*

- 6 Wed, Apr 15-May 20, 1:30-3:00pm
- The Bishop's House, Duke University, Durham
- Maximum: 20; Fee: \$70; Course ID: 3073

## Guide to Local Jazz: Hidden Treasures

Most local jazz lovers know the main venues, but there are hidden treasures off the beaten path that are worth a stop. We will go to venues—on four different evenings and one Sunday afternoon—in Durham, Chapel Hill, Raleigh, and Saxapahaw (yes, Saxapahaw, the cultural capital of Southeast Alamance County!). Along the way, we'll hear a melodic pianist doing standards known and less known, the best jazz bar band in Carrboro, the best jazz in Saxapahaw, and the best trombone-piano duo around. All of these venues have tip jars and would be very happy if we invested in their performances. By the end of this course, you will have a more complete set of local jazz choices. • Lecture (plus questions);



Facilitated discussion; Active participation;  
Viewing videos; Field trip(s).

**Class schedule:**

- Session 1 (intro)—Wed, April 15, 3:15-4:45pm; Judea Reform Congregation, Durham
- Session 2—Sun, April 19, 4:00pm; West End Wine Bar, Durham
- Session 3—Wed, April 29, 7:30pm; Empress Room, Raleigh
- Session 4—Thu, May 7, 8:00pm; 2nd Wind, Carrboro
- Session 5—Tue, May 12, 7:00pm; Eddy Pub, Saxapahaw
- Session 6—Mon, May 18, 7:00pm; Imbibe, Chapel Hill

*Having liked jazz since childhood and having discovered a “warm bed” of jazz locally, **Peter Burke** has both taught versions of Guide to Local Jazz since 2013 and managed the Locavore Jazz website and blog. All this is to inform local jazz fans who the performers are and where to find them. No, he doesn’t play an instrument, but he does listen intently to the music and its musicians.*

- 6 sessions, Apr 15-May18; see dates, times, and locations above
- Maximum: 20; Fee: \$70; Course ID: 3065

## **Making Music with Melodicas: Beginning and Up (Other Instruments Possible)**

Have you wanted to learn an instrument but felt intimidated? Are you a rusty pianist or accordianist? Try the melodica! Sounding like harmonicas and accordions but easier, melodicas are fun, versatile, an introduction to piano and band instruments, and a way to do breathing exercises at the same time! Complete beginners are welcome; there is no need to be able to read music. At the beginning of the one-and-a-quarter-hour classes, everyone will play the same music together. Later in the class, intermediate players may switch to different parts. • Active participation.

**Please note:** If you’d rather not play the melodica yet or are at least early intermediate on another instrument, feel free to e-mail the instructor about enrolling, Alice\_L\_T@yahoo.com.

**Required supplies/fee:** Students will purchase materials independently for an estimated cost of \$25-\$40. Items are: a melodica (preferably 37-key), pencil, and the required text. A music stand is optional but helpful.

**Required text:**

- Helen Winter, *Let’s Play the Melodica! 28 Songs with Letter Notation for the Beginner* (9781079432305)

**Recommended texts:**

- Helen Winter, *30 Easy Play Songs Every Parent/Grandparent Can Play for Kids* (9781795458405)
- (For those who can read music) Javier Marcó, *Melodica for Kids: Christmas Carols, Classical Music, Nursery Rhymes, Traditional and Folk Songs!* (9781499243567)

***Alice Tien** is a professional pianist and has taught piano for 25 years. She also plays and teaches accordion and melodica. She would like to help beginners play music with the easy-to-learn, versatile melodica and to help those with more experience reach the too-little-known instrument’s vast potential.*

- 4 Tue, Apr 28-May 19, 1:00-2:15pm
- Galloway Ridge Retirement Community, Pittsboro
- Maximum: 8; Fee: \$40; Course ID: 3080

## **OY! A Play on Improv**

In this course, students will be challenged to create a play from a story cultivated by the class. We will stray from convention and not use props or sets. We’ll use our bodies, voices, and playful imaginations to create a unique performance. Facilitated by improv, we will unlock our inner editor of creative output. The course will foster confidence in our intuitive responses from the invested classroom community. • Facilitated discussion; Exercise or dance; Active participation; Writing.

# Performing Arts

**Maria Piskor** is a docent/teaching artist with 15-plus years of experience. She shepherds energy to static images, applying adaptive facilitation. She is the assistant in discovery as collaborator to diverse communities. Classically trained in theater, she continues to develop her craft. She is the recipient of a national docent award.

With over 20 years of classical and nonclassical focused singing, **Shana Adams** has passionately facilitated vocal meditation workshops, encouraging healing and relaxation through the voice. In 2018, Shana completed a level one Sound Healing certification through the Sound Healing Academy based in Cornwall, UK.

- 6 Mon, Apr 13-May 18, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 14; Fee: \$70; Course ID: 3084

## Playback Theatre: Using Improv to Share Our Stories

Come join the excitement of trying something new! Playback Theatre combines theater, improv, and storytelling—yet you don’t need experience in any of them. Practiced in over 40 countries around the world, Playback offers you a unique way to connect with others, listen more deeply, and develop spontaneity. Each session will offer

an opportunity to be playful, expressive, and emotional and to revel in being together with others. We’ll be using our intuition, creativity, and awareness to “play back” the stories we share. Witness for yourself that “the shortest distance between two people is a story.” At a time when our awareness is directed at global and national issues, here is an opportunity to shift our focus to the ordinary moments in our lives that are precious—and worthy of attention and empathy. Playback is a cultural antidote. It says, just being human is enough. • Exercise or dance; Active participation.

**Please note:** Active participation is enhanced with comfortable shoes and clothing in which you can move with ease. Like ballroom dancing and clowning, there may be some physical contact.

**Nancy Capaccio** has been practicing improv for the past 20 years. She performed Playback with the True Story Theater in Boston for 10 years. She not only directed training at True Story but also taught the general public for years. Nancy is committed to providing an experience that is creative, positive, joyful, and authentic.

- 6 Thu, Apr 16-May 21, 1:30-3:30pm
- Judea Reform Congregation, Durham
- Maximum: 15; Fee: \$70; Course ID: 3089

# Religion & Philosophy

## Ethics & the Human Condition: Nietzsche and Levinas

This course focuses on foundational ethics and the task of moral thinking by considering two philosophers dynamically opposed in the history of Western moral discourse: Friedrich Nietzsche and Emmanuel Levinas. We will examine their methodological approaches through short, close text readings and active class discussions. We

will start by reading selections from Nietzsche’s *On the Genealogy of Morals*. We will assess Nietzsche’s conception of the historical development of morality, its origins and causes, and if there is a possibility of moving beyond the destructive impact of our moral tradition. We will then read excerpts from Levinas’s *Difficult Freedom* and *Totality and Infinity*. This will offer us a glimpse into an opposing model of ethics,

where the concept grounding the human condition is “obligation to the human other.” Our goal will be to come to a better comprehension of each ethical model and its implications for our understanding of the human person and society.

- Lecture (plus questions); Facilitated discussion; Active participation.

**Please note:** Students are expected to schedule an adequate amount of time between sessions for reading, studying, and reflecting on the assigned texts and materials covered in class. Since we will often refer directly to sections of the assigned texts for analysis during discussions, please bring the appropriate texts with you to every class. Only the Nietzsche book needs to be purchased prior to class. Excerpts from the Levinas texts will be distributed.

**Required text:**

- Friedrich Nietzsche, *On the Genealogy of Morals* (9780679724629)

**Recommended texts:**

- Emmanuel Levinas, *Totality and Infinity: An Essay on Exteriority* (9780820702452)
- Emmanuel Levinas, *Difficult Freedom: Essays on Judaism* (9780801857836)

**Please note:** Excerpts from these texts will be distributed in class. They do not need to be purchased.

**Ken Chiha** earned BA degrees with departmental honors in both religious and political philosophy and government (Franklin and Marshall College), an MTS degree in moral theology (University of Notre Dame), and an MA degree, along with PhD work, in Christian ethics (Loyola University Chicago). His areas of interest include theology, ethics, and political theory.

- 6 Thu, Apr 16-May 21, 1:30-3:00pm
- The Bishop's House, Duke University, Durham
- Maximum: 15; Fee: \$70; Course ID: 3057

## The Cosmist Perspective

See listing on page 58.

## Religion in the South: Evangelical, Exceptional, and How It Got That Way

See listing on page 64.

## The American Civil War: Religious Aspects of the Conflict

See listing on page 39.

## The Judaic Art Gallery: History and Stories

See listing on page 18.

## Thoreau as America's First Yogi

Besides his relationship with the natural world, with its epicenter in Concord, Massachusetts, Henry David Thoreau derived much inspiration from his study of India's sacred yogic texts. In this course, we will focus on Thoreau's English translation of an ancient Indian narrative known as *The Transmigration of the Seven Brahmins*. We will search for clues as to why Thoreau chose this particular story to translate for his readers and what role it might have played in his own personal philosophy and evolution. Our course will also examine the experience represented by the Sanskrit word *samsara*, often translated in English as transmigration, reincarnation, or rebirth. • Facilitated discussion.

**Riverdave Owen** is a Durham native and has been teaching natural history locally and internationally for 30 years. He is also a lifelong student of Henry David Thoreau; this will be his fourth course at OLLI covering works by this author.

- 5 Thu, Apr 23-May 21, 11:00am-12:30pm
- The Bishop's House, Duke University, Durham
- Maximum: 20; Fee: \$60; Course ID: 3111

## **A Conservation Garden: An Introduction to the North Carolina Botanical Garden**

This short course will provide an introduction to the North Carolina Botanical Garden (NCBG) and its primary programs, demonstration gardens and natural areas. The Garden's research directors will provide an overview of the ongoing conservation and systematic research related to the Garden's mission. The director of horticulture will describe how conservation is integrated into garden design and maintenance at NCBG and discuss our "conservation through propagation" efforts to promote the use of native plants while also providing a supply that preempts wild collection. The directors of horticulture and education will provide a tour of the demonstration gardens, describing the overall conservation garden principles and practices as well as facility features of our LEED (Leadership in Energy and Environmental Design) Platinum-rated education facilities. Many of the principles and strategies are quite accessible and applicable to the home garden. • Lecture (plus questions); Field trip(s).

**Please note:** There is an outdoor component to this short course. Wear comfortable walking shoes and weather-appropriate clothing. Lunch will be provided.

***Damon Waitt** is director of the North Carolina Botanical Garden (NCBG). He has broad responsibility for overall leadership and management and for ensuring that the Garden fulfills its mission to inspire understanding, appreciation, and conservation of plants in gardens and natural areas and to advance a sustainable relationship between people and nature.*

***Alan Weakley** is a plant taxonomist, community ecologist, and conservationist specializing in the Southeastern US. He serves as director of the UNC Herbarium, a department of the NCBG, and teaches at UNC-Chapel Hill and at the Highlands Biological Station. Alan is author of *The Flora of the Southeast* and coauthor of *The Flora of Virginia*.*

***Johnny Randall**, as director of conservation at NCBG and adjunct faculty in the UNC-Chapel Hill Environment, Ecology and Energy Program, over-*

*sees the conservation and management of approximately 1,200 acres, administers the Garden's conservation seed programs, and directs rare plant recovery projects. Johnny also does research on rare plant reintroductions and habitat restoration/rehabilitation.*

*As director of horticulture, **Dan Stern** oversees the development, maintenance, plant records, and labeling for over 15 acres of cultivated gardens between the NCBG's main site and the Coker Arboretum. Dan also oversees the Garden's conservation through propagation activities, including seed collection, cleaning, and storage; the operation of the greenhouse and nursery facilities; and plant sales.*

***Joanna Massey Lelekacs** is director of education for NCBG. She provides overall leadership and management direction for the education and outreach programs, which provide learning experiences that seek to increase environmental and conservation literacy, strengthen program participants' connection to the natural world, and improve the well-being of participants, the community, and the planet.*

- 1 Thu, Apr 30, 9:00am-3:00pm
- NC Botanical Gardens, Chapel Hill
- Maximum: 20; Fee: \$60; Course ID: 2859

## **A Hitchhiker's Guide to AI: Where We Are, How We Got Here, and Where We're Going**

Over the last few years, artificial intelligence (AI) has become a major player in many spheres—industry, commerce, social media, arts and entertainment, among others—and its influence is certain to become both broader and deeper. Many of these advances are for the common good, but some, less so. The aim of this course is to understand what AI is, examine its trajectory, and set expectations for its impact on society in general and jobs in particular. We will look at both narrow and general AI; what makes AI different from traditional IT/programming; a brief history of AI from Turing forward; some case studies, successful and otherwise; the footprint of AI (both overt and covert) today; and where



AI is headed, as forecast by academics and industry specialists. We will end by considering the “singularity,” the point in time predicted by some when AI growth becomes uncontrollable.

- Lecture (plus questions).

**John Prager** is a consulting research scientist at IBM. John has built many intelligent systems over the last 45 years, including the Watson system that won on Jeopardy! in 2011. He has degrees in AI, computer science, and mathematics from the University of Cambridge and the University of Massachusetts. John has about 100 publications, including books, research papers, and patents.

- 6 Mon, Apr 13-May 18, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 50; Fee: \$70; Course ID: 3047

## NEW OLLI Summer Term 2020

Join us for six weeks this summer!

**Symposia: Scientific Excursions and Diversions** Our popular invited-speaker series in which interesting experts talk about their work (see page 59).

- 6 Tue, Jun 9-Jul 21 (no class Jun 30), 1:30-3:00pm
- The Forest at Duke Retirement Community, Durham
- Maximum: 120; Fee: \$70; Course ID: 3096

**The World Today** For those interested in current events—weekly discussions of news from around the world and here at home (see page 40).

- 6 Wed, June 10-Jul 22 (no class Jul 1)
- The Forest at Duke Retirement Community, Durham
- Maximum: 120; Fee: \$70; Course ID: 3110

**You can register for summer courses on May 4.**

## Climate Change: The Challenge

The course will present a comprehensive analysis of the global climate challenge and will substantiate and discuss the following. Global warming has accelerated in recent years, approaching 1.2 degrees Celsius warming from the preindustrial era. Greenhouse gas emissions are responsible for the warming. Humanity’s growing population and increasing demand for resource-intensive goods and services have driven the emission growth. Serious impacts are already occurring; more serious ones appear inevitable. We are heading toward 3 to 4 degrees Celsius (5.4 to 7.2 degrees Fahrenheit) surface warming by the end of the century with potentially disastrous impacts, such as severe weather, flooding, drought, and species extinction. The Paris climate accord is a modest but important first step. Without near-term drastic emission reductions, it is unlikely we will be able to limit warming to 2 degrees Celsius. Actions we can take at the personal and household levels will be discussed and quantified. • Lecture (plus questions); Facilitated discussion; Active participation; Viewing videos.

**Please note:** It is suggested that students read the following paper by the instructor: “We Are Losing the Climate Change Mitigation Challenge; Is It too Late to Recover?,” *MRS Energy and Sustainability* 4 (2017), doi.org/10.1557/mre.2017.5.

**Frank Princiotta**, retired research director at the Environmental Protection Agency, has a degree in chemical engineering from the City College of New York. He played a leadership role in the development of SO<sub>2</sub> pollution control technology, is an author of scientific papers on air pollution and climate change, is a frequent speaker before technical societies, and has testified before Congress.

- 6 Tue, Apr 14-May 19, 11:00am-12:30pm
- Galloway Ridge Retirement Community, Pittsboro
- Maximum: 50; Fee: \$70; Course ID: 2858

**See page 8 for venue addresses**

# Science & Technology

## Artificial Intelligence: From the Cognitive Revolution to Flying Cars (Part 2)

Part 1 of this course covered the basics of artificial intelligence and its past and present status. Part 2 presents an opportunity to utilize what we have learned from the past and begin forecasting future AI scenarios and their implications. If researchers can overcome the current limitations of deep learning, AI could potentially transform life as we know it. Experts disagree about whether or not AI will reach human-level intelligence and how we might attain it. Manufacturing, transportation, and housing are the major contributors to greenhouse gases. How can AI help address climate change? Analyzing moving targets requires a unique set of skills. Do governments have the expertise to adequately respond to probable scenarios? Students who have taken Part 1 will find Part 2 straightforward. For students with less preparation, the first week's discussion will cover the background needed to be able to benefit from this course. • Lecture (plus questions).

**Randall Mayes** is a technology analyst. He wrote for the *Futurist*, had fellowships with *STATS* and the *Institute for Ethics and Emerging Technologies*, and is the author of two books, *The Cybernetics of Kenyan Running* and *Revolutions: Paving the Way for the Bioeconomy*, and a forthcoming book on AI. He has a master's degree from the *Nicholas School of the Environment* in earth sciences at Duke.

- 6 Wed, Apr 15-May 20, 5:30-7:00pm
- The Bishop's House, Duke University, Durham
- Maximum: 25; Fee: \$70; Course ID: 3048

### OLLI at Duke Is a Cooperative Venture

Suggest an activity. Teach a course. Become a Class Assistant. Help with administrative tasks. Provide technical assistance. Join a committee. See the **Volunteer Form** in the Registration Insert for more information.

## Infectious Diseases in Humans

Over the span of six classes, the instructor will discuss infectious diseases that have had a major impact on human populations. An introductory class will describe categories of disease-causing "germs" and host-pathogen interactions and characteristics. Other classes will present details of devastating epidemics in human history as well as the recent emergence of SARS and Ebola. HIV/AIDS will be discussed—its origins, spread, and future—as well as its sister epidemic tuberculosis. Childhood diseases and the vaccines that prevent them will be discussed. Finally, the potential for a "post-antibiotic" era, where antibiotic resistance is rampant, will be explored. Classes will be interactive and will include video recordings, music, and other arts, while being technically accurate and content rich. Questions and discussion about the topics will be encouraged, but personal ailments and diagnostic dilemmas (that is, clinical medicine) will be off limits.

- Lecture (plus questions); Listening to audio recordings; Viewing videos.

**Carol Dukes Hamilton, MD**, is an infectious disease physician and professor of medicine, emeritus, at Duke. She served as clinician and full-time faculty at Duke from 1991 until 2008, led the North Carolina TB Control Program from 2001 to 2008, and worked across sub-Saharan Africa and Asia the past 10 years. She has over 100 peer-reviewed publications and numerous national and international awards.

- 6 Mon, Apr 13-May 18, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 25; Fee: \$70; Course ID: 3069

## The Cosmist Perspective

Are we alone? Either our intelligence is unique in the universe, or we are one of many intelligences. Either answer is profound and must be explored. For the first time, our knowledge of the universe is bumping against the meaning and purpose of our species: is it to understand, comprehend, and

become one with the universe, to join in a cosmic discussion with other intelligences, or to spark brightly and briefly against the cosmic darkness? Come join the conversation as we explore recent cosmological discoveries, such as those concerning dark matter, dark energy, gravitational waves, SETI (the search for extraterrestrial intelligence), and the possible ways the universe ends. Continue the discussion as we contemplate the Fermi paradox and the physical limits to human space exploration and colonization. These and other new astrophysical discoveries will help guide us in our contemplation of the purpose and meaning of our existence. • Lecture (plus questions); Facilitated discussion.

***Brand Fortner** is teaching professor in physics at NC State University and adjunct professor of physics at UNC-Chapel Hill. His PhD in theoretical high energy astrophysics is from the University of Illinois at Urbana-Champaign. A founder of two software companies, he previously held positions at NASA, NCSA, and Johns Hopkins University.*

- 5 Wed, Apr 22-May 20, 9:00-10:30am
- United Church of Chapel Hill
- Maximum: 50; Fee: \$60; Course ID: 3101

## **Intro to Medical Illustration**

See listing on page 28.

## **The Art & Science of Drawing**

See listing on page 27.

## **Homes for a Planet in Crisis**

See listing on page 16.

**See page 8 for venue addresses**

## **Symposia: Scientific Excursions and Diversions**

Symposia, one of OLLI's invited-speaker courses, is popular with busy OLLI members because each lecture is on a different topic—missing one does not mean course continuity will be lost.

This year, OLLI is offering a Symposia summer term as well. Here's your chance to avoid the dreaded SOWS—the Summer OLLI Withdrawal Syndrome. Instead, enroll in Symposia's summer term and come for three Tuesdays in June and another three in July to hear interesting speakers talk about their work. (The World Today is also offering a summer term and will meet at the Forest at Duke on Wednesdays in the same weeks as Symposia; see page 40.)

Note that our programs of speakers are subject to change. • Lecture (plus questions).

### **Symposia Spring Term Program**

#### **April 14 • RDU**

We are privileged to have **William Sandifer**, RDU Airport Authority's senior vice president and chief operating officer, with us today. People who write strategic plans often talk about their plans being "overtaken by events," and that has happened at RDU—the demands on RDU have grown much faster than planned for. Mr. Sandifer will brief us on how the airport is coping and share with us the changes we will see in the next few years. (Tony Waraksa arranged this lecture.)

#### **April 21 & 28 • Science Policy: What Is It and What Does It Mean for You?**

How does the government use science to determine policy? How does government policy affect science? Duke's SciPol.org tracks and explains science policy in the areas of energy, genetics, neuroscience, robotics/artificial intelligence, and nanotechnology. For these two sessions, a panel of experts from those fields will give an overview of the latest developments and talk about ways you can weigh in on science policy.

# Science & Technology

The panel for April 21 includes **Andrew Pericak**, MEM (*SciPol* editor-in-chief); **Brian Langloss**, PhD (genetics, neuroscience); and **Sarah Rispin Sedlak**, JD (energy). On April 28, we will hear from **Maria Carnovale**, PhD (robotics/AI); and **Holly Leddy**, PhD (nanotechnology). (Tony Waraksa arranged these panels.)

## May 5 • A Joint Scientific Approach to Defeating Cancer Growth

Dr. **David Needham**, professor in the Department of Mechanical Engineering and Material Science at Duke, is the author of *How to Reverse Engineer Anything*—a thermodox story for treating cancer that involves a very productive collaboration with **Mark Dewhirst**, Duke DVM, PhD, the Gustavo S. Montana Professor of Radiation Oncology and vice director for basic science in the Duke Cancer Institute. They figured out what cancer cells eat, and by reverse engineering the low-density lipoprotein that cancer cells avariciously feed on, they have been able to forward-engineer a nanoparticle of pure drug and are testing this idea to “make a drug look like cancer’s food.” (Mike Smith arranged this lecture.)

## May 12 • Have You Noticed Your Voice Changing?

**Caroline Banka**, MS, CCC/SLP of the Duke Voice Care Center and Duke Otolaryngology, will talk with us about how our voices change as we age and will offer strategies and vocal exercises to keep our voices strong. (Mike Smith arranged this lecture.)

## May 19 • Bones, Muscles, and Brains: Your Guide to Aging Strong

**Kathleen Cody**, executive director of American Bone Health, will lead a discussion with the assistance of a physical therapist and a dietitian to emphasize the importance of physical exercise, nutrition, and sleep. They will provide a booklet tailored to us for reference. (Mike Smith arranged this lecture.)

## Symposia Summer Term Program

**Please note:** The Symposia summer term program meets on six Tuesdays at The Forest at Duke in the same weeks that The World Today is offered there on Wednesdays (see page 40).

### June 9 • What’s on the Horizon for Cardiovascular Devices?

**David F. Kong**, MD, AM, DMT, FACC, FSCAI, is the co-director of the Duke Clinical Research Institute. His research interest is in Cardiovascular Late Phase 3 devices—the experimental devices of clinical trials that are almost ready to be submitted to the FDA for approval. Dr. Kong’s lecture title is “The Rise of Techno-Cardiology: Implications for Patients, Practices, and Educators.” We OLLI members are in the age group for whom devices can be lifesaving, and we’ll leave this lecture much better informed about the possibilities. (Mike Smith arranged this lecture.)

### June 16 • Keto Diets? Low-Carb High-Fat Diets? Help!

The popularity of low-carbohydrate, high-fat dieting and the Keto diet is growing—as is the controversy. We are lucky because there is an international expert on those diets right here at Duke. Dr. **Eric Westman** knows all the controversies about the low-carb diet community, and he will be sharing his insights with us today. (Tony Waraksa arranged this lecture.)

### June 23 • Fireflies? Lightning Bugs?

When you see these nighttime wonders (this date is pretty much the peak season for them), what you call them is a clue as to where you might have grown up. In any event, these creatures are neither flies nor bugs but flying beetles, and Professor **Clyde Sorenson** of NC State will tell us more about them. You’ll learn about their life cycles and how to decipher their flash codes. You might even find yourself out late at night for the rest of the summer, enjoying in real life what



you'll have learned about in this session. (Tony Waraksa arranged this lecture.)

### July 7 • “This Is Your Captain Speaking”

We've all heard that announcement during a flight, but this time OLLI member and retired United Airlines captain **Bob Wilkerson** won't be telling us the Golden Gate Bridge will be visible on the right side of the airplane. Instead, he's going to take us on a tour of the cockpit of the Boeing 777s he flew and talk us through what it takes to prepare for a flight. Bob wants to save a big part of the session for questions, so his prepared remarks will not be as long as most speakers. He wants enough time to answer all the questions you have always wanted to ask the person at the controls, getting us safely to our destinations. (Tony Waraksa arranged this lecture.)

### July 14 • *Albert Einstein: Reluctant Superstar*

For many people, the name Einstein is synonymous with scientific genius and intellectual greatness. Einstein's insights into the ultimate unity of space and time and his revolutionary concept of gravity certainly qualify him as one of the greatest minds of all time. But his passion for science was matched by his commitment to social justice, human rights, and worldwide disarmament. In *Albert Einstein: Reluctant Superstar*, set during the 1920s and '30s, **George Capaccio's** portrayal of Einstein will offer us insights into the great scientist's principled stand against injustice and the price he paid for his unwavering devotion to humanity. (Tony Waraksa arranged this presentation.)

### July 21 • Take Home Some Yoga for the Summer

Today **Carol Krucoff** will be talking about what you might call practical yoga—yoga ideas you can take home and use the rest of the summer so when the fall term starts you'll feel more fit and flexible than you do right now. (Tony Waraksa arranged this presentation.)

**Anthony Waraksa** spent his career in the private sector, first as an engineer developing analytical instruments and later as CEO of a small high-tech company. Post-retirement, when living in Durham, he spent 13 years serving on the Duke Med Institutional Review Board.

**Harriet Sander** was a clinical psychologist and, post-retirement, is guardian ad litem for the Durham County court system.

**James Hollowood** was a manager in a range of educational and nonprofit organizations and, post-retirement, is assisting in the development of an OLLI public policy interest group.

**Michael Smith** is a retired marketing executive who often arranges wine and food pairing sessions at OLLI and is an active member of the Duke Med Institutional Review Board.

### Spring Term

- 6 Tue, Apr 14-May 19, 2:00-3:15pm
- The Forest at Duke Retirement Community, Durham
- Maximum: 120; Fee: \$70; Course ID: 0373

### Summer Term (Registration is May 4)

- 6 Tue, Jun 9-Jul 21 (no class Jun 30), 2:00-3:15pm
- The Forest at Duke Retirement Community, Durham
- Maximum: 120; Fee: \$70; Course ID: 3096

### OLLI Spring Registration

Registration for spring term courses opens at 9:00am on **Wednesday, March 25**, for Saturday, Sunday, Monday, and Tuesday courses, and at 9:00am on **Thursday, March 26**, for Wednesday, Thursday, and Friday courses.

See “How to Register”  
in the Registration Insert for details.  
Registration FAQs are on pages 69-71.

# Social Science & Culture

## Leadership for Nonprofits

We volunteer for organizations we admire and hope to contribute to their successes, but sometimes the leadership skills they need are slightly different from the ones we used in business, education, or government. Come join this course to learn how you can refocus your skills. Nonprofit organizations provided approximately 10 percent of private sector jobs, 11.4 million jobs, in 2015. Additionally, 25 percent of adults volunteer in some capacity, which equates to 62.8 million people and \$184 billion of volunteer time. This course reviews what makes leadership effective in volunteer organizations. It uses case studies, theories, and discussions on what makes leadership work. • Lecture (plus questions); Facilitated discussion.

**Tim Parker** developed his leadership skills while serving in leadership positions in the US Air Force, state government, and the private sector. He currently serves as a volunteer leader in his church. The largest organization he led consisted of 1,200 persons with a \$1.2 billion budget. His formal education includes an engineering degree, an MSBA, and a DBA (organizational leadership).

- 6 Mon, Apr 13-May 18, 3:15-4:45pm
- Judea Reform Congregation, Durham
- Maximum: 50; Fee: \$70; Course ID: 3076

## Great Interviews: OLLI's Fascinating Instructors Up Close and Personal

See listing on page 38.

## Our Invisible Connected World

As our scientific tools improve, we continually learn new information about our world that had previously been beyond our reach. Advances not only tell us more about who and what we are but also have practical applications that boggle the

mind. In this course, we will delve into some of the most interesting discoveries, including in quantum science, the human microbiome, and mind-opening substances. We will learn how the concepts of separation, time, and space are more our own creations than inherent in the physical world. We will also look at some of the potential applications for these discoveries in computing, health care, and mental health. • Lecture (plus questions); Facilitated discussion; Viewing videos.

**Matt Epstein's** careers have included law; holding executive director positions in university-based centers; teaching; starting businesses; and working with youth, prisoners, and addicts. He presently teaches math and is a principle in consulting and nonprofit organizations. He has a BA in psychology from Yale University and law degrees from the University of New Hampshire and Boston University.

- 6 Thu, Apr 16-May 21, 9:00-10:30am
- The Bishop's House, Duke University, Durham
- Maximum: 30; Fee: \$70; Course ID: 3083

## Ethics & the Human Condition: Nietzsche and Levinas

See listing on page 54.

## Climate Change the Challenge

See listing on page 57.

## Pauli Murray Engagement Course

The Rev. Dr. Pauli Murray (1910-1985), an acclaimed African American lawyer, civil rights activist, writer, educator, and Episcopalian priest, grew up in Durham, North Carolina. Her family home, a National Historic Landmark, is being rehabilitated as the Pauli Murray Center for History and Social Justice (PMC), slated for its grand opening in 2021. With Center staff, participants

will learn about Murray and her dynamic legacy while contributing to the early development of the Center and its vision of radical inclusion and welcome. After an introduction to evaluation and planning strategies used by cultural organizations, participants will develop their own evaluation tools, make visits to local historic sites, and assess how those sites present information to visitors. The participants will synthesize their field research into a set of recommendations for the PMC's future development. • Lecture (plus questions); Facilitated discussion; Active participation; Field trip(s).

**Please note:** Participants will need to work together outside of class and should be in town for the majority of the spring term. The participants will be asked to read *Proud Shoes* within the first two weeks of the course and may want to read the book prior to the beginning of the course.

#### **Required text:**

- Pauli Murray, *Proud Shoes: The Story of an American Family* (9780807072097)

#### **Recommended text:**

- Pauli Murray, *Song in a Weary Throat* (9781631494581)

**Barbara Lau** is executive director of the Pauli Murray Center for History and Social Justice, which engages diverse communities by connecting history to contemporary issues through community dialogues, exhibitions, performing arts, and story and truth telling. Lau brings 20 years of experience as a folklorist, curator, professor, oral historian, and media producer to this work.

- 6 Tue, Apr 14-May 19, 1:30-3:00pm
- The Bishop's House, Duke University, Durham
- Maximum: 15; Fee: \$70; Course ID: 3086

## **Cutting the Cable Cord**

See listing on page 19.

## **Prisons/Asylums: Mental Health Care in the US**

John F. Kennedy's Community Mental Health Act offered new hope for treating the chronically mentally ill. Under Ronald Reagan, deinstitutionalization was begun, with the false promise that community-based care would help all who were "unnecessarily" detained in many state mental health/psychiatric hospitals. There is no question that many individuals could have benefited from community care, but the execution of that care left much to be desired, with the unintended results of homelessness and, in many cases, incarceration. We will explore the history of mental health care, the implementation of community care, the advent of powerful medications offering hope for many patients, the effects of deinstitutionalization, and current trends. Optional readings will be offered about the closing of state psychiatric facilities, the rise of private psychiatric facilities, community care, funding issues, and penal institutions as the ersatz psychiatric hospitals of today. • Lecture (plus questions); Facilitated discussion; Viewing videos.

**Ed Hoefle** had a 40-year career in behavioral health, developing mental health and substance abuse programs, psychiatric hospitals, crisis centers, residential programs, and day programs for children, adolescents, adults, and seniors. He was a certified behavioral healthcare executive, certified mediator, program director in several states, and JCAHO consultant. He is now gratefully retired.

- 6 Mon, Apr 13-May 18, 11:00am-12:30pm
- The Bishop's House, Duke University, Durham
- Maximum: 20; Fee: \$70; Course ID: 3090

## **Yes, There Is "Other" News**

In the run-up to the 2020 presidential election, do you feel saturated by political news? This course focuses on "other" news that impacts daily life. Reporting on science and medicine, food and business, as well as sports, travel, and fashion

# Social Science & Culture

provides insight and context. But what elements create a satisfying story? Participants will examine why medical reporters routinely write about one study but not another, why the best sports writers seek unusual traits in professional athletes, and why business reporters are concerned with the personalities and motivations of CEOs as much as the mergers they engineer. With the shelf life of traditional hard news measured in hours or even minutes, investigative journalism is becoming ever more critical. Yet new questions emerge. Is foreign news coverage trustworthy? Are journalism's ethical standards changing? The course will aim for wide-ranging discussions about "other" news and how journalism is evolving with new storytelling techniques. • Lecture (plus questions); Facilitated discussion.

**Timothy J. McNulty** is a former correspondent and editor at the Chicago Tribune. He is also a former instructor at the Medill School of Journalism at Northwestern University.

- 6 Mon, Apr 13-May 18, 9:00-10:30am
- The Bishop's House, Duke University, Durham
- Maximum: 15; Fee: \$70; Course ID: 3117

## Social Media for Boomers

See listing on page 19.

## The Black Experience in America: 1950 to the Present

See listing on page 38.

## The Triangle Community Economy: Local Opportunities to Connect, Collaborate, and Share

See listing on page 24.

## Religion in the South: Evangelical, Exceptional, and How It Got That Way

In 2014, the *Economist* magazine opined that religion, even more than race relations, explains what makes the South exceptional when compared to the rest of the United States. Indeed, the region long known as the "Bible Belt"—site of the Scopes evolution trial, home base for religious right leaders such as Jerry Falwell—is a prayerful kind of place that Georgia writer Flannery O'Connor described as "Christ-haunted." But that wasn't always so. This course looks at Southern faith from its almost agnostic beginnings through the arrival and spread of evangelicalism to the rise of today's "values voters." Along the way, it will examine religion's role in politics and society, exceptions to the evangelical rule, and such counter-conventional manifestations as speaking in tongues, faith healing, and, yes, handling snakes. • Lecture (plus questions); Listening to audio recordings; Viewing videos.

### Recommended texts:

- Christine Leigh Heyrman, *Southern Cross: The Beginnings of the Bible Belt* (9780807847169)
- Randall J. Stephens, *The Fire Spreads: Holiness and Pentecostalism in the American South* (9780674026728)

Southern born and bred, **Jim Wise** wrote his master's thesis on millenarian churches in western North Carolina. He is a retired reporter, editor, and columnist with Durham newspapers and has taught OLLI courses on regional culture since 1999. Wise is the author of several books of local lore, including *On Sherman's Trail: The Civil War's North Carolina Climax* and *Durham Tales*.

- 6 Tue, Apr 14-May 19, 9:00-10:30am
- Judea Reform Congregation, Durham
- Maximum: 25; Fee: \$70; Course ID: 2853

**See page 8 for venue addresses**



## Serious Play: Learning through Games & Simulations

“Play is perhaps the best, healthiest, most productive activity a human can undertake—a gateway to our ideal psychological state. Games aren’t an escape from reality. They are an optimal form of engaging it.” So states game designer Jane McGonigal. Games unleash the power of play, breaking down social and psychological barriers to allow people to engage in the kinds of deep thinking and collaborative activity essential to exploring the complex social, economic, and ecological challenges we face. In this course, we use cooperative games and social simulations to examine some of society’s most confounding challenges, such as economic inequality, social injustice, and climate change. The games and simulations allow participants to try potential solutions and game out consequences in “safe”

social spaces. This course is highly interactive, involving simulation game play and postgame debriefs. • Facilitated discussion; Active participation; Viewing videos.

**Tom Fletcher**, MAT (education), MA (anthropology), is a former high school teacher, learning specialist, and educational diagnostician who is currently an educational consultant and community educator. He uses strategy games and social simulations as learning tools in classroom and community settings to address complex issues, stimulating critical-thinking and problem-solving skills.

- 6 Sat, Apr 18-May 23, 1:30-3:00pm
- The Bishop’s House, Duke University, Durham
- Maximum: 14; Fee: \$70; Course ID: 3093

## The Journey of Grief

See listing on page 34.

# Writing

## Creative Prose: Writing, Editing, and Publishing

Do you have stories from your life or the history of your family you want to share? Do you use your imagination to create stories? This course will cover all aspects of prose writing, from short stories, novels, and memoirs to personal essays. In addition, the course will include readings and discussions focusing on key aspects of the writing craft, including transforming your raw material, developing your own voice, writing scenes and dialogue, developing characters, establishing a narrative point of view, and structuring longer works. A series of exercises will give you a chance to practice these skills. We will examine the editing process and also look at different methods of publishing your writing. Class mem-

bers will have their writing critiqued by the class. The course is open to all levels of writers, from beginners to published writers. The goal is to have fun and share our stories. • Facilitated discussion; Active participation; Writing.

**Paul Deblinger** has been teaching writing for decades in Ohio, Minnesota, Prague, and North Carolina. He holds an MA in creative writing from Hollins College and an MFA in creative writing from Bowling Green State University. He has published poems, stories, essays, interviews, and columns in many periodicals. He founded Window Poetry Washington DC and was cofounder of the Mid-American Review.

- 6 Wed, Apr 15-May 20, 6:30-8:30pm
- The Bishop’s House, Duke University, Durham
- Maximum: 10; Fee: \$70; Course ID: 2697

# Writing

## Writing New Poems: Great Steals!

It has been said that great poets steal. We will generate new poems, taking cues from inspirational poems, which we will explore together in class. Afterward, we will stretch our poetry muscles doing some in-class warm-ups. At home at our own perfect pace, each poet will create a new poem. Each poem will be completely original, reflecting our own unique voice. In the next class, we will share these poems, expressing what we appreciate and making suggestions on ways to grow or hone our poems. We will write a brand new poem every second week. One week we may create a poem of word or sound plays, the next explore a Japanese or Middle Eastern poetry form, or we may write a poem based on jazz and the blues. New and experienced poets alike are all welcome. • Facilitated discussion; Writing.

**Please note:** A computer and the ability to print out copies of your poems will be needed. If you do not have access to a printer, contact the instructor. Please bring writing materials to class.

***Jane Seitel** has taught 10 Olli poetry courses. She is an expressive arts therapist, writer, and teacher and received her MEd from Lesley University and her MFA from Drew University. She has studied poetry, poetry in translation, and the art of the essay. She founded a poetry press for women over 50 and has published her poems and creative nonfiction in national and international journals.*

- 6 Wed, Apr 15-May 20, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 10; Fee: \$70; Course ID: 2958

### Special Requirements & Notes

Some courses have required supplies, prerequisites, fees, and/or special notes for participants.

Details can be found in the course descriptions online at [learnmore.duke.edu/olli](http://learnmore.duke.edu/olli).

**See page 8 for venue addresses**

## Poetry Writing: Lifting Your Voice

“No ideas but in things.”—William Carlos Williams. Poets through the centuries have created their own unique voices. Poetry expresses both simple and complex things through image, metaphor, tone, style, rhythm, sound, and more. The best poets go against the grain—they turn what is common on its head and stand out from the crowd by paying careful attention to word, line, form, image, and the other elements that enrich poetry. The course will encourage poets to expand their voices to become more fearless. Using a workshop-style setting, the class members will discuss each other’s poetry as well as share examples of the poems they each read and enjoy. The course will examine craft, the poetry rewriting and self-editing process, as well as how to prepare a manuscript and how and where to publish. The course is open to all levels of experience. The goal is to have fun, share ideas, and learn together. • Facilitated discussion; Writing.

***Paul Deblinger** has been teaching writing for decades in Ohio, Minnesota, Prague, and North Carolina. He holds an MA in creative writing from Hollins College and an MFA in creative writing from Bowling Green State University. He has published poems, stories, essays, interviews, and columns in many periodicals. He founded Window Poetry Washington DC and was cofounder of the Mid-American Review.*

- 6 Mon, Apr 13-May 18, 6:30-8:30pm
- The Bishop’s House, Duke University, Durham
- Maximum: 10; Fee: \$70; Course ID: 2446

### OLLI Spring Registration

Registration for spring term courses opens at 9:00am on **Wednesday, March 25**, for Saturday, Sunday, Monday, and Tuesday courses, and at 9:00am on **Thursday, March 26**, for Wednesday, Thursday, and Friday courses.

See “How to Register”  
in the Registration Insert for details.

# Activities & Special Interest Groups (SIGs)

*Activities and Special Interest Groups are an integral part of the OLLI learning community and provide opportunities to connect outside the classroom. If you have general questions or suggestions for activities, call Kathy Parrish at 919-681-3476. If you want to find out more about any of the listed groups, please contact the designated coordinator for that activity.*

## Book Group

This informal group reads contemporary literature and meets on the second Monday of every month at 3:15pm at Blacknall Presbyterian Church, 1902 Perry St, Durham. For more information, please contact Judy Grauer at judygrauer@gmail.com or 919-416-0755.

Apr 13 • *The Library Book*, by S. Olean

May 11 • *The Handmaid's Tale*, by M. Atwood

June 8 • *The Dutch House*, by A. Patchett

## OLLI Community Engagement Initiative

See page 7 for more details on this newest SIG.

## Craft Group

It is time to dig out that unfinished project from the back of the closet. Knitting, quilting, crocheting, sewing . . . whatever. All are welcome to our Craft Group, which meets year round, every Monday at 3:15pm at the Durham Senior Center. For more information, please contact Judy Grauer at judygrauer@gmail.com or 919-416-0755.

## Foodie Field Trips

Many of us fondly remember “School Field Trips” as the most vivid part of our early education. Outings give us immediate access to new worlds. On alternating Wednesdays, members meet for lunch at diverse food and beverage venues, suppliers and producers. Some venues will reflect our region’s expanding cultural diversity while others are more traditional offerings. All initial visits are in Durham, with the exception of one in Raleigh. Each outing will be a chance to learn, shop, and “break bread” together at an inexpensive lunch spot. This is a “virtual” SIG, organized

by e-mail and via the SIG website, foodiefieldtrip.weebly.com.

These are the initial destinations; SIG members will suggest future destinations.

- Bullocks—traditional Southern cooking
- Li Ming’s Global Mart—Asian produce, groceries, meats, fish
- Marketplace/Duke’s East Campus—Dorm food? Not anymore
- La Superior Foods—Hispanic supermarket and restaurant
- Fullsteam Brewery—brewery and restaurant (late afternoon)
- NC Farmers Market—Piedmont spring agriculture.

Contacts: Alan Magid, alanmagid@gmail.com, or Marianne Frisch, mbfrisch@yahoo.com

## International Folk Dance

Join us for a fun way to get exercise, both physical and mental, and improve your balance. The folk dances we practice are done in a line or circle (no partner is needed) and are low impact (not highly strenuous). Most of the dances originated in Eastern Europe. Our ongoing class meets on Tuesdays, 1:30-2:45pm, at Croasdaile Village Retirement Community. Newcomers are welcome at any time. There is no charge, but you will need to contact coordinator Judy Stafford at 919-383-7172 or judy.stafford@alumni.duke.edu for more information.

## Language Tables

**La Table Française** se réunit le mardi de midi à 13 heures dans l’atelier à “The Forest at Duke Retirement Center.” En ce moment, le groupe

# Activities & Special Interest Groups (SIGs)

est complet, et il y a une liste d'attente. Si vous parlez français couramment et vous voulez que nous y mettions votre nom, envoyez un mail à Emily Lees (emilyjlees@gmail.com) ou à George Entenman (olli@entenman.net). Les résidents de la "Forest" qui parlent français sont toujours bienvenus. Nous sommes heureux aussi de répondre à vos questions.

**Spanish Table** meets 12:45-2:00pm on the second Friday of each month (Sep–Apr) at Mi Peru restaurant, 4015 University Dr, Durham (miperupci.com). We welcome Spanish speakers from all levels to join in practice of conversational Spanish. Please contact Margaret Riley (mrileync@gmail.com) if you are interested in joining us.

## **Mac Computer Users Group**

Mac users will gather for Q&A and short presentations on topics of interest. The group will meet periodically at a day, time, and place to be announced. Coordinators: Mary Jo Fickle, fickle5@aol.com, and Susan Eure, asure@bellsouth.net.

## **Mystery Book Club**

Whether you HAVE a clue or not, this book club may be for you. We meet once a month to discuss mystery books our members have designated worthy and interesting to share with the group. We have read and discussed books by authors: Ann Cleeve, Arnaldur Indriason, Ruth Rendell and Ausam Zehant, to name a few. We are an adventurist group looking for new and exciting authors. For more information, please contact Madeline "Maddy" Kalstein, madkalstein@gmail.com.

## **The OLLI Public Policy SIG**

The OLLI Public Policy Special Interest Group (Policy Group) is designed for those who have an interest in discussing and pursuing important international, national, and state/ local public policy issues. We attend lectures/events at the

Sanford School for Public Policy and meet usually twice a month on Friday mornings at Crowell Hall on Duke East Campus. We also meet with the Sanford School at specific events where we're invited to participate and share the wide variety of policy-related discussions and events sponsored by Duke. Contacts: Larry Reed, lgreed3@gmail.com or 919-452-3896, or Jim Hollowood, jhollowood@gmail.com

## **Science Book Club**

We read and discuss nonfiction science books on topics including biology, evolution, the physical sciences, medicine, the environment, economics, and biographies of famous scientists. The group is open to all regardless of background, and no registration is required. You *do not* have to be an OLLI member to participate in this book club. The group usually meets the first Thursday of the month, 3:15–4:45pm, at Blacknall Memorial Presbyterian Church, 1902 Perry St, Durham. Coordinator: Dan Oldman, daniel.oldman@gmail.com or 919-544-2686.

## **OLLI Singles**

The goal is to provide opportunities for OLLI members, who are single, to connect with one another beyond the classroom setting. Members are encouraged to organize activities that they enjoy—dinner on the town, performances, walk in the woods, and so on—and invite other OLLI Singles members by utilizing our mailing list. The group is managed by a volunteer Steering Committee, which facilitates getting the word out about the activities that members choose to organize as a way of meeting others with like-minded interests. If you would like to join the Steering Committee, receive invitations to member-hosted OLLI Singles events, or invite others to a favorite activity of yours, contact the Steering Committee at olli@dukesingles@gmail.com to join our SIG.



# Registration FAQs

Despite moving to a Two-Day Registration, members can often find registration to be challenging. To make your registration experience easier and less stressful, here are answers to some frequently asked questions.

## **Where do I go to register online?**

Go to URL [learnmore.duke.edu](http://learnmore.duke.edu) and click on “Student Login.”

## **I’m new to OLLI. How do I join?**

You need to create an account first. Go to [learnmore.duke.edu](http://learnmore.duke.edu) and click on “Student Login,” then fill in the information requested under “I am a new user.”

After clicking “Continue,” you will be taken to a page where you can create an account.

You can purchase a membership in one of three ways: (a) Log in to your account, find “Special Requests” on the left, and click it to purchase an OLLI membership; (b) purchase your membership when you register for courses (if you do not have an active membership, one will be automatically added to your cart); or (c) call 919-684-6259 and let a registration team member help you purchase it.

*We encourage you to do this **before** our Registration Days.*

## **I can’t find my User Name or Password. Can I get a new one?**

Yes. If you have registered before, you have an account in our registration system. Go to [learnmore.duke.edu](http://learnmore.duke.edu) and click on “Student Login.” On the next page (under the left column labeled “I already have an account”), click “Forgot User Name” above the boxes and enter the email you used when you joined OLLI at Duke. The system will send a User Name to your email. Look in your email to find the User Name and write it down or, better yet, use the copy-and-paste function on your computer.

Now go back to the website, which should have returned you to the Student Login page, and click

“Forgot Password” above the second box. Here you will enter your User Name by typing it in or pasting from your clipboard. The system will send a new Password to the same email account. Copy that and enter it into the Password field on the Student Login page, then enter or copy-and-paste your User Name and click “Continue” to log in. We encourage you to do this before Registration Day so that you are comfortable logging in.

## **I know my User Name and Password but they don’t seem to be working.**

Check to make sure that you are using a capital “X” in your User Name; the characters following the X are all numerals. The system will not accept a small “x.” Also check to see that, if you copied and pasted the User Name, you did not include any blank characters at the end of your User Name. Make sure you include all letters (case sensitive), numbers, and symbols in your password. It is best to copy and paste your password when possible.

*We encourage you to practice logging in **before** our Registration Days.*

## **I tried that and it still doesn’t work.**

Stop! Do not try it a third time or you will be locked out of the system and have to call either the Registration Office at 919-684-6259 or Kathy Parrish at 919-681-3476 to have someone reset the system. It is better to retrieve your User Name and Password from the system, using the procedure described above, and proceed from there.

## **How can I tell if I have a paid membership?**

Log in using the procedure above. Then click on “My Profile” on the left menu. Next, scroll down to “Membership Information” to see what OLLI Membership you have and when it expires. If you do not see “Membership Information,” then you do not have an active OLLI membership. If you do not have an active OLLI membership, you can then purchase a membership in one of three ways: (a) Log in to your account, find “Special Requests” on the left, and click it to purchase an OLLI mem-

# Registration FAQs

bership; (b) purchase your membership when you register for courses (if you do not have an active membership, one will be automatically added to your cart); or (c) call 919-684-6259 and let a Registration Team member help you purchase it.

## **What's the fastest way to add courses to my Shopping Cart?**

Our website offers different ways to search courses:

1. **Search Courses Link:** The most direct way to find your course is to go to [learnmore.duke.edu](http://learnmore.duke.edu), click on the link "Search Courses" located on the second horizontal menu at the far right, and enter either the four-digit course number or a portion of the name. Click on the link to the course, click on the "Add to Cart" button, and follow steps to checkout.

2. **By Day of the Week or by Category:** Go to [learnmore.duke.edu](http://learnmore.duke.edu), click on "Osher Lifelong Learning," click the down-triangle labeled "Show" under "Courses," and click on the tab "View by day" or "View by category." Click on the course title to get to the course page, click on "Add to Cart," and follow steps to checkout.

3. **Search Box:** You may also enter the course number or part of the title into the search box that appears on every page at the top right, under the shopping cart symbol. This will search the entire site and may also retrieve results from the PDF version of the course catalog. Click on the appropriate link for the course, click on "Add to Cart," and follow steps to checkout. Please note: Since this is a Google search box refreshed by Google, it may not have the most up-to-date information.

## **I tried to register for a course I wanted and it was listed as full. What do I do now?**

Almost 40 percent of our courses fill on the first day. If there is a Wait List offered, add your name, but don't depend on it for getting in. Instead, select another course that interests you.

## **Why do I have to give my User Name and Password again when I go to check out?**

Note that if you begin by adding courses to your cart without logging in to your account, you will be prompted to log in once as part of checkout. If you are more comfortable logging in to the Student Portal first, then selecting your courses, you will be prompted to log in a second time for this reason: In order to protect the personal information stored in your student profile, we require that you log in again as part of the inquiry or registration checkout process. Logging in again also prevents students who share a computer from accidentally enrolling the wrong person.

## **I entered my credit card number at check-out but the system seems to have locked up. What happened?**

If you entered a Visa card number and checked MasterCard by mistake, the system will go into a long hold while it tries to reconcile that the number and card don't match. It will eventually return control. The same is true for any mismatch between card number and card type.

## **Can I register by calling the office or by using the paper form in the catalog?**

Yes, you can also call the Registration Office at 919-684-6259 to register by phone starting at 9:00am on both Registration Days—Wednesday, March 25 (for Sat, Sun, Mon, Tues courses), and Thursday, March 26 (for Wed, Thurs, Fri courses). If your call goes to voicemail because of the high volume of calls received, leave only one message. Your call will be returned as soon as possible.

If you want to submit a paper registration, you can deliver or send it to The Bishop's House no earlier than 9:00am on Tuesday, March 24, and it will be processed on the appropriate Registration Day in the order received. Please note: No checks will be accepted with the paper form; you will be invoiced after registration. At that time, you can pay one of four ways; see details on the Registration Form.

You must pay your invoice within five (5) business days, or you will lose your course registration. We charge a fee of \$30 for all returned checks.  
**Please do not submit any payment until after you are invoiced.**

**Will I have the same priority to get courses if I register using a paper form?**

Registering online is the best way of maximizing your chances of getting the courses you desire. Registration is a first-come, first-served system. Paper forms and hundreds of phone calls cannot be processed as quickly as instantaneous online registrations. Your best bet to register quickly is

to get familiar with the online system by practicing well in advance of Registration Days. You can also find a friend who is computer savvy to help you.

**Anything else I should check as I register online?**

Click on “My Enrollment History” on the left side of your profile page before you log out to ensure that all the courses you registered for are listed.

*Please see the Registration Insert for registration information and forms and information on Volunteer Opportunities with OLLI at Duke.*

Use this form to create your spring term schedule. Refer to it while registering online or transfer the information from it to the enclosed registration form to bring with you to The Bishop’s House. You can also use the form to track course confirmations or wait-list status.



# Course Schedule Worksheet

Course Title	Day	Time	Venue	Fee	ID#	Page	Accepted / Wait List
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Osher Lifelong Learning Institute at Duke University  
Box 90700—The Bishop's House  
Duke University  
Durham, NC 27708

For Strategic Partnerships, Community Engagement,  
and Major Gifts—

Contact: Chris McLeod,  
Chris.McLeod@duke.edu, 919-684-2703

For Instructor, Classroom, and Operations Support—

Contact: Kathy Parrish,  
Kathy.Parrish@duke.edu, 919-681-3476

For Communications, Newsletter, and Member Support—

Contact: Betina Huntwork,  
Betina.Huntwork@duke.edu, 919-660-8509

To Register for a Course, Workshop, or Social Activity;  
to Drop a Class or Request a Refund—

Contact: Registration Office, 919-684-6259

For more information on OLLI at Duke—

LearnMore@duke.edu  
learnmore.duke.edu/olli

**DATED MATERIAL — PLEASE EXPEDITE!**



# Meet & Greet

**Tuesday, April 7, 10:00am-12:00pm**  
**Judea Reform Congregation**

New to OLLI at Duke? We invite you to join us for a morning program hosted by our Social Activities and Hospitality Committee. New OLLI at Duke members will have an opportunity to meet other members and supporters, members of the Board of Advisors, and our Director, Chris McLeod. Refreshments will be served. If you are planning to attend, please respond by e-mail to [MeetAndGreet@olliatduke.org](mailto:MeetAndGreet@olliatduke.org).

**We look forward to seeing you.**

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